


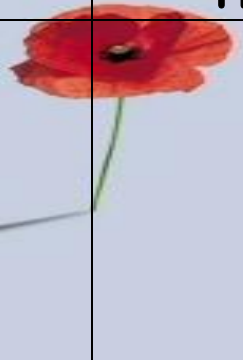







November

2014

Estate

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						<p>1</p> <p>1:30 Shuffle Board- in the Lounge</p> <p>6:30 Card Night</p>
<p>2</p> <p></p> <p>2:30 Peace Lutheran Church Service – Atrium - with the Calgary Protestant Male Choir</p> <p><i>Happy Birthday!</i> <i>Emily A.</i></p>	<p>3</p> <p>10:00 Ball Exercise 11:00 What's up in Recreation c 1:15: – 4:00 – Memorial City Tour 1:00 – 2:00 RN Clinic 1:30 Bridge Club 2:00 – 3:00 Tuck Shop – Atrium 6:30 Cribbage</p>	<p>4</p> <p>10:00 Arts, Crafts & Collectables</p> <p>2:00 Bingo</p> <p>3:00 NUTMAN</p> <p>6:30 Creative Knitting and Chat</p>	<p>5</p> <p>10:00 Shawnessy Shops 10:00 Exercise 2:30 <i>Remembrance Day Service – Atrium</i></p> 	<p>6</p> <p>10:00 Brain Games</p> <p>1:00 – 2:00 RN Clinic 2:00 Horse Races – Bill Webb 2:00 – 3:00 Tuck Shop – Atrium 2:45 LinkAges Evergreen Dining Room</p>	<p>7</p> <p>8:00 Podiatrist – Lounge – AHC + \$10</p> <p>9:30 South Centre Mall</p> <p>10:00 Ball Exercise</p> <p>2:00 Happy Hour</p>	<p>8</p> <p>1:30 Shuffle Board- in the Lounge</p> <p>6:30 Game Night.</p>
<p>9</p> <p></p> <p>2:30 Peace Lutheran Church Service – Bridlewood Retreat</p>	<p>10</p> <p>10:00 Ball Exercise 1:15: – 4:00 Chinook Centre 1:00 – 2:00 RN Clinic 1:30 Bridge Club 2:00 – 3:00 Tuck Shop – Atrium 6:30 Cribbage</p>	<p>11</p> <p><i>Remembrance Day Stat Holiday</i></p>  <p><i>Lest We Forget</i></p>	<p>12</p> <p>10:00 Shawnessy Shops</p> <p>10:00 Exercise</p> <p>2:00 Arts, Crafts & Collectables</p>	<p>13</p> <p>10:00 Spa Hour 10:00 – 3:00 5th Avenue Fashion Accessories – Atrium 1:00 – 2:00 RN Clinic 2:00 – 3:00 Tuck Shop – Atrium</p> <p>12:30 Glee Club Trip to Horton Road Legion</p>	<p>14</p> <p>9:30 South Centre Mall</p> <p>10:00 Ball Exercise</p> <p>4:00 Wine & Dine B.C Canada</p> 	<p>15</p> <p>1:30 Shuffle Board- in the Lounge</p> <p>2:00 Magician Shawn Maloney – Atrium</p> <p>6:30 Card Night</p>

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>16</p> <p></p> <p>2:30 Peace Lutheran Church Service – Bridlewood Retreat</p>	<p>17</p> <p>10:00 Ball Exercise 1:00 – 2:00 Nurse's Clinic</p> <p>1:15 – 4:00 Devonian Gardens</p> <p>1:30 Bridge Club</p> <p>2:00 – 3:00 Tuck Shop – Atrium</p> <p>6:30 Cribbage</p>	<p>18</p> <p>10:15 Catholic Mass Bridlewood Retreat</p> <p>2:00 Bingo</p> <p>3:00 NUTMAN</p> <p>6:30 Creative Knitting and Chat</p> <p></p>	<p>19</p> <p>10:00 Shawnessy Shops 10:00 Exercise</p> <p>2:00 Glee Club</p> <p>3:00 Sox & Sax – Atrium - entertainment</p> <p>7:00 – 9:00 Pub Night last one of the year – come and socialize with your neighbors</p>	<p>20</p> <p>10:00 Brain Games 1:00 – 2:00 Nurse's Clinic 1:30 – 4:30 personal Touch Fashions – Atrium</p> <p>2:00 – 3:00 Tuck Shop – Atrium</p> <p>2:45 LinkAges Evergreen Dining Room</p>	<p>21</p> <p>9:30 – 1:00 Spruce Meadows Christmas Craft Fair – Free Admission</p> <p>10:00 Ball Exercise</p> <p>2:00 Coffee Club – Birthday Social</p>	<p>22</p> <p>1:30 Shuffle Board-in the Lounge</p> <p>6:30 Game Night</p> <p><i>Happy Birthday! Iris P.</i></p>
<p>23</p> <p></p> <p>2:30 Peace Lutheran Church Service – Bridlewood Retreat</p>	<p>24</p> <p>10:00 Ball Exercise 1:00 – 2:00 Nurse's Clinic 1:15 – 4:00 Cowboys Casino 1:30 Bridge Club</p> <p>2:00 – 3:00 Tuck Shop – Atrium 6:30 Cribbage</p>	<p>25</p> <p>10:00 Food Services Meeting - Lounge</p> <p>10:30 Bible Study – Bridlewood Retreat</p> <p>2:00 Bingo</p> <p>6:30 Creative Knitting and Chat</p>	<p>26</p> <p>10:00 Shawnessy Shops 10:00 Christmas Decorating - Lounge 12:00 Welcome Lunch 2:00 Personal Directives & Goals of Care Presentation 3:00 Billy Schmidt – Atrium - entertainment</p>	<p>27</p> <p>10:00 Glee Club</p> <p>1:00 – 2:00 Nurse's Clinic</p> <p>2:00 Towne Hall Meeting – Lounge</p>	<p>28</p> <p>9:30 South Centre Mall</p> <p></p> <p>10:00am – 3:00pm In the Atrium</p>	<p>29</p> <p>1:30 Shuffle Board-in the Lounge</p> <p>6:30 Game Night</p>
<p>30</p> <p></p> <p>2:30 Peace Lutheran Church Service – Bridlewood Retreat</p>	<p></p>	<p>Important Numbers Maintenance Requests – 873-2600 Kitchen Services - 873-2609 Beauty Salon (Eva) 873-2616 Housekeeping (Teresa) 873-2609 Estate Coordinator (Drene) 873-2842 Recreation (Sandi) 873-2636</p>				<p>November 2014</p>