



# Harmony Court Estate

## April 2015

### Family Update

#### **Operations Update**

**Paula Anderson, General Manager**

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The grounds are looking very nice with the new trees planted last fall in bloom, the heather a blaze of colour and 150 yellow daffodils all starting to show up.

The cherry and magnolia trees have been pruned in mid-March.

Once the driveway dries out the lines will be re-painted and another Wheelchair parking will be designated.

Families were invited to a Meet N Greet with the new care providers SimpeQ. The contract will start on April 19/15 and we are anticipating as seamless transition as possible.

This past month we had to say farewell to Kam, our receptionist for 4 years. We wish her and her husband our best wishes in Edmonton. Suzana the overnight caretaker has moved on to further her education. We are very pleased to have hired 2 friendly and knowledgeable staff Rachel in the O/N position and Skye a very familiar face in the evening receptionist position. Anna was promoted to Kam's position. Welcome to the AgeCare Family Ladies.

Due to water leaks on the 1<sup>st</sup> floor we will be undergoing a major re-piping project shortly.

The in suite fire alarm detectors have been ordered and we anticipate installation soon.

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#### **Hospitality Update**

**Billy Ibarra, Hospitality Services Manager**

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#### **Special Meals**

Ladies Breakfast Club – April 2

- Baked eggs
- Bacon
- Home-made Biscuits

- Orange Juice

Good Friday Dinner – April 3

- Baked White Fish Fillet
- Roasted Potatoes
- Mixed Garden Greens
- Red Velvet Cake

Easter Sunday Dinner – April 5

- Roast Turkey
- Garlic Mashed Potatoes
- Brussels Sprouts & Baby Carrots
- Home-made Dressing
- Apple Pie

Easter Monday Dinner – April 6

- Baked Honey Ham
- Scalloped Potatoes
- Green Peas
- Chocolate/ maple cake

Western BBQ – April 24

- Beef Cheeseburger or Chili Dog
- Tater Tots
- Garden Salad
- Warm Cookie & Vanilla Ice Cream

Men's Breakfast Club – February 26

- Baked Eggs
- Bacon
- Home-made Biscuits
- Hash Browns
- Orange Juice
- Tea/ Coffee

\*Kitchen Tour – April 15 at 2:00

\*Menu Review Forum – April 23 at 3:30

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**Celeste Bouffard, Leisure Lifestyle Coordinator**

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Welcome to the beginning of spring, where new life is celebrated with the Easter service and change begins to take place all around us. The trees have bloomed and been pruned and the tulips are beginning to grow. We would like to bring the spring feeling into Harmony Court by having an Easter Tea with Mellow Guitar on April 1<sup>st</sup> and a few Special meals over the Holy week starting Friday the 3<sup>rd</sup> until Easter Monday the 6<sup>th</sup>.

On Thursday April 9<sup>th</sup>, we will be hosting a private Volunteer Appreciation in the 4<sup>th</sup> floor dining room for all the residents and external volunteers who dedicate their time for us.

Though we may try to bring the spring indoors, it is also nice to go and see how spring can change outside. The bus will be going to some outdoor locations as the weather continues to warm up. On Monday the 6<sup>th</sup>, the group will go to the VanDusen Botanical Gardens for a self-guided tour after a picnic lunch in the Fireside Lounge. On Monday April 13<sup>th</sup>, they will go for a tour at the Township 7 Winery. They will visit the Telus World of Science on Monday the 20<sup>th</sup>, and for the last trip the bus will take a scenic drive up to Burnaby Mountain. The bus will be parked for anyone would like to go for a walk or sit outside to breath it all in. After the drive the group will have a delightful lunch at the Burnaby Golf Course Mountain Clubhouse Restaurant.

New programs have been springing up lately therefore this month we would like to continue to try new things. The residents can explore a new culture on Tuesday April 21<sup>st</sup> at the Armchair Travelogue which will take them on a tasty trip through Australia. This program includes tastes, sounds and a video through the country to give an experience that leaves them feeling as though they were there. Another new program will be the Computer Class on Thursday April 23<sup>rd</sup>. This will be a sign-up class between 9:30-11:00 am. Celeste will help with basic skills on word processing, learning how to send e-mails and starting games if interested. She will sit with one resident at a time and go over any questions they have regarding the computer, each session will be 30 minutes long.

Change is often seen outside on the trees and in the air, but there will be internal changes to notice here at Harmony Court. As you may know, AgeCare has signed a new contract with the care providers SimpeQ Care. This change has also created an opportunity for one of our exceptional staff members. Our cherished Recreation Manager Justine Steckley has informed us that she will be moving to Squamish, BC for the middle of April. We are sad to see her go but wish her the very best for her in this new community. Thank you Justine for all of your hard work and dedication here at Harmony Court!

Happy Spring and Happy Easter!

**Calling All Family, Residents and Staff!**

**Do you want to learn more about  
Harmony Court Estate and AgeCare?**

All the information you need can be found on the company website at [www.agecare.ca](http://www.agecare.ca) or "Like" and follow us on Facebook at Harmony Court Estate/AgeCare.

Find helpful tips for your loved ones and fun photos of the seniors in the community of AgeCare.



Like us on  
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