



The Valleyview Voice

The Valleyview • 65 Valleyview Drive SW • 403.526.7000
December 2014



Happy Birthday

Frank W. - December 3

Jean B. - December 9

Lionel S. - December 14

Lynn S. - December 23

Anna H. - December 24

Betty F. - December 25



Congratulations
to November's
Employee of the Month

BARB CROSS

Residents, family and staff can nominate staff, nomination slips are at the front reception desk.

Michelle Pham
General Manager

Farewell to:

Bonnie S.
and
Kathleen J.

*We wish them well in their
new homes!*



Welcome

*We would like to extend a warm welcome
to our new residents*

➤ Winnie E. ~

Assisted Living

Season's Greetings to all our wonderful residents at
the Valleyview from All the Staff & Management





We have enjoyed this year immensely and truly appreciate that residents like you make our days more exciting and meaningful. We wish you and your family the very best for the Holiday Season and a year of health, happiness and prosperity.

At the Valleyview, we are proud that we reached a number of special milestones this year. In particular, we achieved 100% compliance for the 2nd year in a row with our accommodation audit awarded by Alberta Health standards Compliance and licensing.

We hosted a very successful 5th Seniors of Distinction Award Event to recognize four exceptional senior citizens in Medicine Hat for their contributions towards arts, community service, healthy living and outstanding leadership. We participated in the Stampede Store Decorating and won the contest 2nd year in a row by having our residents fully participate in it. Lastly we extended our sideway pathway to give our resident easy access to the back of the building, new dining rooms dishes for Assisted Living and new beds for our long term care residents.

When the dust settles in January, we would very much like to get together with you and explore opportunities for the upcoming year. In the meantime, again, we wish you and your family the very best for a happy holiday and a wonderful year.

Michelle



Carmen and the Aramark staff hope you are enjoying the Fall/Winter menu.

We are having our Christmas meal at lunch time on Christmas Day.

If you have any concerns or compliments, remember that my door is always open.

From the Aramark family, we wish you and your family
a very Merry Christmas and Happy New Year!





Christmas to Remember



A Christmas to Remember was started by AgeCare's Valleyview Senior Community with the hope of spreading holiday cheer to lonely and/or financially-challenged seniors. Anonymous gifts delivered directly to local seniors in need sends the message that they are being remembered this Christmas.

There are 3 ways you can show seniors that you care this Christmas:

1. Registering a senior who is alone and indicating the gift wish for that senior
2. Becoming a Secret Santa for a senior by donating a gift
3. Volunteering time to sort, wrap and/or deliver the gift

Registration Forms and Gift tags are available at the Reception Desk.

AgeCare Values in Action Award

AgeCare Values in Action Award has been designed to recognize AgeCare employees who best exemplify AgeCare's Guiding Principles of **Trust, Respect, Quality** and **Teamwork**.

You can nominate any employee from any department including Care, Hospitality, Maintenance and Administration.

Please nominate the individual who you think is the most deserving person.

Please submit the completed nomination form to the Administration Office by **15 December 2014**.



**Resident Council
Meeting
Tuesday
January 20th
10:30 a.m.
3rd Floor**

**Glückliches Neues Jahr (Happy New Year).
Can you guess the language?**



RECREATION NEWS



Jack Frost is now nipping at our noses and our home is decorated like a Christmas Wonderland. It is a time of Joyfulness and Celebration. The Recreation Department would like to wish everyone Health and Happiness through the Holidays and into the New Year. To make our Christmas Season special we have planned many special events and entertainment. Please check the calendar and bulletin boards for dates and times.



Continuing Care Christmas Party/Meal - December 4 4:30 2nd flr dining room.

Assisted Living Christmas Party/Meal – December 11 5:30 3rd flr dining room.

HELP US RING IN THE NEW YEAR WITH THE ECHO BAND Tuesday December 30th 2:00 PM 2nd FLOOR DINING ROOM



The Recreation Department is feeling very blue that they have say good-bye to a loyal, long time employee, who will be missed like crazy. Judy Folk (Recreation Assistant Extraordinaire) will be retiring at the end of 2014. We are excited that she will be starting a new chapter in her life...however, she will stay at the Valleyview in a casual capacity.



We will also wish GOOD LUCK to Alicia Silcher our Social Work Practicum Student. Many of you spent time with her and we know she will carry with her, many of the relationships, as she moves toward getting her Bachelor of Arts in Social Work.

Debbie Jesse – Recreation Therapist
Sheila Schwab – Recreation Coordinator
Judy Folk – Recreation Assistant

“Here’s to the year past and the friends who have left us. Here’s to the present and the friends who are here. Here’s to the New Year and the new friends who are here. Here’s to the New Year and the new friends who will join us.”