



Harmony Court Care Centre

February 2015

Family Update

Operations Update

Paula Anderson, General Manager

604-527-3314 (O)

panderson@agecare.ca

I was away the last week of January attending the AgeCare's retreat in Calgary and will be reporting the month updates on the discussions and workshops at the Family Council Meeting. I encourage you all to attend the Family Council Meeting to be held on Tuesday February 3rd at 7pm in the 1st floor dining room.

On Tuesday February 10th, the Alzheimer's Society will be here to do an education session called "Let's Talk About Dementia". This session will take place on the Estate side in the Garden Room. Families are welcome to attend. Please let any of us know if you need assistance finding the location.

Just a friendly reminder that your concerns and compliments are always welcome. There are feedback forms available at the sign in desk and a contact information letter posted in the same location.

Nursing & Care Update

Eunice Wouters, Acting Director of Care

604-527-3319 (O)

eunice.wouters@advocarehealth.com

We want to thank everyone for participating in our annual care conferences. We value your input and time spent discussing the care of your family member. Please remember that we have an open door policy and you are always welcome to drop in with any comments, questions or concerns.

Hospitality Update

Billy Ibarra, Hospitality Services Manager

604-527-3329(O)

Billy_Ibarra@aramark.ca

Special Meals

Valentine's Day Lunch – February 13

- Pancakes with Strawberries & Whipped Cream
- Sausages

- Tropical Fruit Salad
- Red Velvet Cake

Chinese New Year Lunch – February 27

- Chicken Stir-Fry
- Steamed Noodles
- Baby Bok-Choi
- Rice Pudding & Fortune Cookie

Recreation Update

Justine Steckley, Recreation Manager

604-527-3328(O)

hcrecreation@agecare.ca

Welcome to February! Hope you all enjoyed the nice relaxing month of January because we now have a busy month ahead of us. February is a month filled with celebrations and special dates. You can participate in celebrating with the variety of entertainment and cultural foods that will be here at Harmony Court. The first Wednesday of the month we will be taking an afternoon trip to White Rock to stroll the Oceanfront promenade. The next two Wednesdays will be scenic drives to Iona Lake, Richmond and Rocky Point. On the 25th, we will be having a lunch outing at IHOP restaurant, Coquitlam to celebrate Pancake Day. If you have any requests for your family member to attend any of these outings please let me know by phone 604-527-3328 or email hcrecreation@agecare.ca.

Our theme week for this month is Valentine's, February 8-14th. This week will be full of Valentines themed programs such as decorating, crafts, bingo, movies, baking, a special lunch, word games, trivia and a Valentine's tea with entertainment. 1st floor will be having their tea on Friday February 13th at 2pm with violinist Larry Harper. 2nd floor will be having their tea on Saturday February 14th at 2pm with Luigi Tallarico. Family and friends are welcome to attend!

For the New Orleans festival, Mardi Gras, we will be making traditional masks usually worn during the festival. In recognition of Chinese New Year, we will be having a special lunch on the 27th followed by a dance performance by the Chinese Seniors Society.

In order to ensure the safety of our residents we have laminated tags for residents to bring with them when they leave the building.

The tag says:

<p>On the front: I am a resident at Harmony Court 7195 Canada Way Burnaby, BC 604-527-3300</p>	<p>On the back: If I appear lost or disoriented Please call 604-527-3300 Thank you</p>
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Recreation staff are to ensure the residents have this tag in their pocket when they go on an outing. We will also leave a container of the tags at the nursing station. The care staff are to put one in the residents pocket when they are getting them ready to go out for an appointment. We will also be keeping a collection of the tags in the resident sign in/out binder for you to take for the resident and return to the binder when you return to Harmony Court. Let me know if you have any questions.

Have a Great Month!