



Meadowlands-December 2014

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p>V=Vista Building C=Courts Building #=floor</p>	<p>1 10:00 Active Exercise-V 10:00 Chair Exercise-C2 2:00 Christmas Baking 2:30 Floral Design 3:30 Qigong 3rd 6:30 Penny Ante 6:30 Xmas Sing Along 3rd</p>	<p>2 10:00 Sing Along 11:00 Ball Games 3rd 1:30 Fruity Fun 2:30 Afternoon Bingo 3:00 Tea Time Talks 3rd 6:00 Library Cart 6:30 Christmas Trivia</p>	<p>3 10:00 Active Exercise-V 10:00 Chair Exercise-C2 1:30 Music Therapy 3rd 2:00 Let's Make eggnog! 2:15 Mini Cash Bingo 6:30 Brownies/Sparks Christmas Visit</p>	<p>4 10:00 Word Games 10:00 1:1 Spa Visits 2:00 Shopper's Drug Mart 2:00 Christmas Tree Decorating 3rd 2:30 Christmas Price is Right 6:30 Walking Carolers</p>	<p>5 10:00 I Ball 11:00 Church 1:30 1:1 Spa Visits 2:00 Sensory 3rd 2:30 Big Bucks Bingo 6:00 Comedy Movie Night</p>	<p>6 9:30 News & Views 10:15 Morning Bingo 2:00 Cribbage 2:30 Christmas Craft 3:30 1:1 Visits 3rd</p>
<p>7 9:45 Bible Study 10:30 Hymn Sing 2:00 Men's Club 2:30 Card Games 3:30 1:1 Visits 3rd</p>	<p>8 10:00 Active Exercise-V 10:00 Chair Exercise-C2 2:00 Christmas Baking 2:30 Floral Design 3:30 Qigong 3rd 6:30 Christmas Armchair Travel 7:00 Christmas Light Tour 3rd</p>	<p>9 10:00 Christmas Sing Along 11:00 Ball Games 3rd 1:30 Humor Therapy 2:30 Afternoon Bingo 3:00 Tea Time Talks 3rd 5:00 Dinner Club 7:00 Christmas Trivia 3rd</p>	<p>10 10:00 Active Exercise-V 10:00 Chair Exercise-C2 2:00 Reindeer Races 2:15 Mini Cash Bingo 6:45 Southwinds Church Choir</p>	<p>11 10:00 Word Games 10:00 1:1 Spa Visits 2:00 Birthday/Welcome Party 3:00 Christmas Name That Tune 3rd 6:30 Walking Carolers</p>	<p>12 10:00 I Ball 11:00 Church 1:30 1:1 Spa Visits 2:00 Timeslips 3rd 2:30 Big Bucks Bingo 6:00 Action Movie Night</p>	<p>13 9:30 News & Views 10:15 Morning Bingo 2:00 Festive Refreshment Cart 2:30 Christmas Craft 3:30 1:1 Visits 3rd</p>
<p>14 9:45 Bible Study 10:30 Qigong 2:30 Card Games 3:30 1:1 Visits 3rd</p>	<p>15 10:00 Active Exercise-V 10:00 Chair Exercise-C2 2:00 Christmas Baking 2:30 Floral Design 3:30 Qigong 3rd 6:30 Penny Ante 6:30 Xmas Sing Along 3rd</p>	<p>16 10:00 Christmas Sing Along 11:00 Ball Games 3rd 1:30 Fruity Fun 2:30 Afternoon Bingo 3:00 Tea Time Talks 3rd 6:00 Library Cart 6:30 Christmas Trivia</p>	<p>17 10:00 Active Exercise-V 10:00 Chair Exercise-C2 1-3 Recreation STAFF Meeting (no programs) 1:30 Music Therapy 3rd 3:30 Christmas Fruit Loaf & Banter</p>	<p>18 10:00 Word Games 10:00 1:1 Spa Visits 10:30 Shopper's Drug Mart 2:00 Tim Horton's Run 2:30 Christmas Bingo 3:00 Name That Tune 3rd 6:30 Walking Carolers</p>	<p>19 NUTMAN PM 10:00 I Ball 11:00 Church 1:30 Spa Visits 2:00 Cranium Crunches 3rd 2:30 Big Bucks Bingo 6:00 Christmas Stories 6:00 Christmas Movie Night 3rd</p>	<p>20 Christmas Movie Marathon 9:30 A Christmas Story 1:30 Miracle on 34th Street 6:00 A Christmas Carol</p>
<p>21 9:45 Bible Study 10:30 Hymn Sing 2:00 Ladies Circle 2:30 Card Games 3:30 1:1 Visits 3rd</p>	<p>22 Christmas Sweater Day 10:00 Active Exercise-V 10:00 Chair Exercise-C2 2:00 Christmas Baking 2:30 Floral Design 6:30 Christmas Armchair Travel 6:30 Xmas Sing Along 3rd</p>	<p>23 10:00 Gingerbread House Making 11:00 Ball Games 3rd 1:30 Resident Council 2:30 Christmas Around the World 6:30 Christmas Reminiscing 7:00 Christmas Trivia 3rd</p>	<p>24 10:00 Active Exercise-V 10:00 Chair Exercise-C2 2:00 Teddy Bear Christmas Party 6:30 Shuffleboard 6:45 Card Bingo 3rd</p>	<p>25  STAT</p>	<p>26 HAPPY BOXING DAY!  STAT</p>	<p>27 9:30 News & Views 10:15 Morning Bingo 2:00 Cribbage 2:30 New Year's Craft 3:30 1:1 Visits 3rd</p>
<p>28 9:45 Bible Study 10:30 Qigong 2:00 Refreshment Cart 2:30 Card Games 3:30 1:1 Visits 3rd</p>	<p>29 9:00-11 Bus Outing to Phil's for breakfast 10:00 Group Exercise 2:00 Baking 2:30 Floral Design 3:30 Qigong 3rd 6:30 Penny Ante 6:30 Sing Along 3rd</p>	<p>30 10:00 Sing Along 11:00 Ball Games 3rd 12:00 Lunch Club 1:30 Fruity Fun 2:30 Afternoon Bingo 3:00 Tea Time Talks 3rd 6:00 Library Cart 6:30 Trivia</p>	<p>31 10:00 Active Exercise-V 10:00 Chair Exercise-C2 2:00 NEW YEARS EVE PARTY Entertainment by William Bjorn 6:00 New Year's Eve Movie</p>	<p>A HAPPY NEW YEAR</p>	<p>***All Outings are Weather Permitting & Residents attending need to be signed up***</p>	<p>Please refer to DAILY LISTINGS for updates and locations of programs</p>