



Duchess January 2015

IPL - Ingram Park Lounge—Room 409 (2nd floor)
TPL - Tillebrook Park Lounge—Room 338 (2nd floor)
GDR - Gem Dining Room—Room 309 (2nd floor)
DDR - Duchess Dining Room—Room 144 (1st floor)
PPL - Pleasant Park Lounge—Room 187 (1st floor)
REC - Recreation Room—Room 124 (1st floor)

Sun	Mon	Tue	Wed	Thu	Fri	Sat
	Irene Johnson George Baerg Elinor Ellis Blanche Coultis Marilyn Galbraith Gordon Scott Larry Donald Joe Lukawesky Justina Jenson June Forchert		Please note: All activities are subject to change Please check calendars posted on Bulletin boards.	<i>1</i> 	<i>2</i> 10:30 Year in Review <u>PPL</u> 7:00 Snacks <u>DDR</u>	<i>3</i> 7:00 Snacks <u>DDR</u>
<i>4</i> 3:00 Church Service: <u>GDR</u>	<i>5</i> 10:15 Sing A Long with the Monday singers <u>GDR</u> 2:30 Fresh Bread <u>DDR</u> 3:15 Changing Bulletin Board <u>DDR</u>	<i>6</i> 2: 30 New Year 's Bin- go <u>GDR</u> 7:00 Snacks <u>DDR</u>	<i>7</i> 2:30 Fun with Flowers <u>DDR</u> 3:15 Armchair Travel <u>PPL</u> 7:00 Snacks <u>DDR</u>	<i>8</i> 10:30 Crafting Buddies <u>DDR</u> 1:30 Book Club and pet visit with Jingles <u>PPL</u> 2:30 Bingo <u>GDR</u>	<i>9</i> 2:30 Word Games and Reminiscing <u>PPL</u> 7:00 New Year Party with music Entertainment <u>DDR</u>	<i>10</i> 7:00 Snacks <u>DDR</u>
<i>11</i> 3:00 Church Service GDR Tilley Mennonite Church <u>DDR</u>	<i>12</i> 10:15 Bowling <u>REC</u> 1:30 Book Club <u>PPL</u> One to One visits 3:15 Sing Along Video 7:00 Snacks <u>DDR</u>	<i>13</i> 2:30 Bingo <u>GDR</u> 6:45 Piano music with Sally <u>DDR</u>	<i>14</i> 10:00 Sit & Be Fit <u>REC</u> 10:30 Word Find <u>REC</u> 2:30 Fun with Flowers <u>DDR</u> 6:30 Cash Bingo <u>GDR</u>	<i>15</i> 10:30 Scrapbooking <u>REC</u> Pet visit with Jingles 2:30 Tea Social with the United Church Ladies <u>GDR</u>	<i>16</i> 10:00 Sit & Be Fit <u>REC</u> 10:30 Hangman word game <u>REC</u> 2:30 Birthday Party <u>DDR</u> 7:00 Snacks <u>DDR</u>	<i>17</i> 7:00 Snacks <u>DDR</u>
<i>18</i> 3:00 Church Service: <u>GDR</u>	<i>19</i> 10:15 Sing A long with the Monday Singers <u>GDR</u> 2:30 Fresh Bread <u>DDR</u> 3:15 One To One Visits 6:00 Memory Loss Sup- port Group <u>REC</u>	<i>20</i> 10:30 Reading Buddies REC 2:30 Bingo <u>GDR</u> 7:00 Snacks <u>DDR</u>	<i>21</i> 11:45 Lunch Club <u>ADSR</u> 2:30 Fun with Flowers <u>DDR</u> 7:00 Snacks <u>DDR</u> Happiness is a Hug!	<i>22</i> 10:00 Sit & Be Fit <u>REC</u> 10:30 Mind Jogger <u>REC</u> 1:30 Pet visit with Jingles 2:30 Bingo <u>GDR</u> 6:00- 7:00 Resident Council Meeting <u>ADSR</u>	<i>23</i> 2:30 Celebrating Robbie Burns Day <u>REC</u> 6:30 Music Entertainment with Howard <u>DDR</u> 7: 00 Snacks <u>DDR</u>	<i>24</i> 7:00 Snacks <u>DDR</u>
<i>25</i> 3:00 Church Service: <u>GDR</u>	<i>26</i> 10:00 Sit & Be Fit <u>REC</u> 10:30 Brain Games <u>REC</u> 1:45 Reminiscing about Books <u>PPL</u> 2:30 Making Book Mark- ers <u>DDR</u>	<i>27</i> 2:30 Bingo <u>GDR</u> 7:00 Snacks <u>DDR</u>	<i>28</i> 10:00 Sit & Be Fit <u>REC</u> 10:30 Scattergories <u>REC</u> 2:30 Fun with Flowers <u>DDR</u> 3:15 Random Trivia <u>PPL</u> 6:30 Cash Bingo <u>GDR</u>	<i>29</i> 10:00 Video sing Along <u>PPL</u> 1:30 Pet Visits with Jin- gles 2:30 Bingo: <u>GDR</u> 7:00 Snack <u>DDR</u>	<i>30</i> 10:00 Sit & Be Fit <u>REC</u> 10:30 Word Find <u>REC</u> 1:30 Pampering Hands 3:15 Reminiscing <u>PPL</u> 7:00 Snacks <u>DDR</u>	<i>31</i> 7:00 Snacks <u>DDR</u>