GENERAL MANAGER MESSAGE
By Carol Law

We will soon be sending out a request for you to fill out our resident and family surveys. Please take the time to fill them out so that we can use your feedback to improve our quality of service. In response to last Year’s survey we are keeping the courtyards open throughout the year going forward weather permitting. The balconies can be accessed if they are not open by making the request to the LPN or RN on the neighborhood. As well, our AgeCare hospitality team have been working together at all sites to simplify our menu options for our residents and we are in the process of rolling it out now.

We want you to know your safety and that of our residents is important to us. Please let us know if you see any potential issues so that we may address them as soon as possible. We are installing a ceiling mirror in both our corridor in Rocky Mountain neighborhood as well as adjacent to the Vista elevators to prevent possible collisions. We have also alarmed the fire pull station covers on our memory neighborhood in Long Term Care to help us prevent false alarms.

We look forward to a great 2017.

Hospitality
By Todd Gallant

May means we have officially started on Spring Summer menu of 2017. As always we encourage your feedback as we are already planning our Fall winter menu. Mother's day is fast approaching and once again will be having our terrific Brunch and we encourage all families to come and enjoy. Now as the weather is beginning to get nice we are looking forward to our Summer Barbecue season. We will keep you posted as to days and times for all of our events, so in the meantime, enjoy our new menu.
We are excited to announce a new way to organize and plan our community recreation outings as well as our bus outings.

Starting May 1st, we will be passing out a yellow form to all resident along with the monthly calendar titled “May 2017 Outing Calendar”. On one side of this form, there is a calendar with all outings listed. On the other side of the form, there is a sign up for the outings. When residents receive this form, they may chose up to 2 outings to attend for the month. Residents must include the date and name of the outing in which wanting to attend, their name and room number. Residents also must write if they are ambulatory, with or without walker as well as if they utilize a wheelchair.

Residents in wheelchairs must have a working seat belt as well as foot pedels in order to go on a bus outing. Any outing can be cancelled for trips where the weather may be hazardous.

Not all submissions will be accepted as there is limited space available and we would like all residents interested to have an opportunity to participate. Recreation staff will notify residents attending at least a day before the outing and will collect the bus money (if applicable) at that time.

Please deposit a complete Outing Sign Up form into the Recreation department mail slot located outside of the Recreation office. Please do not hesitate to come speak with me personally in regards to these changes.

**Special Events**

- **Cinco De Mayo Party**
  Thursday, May 4th at 2:00pm
  Entertainment by CC Mexican Dancers

- **Walden’s 5th Year Anniversary Party**
  Friday May 12th at 2:00pm
  Entertainment by The Good Timers

- **Post Mother’s Day Party**
  Monday, May 15th at 2:00pm
  Entertainment by Jeff Pedora

- **Welcome/Birthday Party**
  Tuesday, May 23rd at 2:00pm
  Entertainment by Kenny Smith
Jan born in Outlook, Saskatchewan (her actual birth name is Jaqueline, as named by her French Canadian mother) is the last of 4 siblings. She grew up in Saskatoon, living with her older sister and attending college, where she eventually worked her way through courses to become a legal assistant (better known back then as secretaries) and has worked as a secretary throughout her career, firstly in Saskatoon, and also in Calgary. She worked with lawyers involved in criminal cases, and although she couldn’t divulge the cases she worked on, she said some of them were quite interesting.

After moving to Calgary from Saskatoon, Jan met and married her husband and together they raised two sons. One living in Calgary, and the other in Winnipeg, the latter being very much involved with photography and working in movies. She said her husband was an avid photographer and they have many pictures, mostly taken during their nature hikes, which they often took as a family in the mountains.

One of Jan’s favorite pastime activities to do in the summer was golfing. She told me that when she was employed as a secretary, she golfed a lot in Saskatoon, joining a ladies league and even winning tournaments, usually her golfing scores landing in the low 80’s. Golf was a lot cheaper back then and Saskatoon had plenty of courses to choose from.

When she wasn’t busy golfing, she did a lot of hiking in the mountains, not just in the spring and summer but took many winter hikes as well, observing the skyline and all nature has to offer. Along the way, she did a lot of bluebird watching, and assisted with operating a bluebird trail, which entailed placing bluebird boxes along a specific route, checking them every week and keeping a journal of her findings, like how many eggs were laid, how many chicks eventually hatched, replacing nests if required, etc., and those recordings were eventually sent out to a Washington government department for documentation in their records.

Jan is the Vista 5th Resident Council representative. The goal behind Resident Council is to bring up any feedback in regards to the facility. The resident council will not address individual concerns or comments. Please see a staff member or specific Department Manager for anything individual. Jan is happy to report that there have been no one really has any negative feedback on the 5th floor Vista!
Forever in Our Hearts

Heleen B. – April th 2017
Vilma F. – April th 2017
Madat N. – April th 2017

We cherish the memories of those who have passed away

Please note our Catholic Church Service is now a Catholic Mass and will include Communion for those who wish to receive it. All residents still welcome to attend the service.

VOLUNTEER NEWS

We are happy to announce some programs being facilitated by our dedicated team of volunteers. We encourage residents to attend these programs independently.

Southwinds Hymn Sing
Monday May 8th at 6:30 pm
Vista Main floor

Bible Study with Lynda
Wednesdays at 2:00 pm
Emerald Dining Room

Card Making with Debbie and Pat
*Sign up required*
Monday May 8th at 2:00 pm
Monday May 15th at 10:00 am

Piano with Shahana
Saturdays at 11:00 am – Vista Link
*There will be no piano May 13th*

HAPPY BIRTHDAY

John E. – May 1st
Stella D. – May 1st
Gordon G. – May 1st
Marian C. – May 1st
Jean S. – May 2nd
Polly P. – May 3rd
Elna B. – May 3rd
Pat S. – May 3rd
Mary V. – May 3rd
Ron D. – May 5th
Trish L. – May 6th
Stan S. – May 8th
Violet S. – May 10th
Vincent W. – May 10th
Kevin D. – May 12th
Bill B. – May 14th
Norma S. – May 15th
Joyce E. – May 17th
Evadine M. – May 17th
Sylvia B. – May 17th
Gloria D. – May 19th
Ross M. – May 21st
Martha C. – May 22nd
Chuck N. – May 23rd
Cliff B. – May 24th
Katherine M. – May 25th
Sorolta G. – May 28th
Jan M. – May 30th
Effie L. – May 30th

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