

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<h1 style="font-family: cursive;">April 2015</h1> <h2 style="font-family: cursive;">Harmony Court Estate</h2>						
			<b>1</b>	<b>2</b>	<b>3</b>	<b>4</b>
			9:30 News & Views (FL) <b>10:30 St. Alban's Intergenerational Visits (AR)</b> <b>2:30 Easter Tea with Mellow Guitar (GR)</b>	9:30 Ladies Breakfast Club (4 <sup>th</sup> DR-SU) <b>12:30 Tuck Shop (FL)</b> 1:30 Crosswords (FL) 2:30 Bingo (AR) 4:00 Philosopher's Café (FL)	<b>Good Friday Statutory Holiday</b> <b>4:45/6:00 Good Friday Special Dinner (GR)</b> 7:30 Movie Night: <i>My Best Friends Girl</i> (AR)	2:30 Music Circle with Birgit (GR)
<b>5</b>	<b>6</b>	<b>7</b>	<b>8</b>	<b>9</b>	<b>10</b>	<b>11</b>
<b>4:45/6:00 Special Easter Dinner (GR)</b>  <b>Easter Sunday</b>	<b>11:45 Picnic Lunch (FL/SU)</b> <b>12:30 Scenic Bus Trip to the VanDusen Botanical Gardens [\$8.00] (SU)</b> <b>4:45/6:00 Easter Monday Dinner (GR)</b> 2:30 Wii Bowling (AR)	<b>10:00 Shopping Outing at Lougheed Mall (SU)</b> <b>12:30 Tuck Shop (FL)</b> <b>2:30 Resident Update (AR)</b> 4:00 Crosswords (FL) 7:30 Documentary Show: <i>Blue Planet</i> (AR)	9:30 News & Views (FL) 10:30 Fitness 'n' Fun (AR) 1:00 Hand Spa Wellness(FL) 2:00 Cribbage Club (FL) 2:30 Wii Bowling (AR) 3:30 Sing-a-Long (FL) 7:30 Chaplain Dan (AR)	<b>12:30 Tuck Shop (FL)</b> 1:30 Crosswords (FL) 2:30 Bingo (AR) <b>4:45 Volunteer Appreciation (4<sup>th</sup> DR)</b>	9:30 News & Views (FL) 10:30 Fall Prevention Fitness (AR) 3:30 Cocktail Hour (FL)	2:30 Music Circle with Birgit (GR) 7:30 Movie Night: <i>The Grand Budapest Hotel</i> (AR)
<b>12</b>	<b>13</b>	<b>14</b>	<b>15</b>	<b>16</b>	<b>17</b>	<b>18</b>
<b>2:00 Parkinson's Support Group Meeting (4<sup>th</sup> DR)</b>  <b>No Salvation Army Hymn Sing Today</b>	<b>10:00 Scenic Bus Trip to Township 7 Winery, Langley [\$5.00] &amp; Picnic Lunch SU</b> 2:30 Wii Bowling (AR)	<b>10:00-3:00 Euro Design Scarves (FL)</b> <b>12:30 Tuck Shop (FL)</b> <b>2-3:00 Education Seminar on Urinary Tract Infections (AR)</b> 4:00 Crosswords (FL) <b>7:30 Pub Night with Old Friends (GR)</b>	9:30 News & Views (FL) 10:30 Fitness 'n' Fun (AR) <b>2:00 Kitchen Tour (SU)</b> 2:30 Afternoon Tea (GR)	<b>10:30 St. Alban's Anglican Church Service (AR)</b> <b>12:30 Tuck Shop (FL)</b> 1:30 Crosswords (FL) 2:30 Bingo (AR) 4:00 Philosopher's Café (FL)	9:30 News & Views (FL) <b>2:30 Birthday Party with Barry Powel (GR)</b> 7:30 Movie Night: <i>Blended</i> (AR)	2:30 Music Circle with Birgit (GR)
<b>19</b>	<b>20</b>	<b>21</b>	<b>22</b>	<b>23</b>	<b>24</b>	<b>25</b>
<b>2:30 Hymn Sing (GR)</b>	<b>10:00 Scenic Bus Trip to Telus World of Science [\$21.75] &amp; Picnic Lunch (SU)</b> 2:30 Wii Bowling (AR)	<b>10:30 Let's Laugh Together (AR)</b> <b>12:30 Tuck Shop (FL)</b> 2:15 Catholic Mass (CC1) <b>2:30 Armchair Travelogue: A Trip through Australia (AR)</b> 4:00 Crosswords (FL)	9:30 News & Views (FL) 10:30 Fitness 'n' Fun (AR) 1:00 Hand Spa Wellness(FL) 2:00 Cribbage Club (FL) 2:30 Wii Bowling (AR) 3:30 Sing-a-Long (FL) 7:30 Chaplain Dan (AR)	<b>9:30-11 Computer Class (FL/SU)</b> <b>12:30 Tuck Shop (FL)</b> 1:30 Crosswords (FL) 2:30 Bingo (AR) <b>3:30 Food Forum (AR)</b>	9:30 News & Views (FL) 10:30 Fall Prevention Fitness (AR) <b>11:45/1:00 Western Lunch (GR)</b> 2:30 Acrylic Painting Course (AR)	2:30 Music Circle with Birgit (GR) 7:30 Movie Night: <i>Mr. Turner</i> (AR)
<b>26</b>	<b>27</b>	<b>28</b>	<b>29</b>	<b>30</b>		
<i>Day of Rest</i>	<b>10:00 Scenic Bus Trip to Burnaby Mountain &amp; Lunch at Burnaby Golf Course Mountain Clubhouse [\$15-\$20] (SU)</b> 2:30 Wii Bowling (AR)	<b>12:30 Tuck Shop (FL)</b> <b>2:30 Council Meeting (4<sup>th</sup> DR)</b> <b>3:30 Recreation Forum (AR)</b> <b>7:30 Pub Night with Thomas MacKay (GR)</b>	9:30 News & Views (FL) 10:30 Fitness 'n' Fun (AR) 2:30 Afternoon Tea (GR)  <b>Sign-Up Sheets Go Out</b>	8:30 Men's Breakfast (4 <sup>th</sup> DR – SU) <b>12:30 Tuck Shop (FL)</b> 1:30 Crosswords (FL) 2:30 Bingo (AR)		

**Legend:**

<b>FL</b> = Fireside Lounge 1 <sup>st</sup> Floor <b>AO</b> = AdvoCare Office (101) <b>FC</b> = Fitness Centre 3 <sup>rd</sup> Floor <b>CY</b> = Centre Court Yard <b>L</b> = Library on 2 <sup>nd</sup> Floor	<b>CC1</b> = Care Centre 1 <sup>st</sup> Floor <b>GR</b> = Garden Room 1 <sup>st</sup> Floor <b>G</b> = Games Room 3 <sup>rd</sup> Floor <b>DR</b> = Dining Room <b>SU</b> = Sign Up	<b>AR</b> = Activity Room (3 <sup>rd</sup> Floor Dining Room) <b>4<sup>th</sup> DR</b> = 4 <sup>th</sup> Floor Dining Room <b>Pink</b> = Volunteer Run Programs
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**Harmony Court Estate**    Reception: (604) 527-3300  
**7197 Canada Way**        Recreation: (604) 528-8584  
**Burnaby, BC V5E 4A6**  
**Personal Fitness: 7:30am – 12:00pm**  
**Tuesday, Thursday & Saturday (FC)**