

Happy Birthday



Joan R.
Phyllis D
John B
Freda N
Ken M
Clara O
Emma w
Charlotte S

In Memoriam

"Our loved ones may leave the world, but never leave our hearts."



David Mathieson

1930 -2014

Willian Ramsay

1929-2014

Stanley Syjut

1936-2014

Rose Williams

1930-2014



Namaka lake Neighborhood





Calgary Stampede July 3-13th

"Hot July brings cooling showers,
Apricots and gillyflowers."

JULY 2014

Remember hats and sunscreen. Keep Hydrated with extra water

Watch the dailies for program location and changes

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY		
<h1>July 2014</h1>		1 Happy Birthday Canada No programs	2 10:30 Fun & Fitness with beanbag toss 2:00 Crafters corner 3:00 Green thumb-Courtyard 6:30 Bingo! Community Centre	3 10:30 Fun and Fitness 11:15 Word games 2:00 Bingo Community Center 3:00 vinyl classics	4 9:00 Calgary Stampede parade Global or CTV Calgary 10:30 Catholic Service Community Centre 11:45 Walking Club 6:30 Bingo 	5 11:45 Card Bingo		
		6 10:00 Bible Study Activity Room 2:00 Rozella and Friends Entertain Community Centre	7 11:30 Remembering Our Roots 2:00 Fun and Fitness With balloon volleyball	8 11:00 Worship Service Community Centre 2:00 Guess What	9 10:30 Fun & Fitness With Bowling 2:00 Patio Party 3:00 Green thumb-Courtyard 6:30 Bingo! Community Centre	10 10:30 Fun and Fitness 11:15 Jeopardy 2:00 Staff Function 2:00 Bingo Community Center	11 10:30 Catholic Service Community Centre 11:45 Walking Club 6:30 Summertime Baking	12 11:45 Card Bingo
		13 10:00 Bible Study Activity Room 2:00 Rozella and Friends Entertain Community Centre	14 11:30 Remembering Our Roots 2:00 Fun and Fitness With Ring Toss	15 11:00 Worship Service Community Centre 2:00 Guess What	16 10:30 Fun & Fitness with Ladder ball 2:00 People Who Have Changed the World- Community center 3:00 Green thumb-Courtyard 6:30 Bingo! Community Centre	17 10:30 Fun and Fitness 11:15 Word Games 2:00 Bingo Community Center 3:00 vinyl classics	18 10:30 Catholic Service Community Centre 11:45 Walking Club 6:30 Bingo 	19 11:45 Card Bingo
		20 10:00 Bible Study Activity Room 2:00 Rozella and Friends Entertain Community Centre	21 11:30 Remembering Our Roots 2:00 Birthday Party	22 11:00 Worship Service Community Centre 12:00 Lunch Club- Courtyard 2:00 Fun and Fitness With Bean bag toss	23 10:30 Fun & Fitness with beanbag toss 2:00 Men's Club Community Center 3:00 Green thumb-Courtyard 6:30 Bingo! Community Centre	24 10:30 Fun and Fitness 12:00 Lunch Club-Courtyard 2:00 Bingo Community Center 3:30 Resident Council Meeting Community Center 3:00 Vinyl classics	25 10:30 Catholic Service Community Centre 11:45 Walking Club 6:30 Bingo	26 11:45 Card Bingo
		27 10:00 Bible Study Activity Room 2:00 Rozella and Friends Entertain Community Centre	28 11:30 Remembering Our Roots 2:00 Fun and Fitness With Ladder ball	29 11:00 Worship Service Community Centre 2:00 Strathmore Trivia	30 10:30 Fun & Fitness with Bowling 2:00 Ice Cream Social 3:00 Green thumb-Courtyard 6:30 Bingo! Community Centre	10:30 Fun and Fitness 2:00 Heritage Day Kick off Golden hills Dining room and courtyard	Namaka Lake	