

Walden Heights-APRIL 2015

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p><i>V=Vista Building</i> <i>C=Courts Building</i> <i>#=floor</i></p>	<p>Please refer to DAILY LISTINGS for updates and locations of programs</p>	<p>welcome <i>April</i></p>	<p>1 10:00 Chair Yoga V1 10:00 Spa Visits C 1:30 Music Appreciation C3 2:30 Mini Cash Bingo V1/C1 3:30 Therapeutic V3 6:00 Therapeutic V4 6:30 Shuffleboard</p>	<p>2 10:00 Word Games V1/C1 10:00 Word Games V3/V4 10:30 Shopper's Drug Mart 2:00 Family Feud V1/C1 2:00 Relaxation V3/V4 2:30 Tea Time Talks C3 6:30 Let's Stroll</p>	<p>3 GOOD FRIDAY STAT</p>	<p>4 10:00 Morning Bingo 2:00 Cribbage C2 2:30 Easter Bonnet Making V1</p>
<p>5 10:00 Bible Study/ Hymn Sing V1/C1 2:00 Easter Egg Hunt V1 2:30 Card Bingo C2</p>	<p>6 Wear Pastel! 10:00 Active Exercise-V1 10:00 Chair Exercise-C2 2:00 Easter Bonnet Party V1 3:30 Therapeutic V3 3:30 Qigong C3 6:00 Therapeutic V4 6:30 Armchair Travel</p>	<p>7 10:00 Sing Along-V1 10:00 Sing Along-C1 10:00 Sing Along-V3/V4 1:30 Clowning Around V1/C1 2:00 Ball Games V3/V4 2:30 Afternoon Bingo 5:00 Dinner Club-PJ Party 6:30 Cranium Crunches C3</p>	<p>8 10:00 Chair Yoga V1 10:00 Spa Visits V 1:30 Music Therapy C3 2:30 Mini Cash Bingo V1/C1 3:30 Therapeutic V3 6:00 Therapeutic V4 7:00 Youth Group Mini Social</p>	<p>9 10:00 Word Games V1/C1 10:00 Word Games V3/V4 2:00 Price is Right V1/C1 2:00 Relaxation V3/V4 2:30 Starbucks Walk & Chat 2:30 Tea Time Talks C3 6:30 Let's Stroll</p>	<p>10 9:45 Knitting Club 10:15 I Ball V1 11:00 Lutheran Church 2:00 NUTMAN C1 2:00 Baking V1/C2 2:30 Big Bucks Bingo 6:15 TV Series Night</p>	<p>11 Movie Marathon 9:30 Romance Movie 1:30 Action Movie 10:00 Morning Bingo 2:00 Cribbage C2 2:30 Art Time V1</p>
<p>12 10:00 Bible Study/ Hymn Sing V1 10:00 Bible Study/ Hymn Sing C1 11:00 Qigong 2:00 Ladies Circle 2:30 Card Games V1/C1</p>	<p>13 10:00 Active Exercise-V1 10:00 Chair Exercise-C2 2:00 Library Cart V 3:00 Horticulture V1/C1 3:30 Therapeutic V3 3:30 Qigong C3 6:00 Therapeutic V4 6:30 Armchair Travel</p>	<p>14 10:00 Sing Along-V1/C1 10:00 Sing Along-V3/V4 11:30 Windsor Rose for Lunch 1:30 Coffee/Chat V1 1:30 Resident Council C1 2:00 Ball Games V3/V4 2:30 Afternoon Bingo 2:30 Cranium Crunches C3 6:30 Bowling</p>	<p>15 10:00 Chair Yoga V1 10:00 Spa Visits C 1:30 Music Therapy V3/V4 2:30 Mini Cash Bingo V1/C1 3:30 Therapeutic V3 6:00 Therapeutic V4 6:30 Shuffleboard</p>	<p>16 10:00 Word Games V1/C1 10:00 Word Games V3/V4 2:00 Birthday/Welcome Party 2:30 Shoppers Drug Mart 6:30 Let's Stroll</p>	<p>17 9:45 Knitting Club 10:15 I Ball V1 11:00 Catholic Church 2:00 Baking V1/C2 2:30 Big Bucks Bingo 6:15 TV Series Night</p>	<p>18 10:00 Morning Bingo 2:00 Cribbage C2 3:00 News & Views V1/C1</p>
<p>19 10:00 Bible Study/ Hymn Sing V1/C1 2:00 Refreshment Cart</p>	<p>20 10:00 Active Exercise-V1 10:00 Chair Exercise-C2 2:00 Library Cart C 3:00 Horticulture V1/C1 3:30 Therapeutic V3 3:30 Qigong C3 6:00 Therapeutic V4 6:30 Armchair Travel</p>	<p>21 10:00 Sing Along-V1/C1 10:00 Sing Along-V3/V4 12:00 Lunch Club 1:30 Name That Tune V1/C1 2:00 Ball Games V3/V4 2:30 Afternoon Bingo 2:30 Cranium Crunches C3 6:30 Bowling</p>	<p>22 10:00 Chair Yoga V1 10:00 Spa Visits V 1:30 Music Therapy C3 2:30 Mini Cash Bingo V1/C1 3:30 Therapeutic V3 6:00 Therapeutic V4 6:30 Shuffleboard</p>	<p>23 10:00 Word Games V1/C1 10:00 Word Games V3/V4 10:30 Tim Hortons Run 1-3 Recreation STAFF Meeting (no programs) 3:30 Bread & Banter 6:30 Let's Stroll</p>	<p>24 9:45 Knitting Club 10:15 I Ball V1 11:00 Lutheran Church & Memorial Service 2:00 NUTMAN C1 2:00 Baking V1/C2 2:30 Big Bucks Bingo 6:15 TV Series Night</p>	<p>25 Movie Marathon 9:30 Classic 1:30 Comedy 10:00 Morning Bingo 2:00 Cribbage C2 2:30 Art Time V1</p>
<p>26 10:00 Bible Study/ Hymn Sing V1/C1 11:00 Qigong 2:00 Men's Club 2:30 Card Bingo V1/C1</p>	<p>27 9-11 Bus outing to Smitty's for Breakfast 10:00 Active Exercise-V1 10:00 Chair Exercise-C2 2:00 Library Cart V 2:00 Spring Fling V1 3:30 Therapeutic V3 3:30 Qigong C3 6:00 Therapeutic V4 6:30 Armchair Travel</p>	<p>28 10:00 Fruity Fun-V1/C1 10:00 Sing Along-V3/V4 1:30 Cranium Crunches V1/C1 2:00 Ball Games V3/V4 2:30 Afternoon Bingo 2:30 Cranium Crunches C3 6:30 Bowling</p>	<p>29 10:00 Chair Yoga V1 10:00 Spa Visits C 1:30 Music Therapy V3/V4 2:30 Mini Cash Bingo V1/C1 3:30 Therapeutic V3 6:00 Therapeutic V4 6:30 Pathfinders Group Visit</p>	<p>30 10:00 Word Games V1/C1 10:00 Word Games V3/V4 2:00 Jeopardy V1/C1 2:00 Relaxation V3/V4 2:30 Tea Time Talks C3 6:30 Let's Stroll</p>	<p>***All Outings are Weather Permitting & Residents attending need to be signed up***</p>	