

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						
<p>3</p> <p>10-4 Sensory Stimulation(HL) 10:00 Mental Aerobics (MDR) 10:45 Activities for the Soul (MDR) 2:30 Evangelical Church Service (CC2) 4:00 Nails & Polish(FL) 7:00 Reminiscing (HL)</p>	<p>4</p> <p>10:00 Town Hall News (MDR) 10:30 Mental Aerobics (MDR) 11:00 Fitness 'n' Fun (MDR) 2:00 Travelling Tuck Shop 2:30 Java Music Club (HL) 4:00 Walking Club (CY) 7:00 Bingo (MDR)</p>	<p>5</p> <p>10:00 Mental Aerobics 10:15 Helping Hands 10:30 Fitness 'n' Fun (MDR) 10:30 Catholic Communion 12:00 Mother's Day Ladies Lunch Club (HL) 2:00 Music with Marilyn(CC2) 4:00 Ball Toss (MDR) 7:00 Bingo (MDR) 7:00 Family Council Meeting</p>	<p>6</p> <p>10:00 Bus Outing: Scenic Drive 10:15 Mental Aerobics (MDR) 10:30 Fitness 'n' Fun (MDR) 2:00 Happy Hour With Pete Mason (CC1) 4:00 Nails and Polish (FL) 6:30 Short Stories (MDR)</p>	<p>7</p> <p>10:00 Mental Aerobics (MDR) 10:30 Fitness 'n' Fun (MDR) 11:00 Pet Visits with Niko 1:30 Intergenerational Visits: Creative Flow 3:30 Personal Visits 4:00 Sing-A-Long (FL) 7:00 Bingo (MDR)</p>	<p>8</p> <p>10:00 Mental Aerobics 10:30 Active Games (MDR) 11:00 Fitness 'n' Fun (MDR) 3:00 Mother's Day Tea with Mellowdares Seniors Choir (MDR) 6:00 Gospel Network TV (FL) 7:00 Friday Night Tea & Cookies (MDR)</p>	<p>9</p> <p>10:00 Mental Aerobics (MDR) 10:30 Fitness 'n' Fun (MDR) 1:30 Music Circle (MDR) 4:00 Bowling (MDR) 6:30 Movie Night (FL)</p>
<p>10</p> <p>Mother's Day 10:00 Mental Aerobics (MDR) 10:45 Activities for the Soul (MDR) 12:00 Special Mother's Day Lunch (MDR) 4:00 Nails & Polish (FL) 7:00 Reminiscing (HL)</p>	<p>11</p> <p>10:00 Town Hall News (MDR) 10:30 Mental Aerobics (MDR) 11:00 Fitness 'n' Fun (MDR) 2:00 Travelling Tuck Shop 2:30 Java Music Club (HL) 4:00 Walking Club (CY) 7:00 Short Stories (MDR)</p>	<p>12</p> <p>10:00 Mental Aerobics 10:30 Fitness 'n' Fun (MDR) 10:30 Catholic Communion 2:30 Stories, Poetry Writing & Reminiscing (FL) 3:00 Personal Visits 4:00 Helping Hands 7:00 Bingo (MDR)</p>	<p>13</p> <p>10:00 Mental Aerobics 10:00 Bus Outing: Scenic Drive 10:30 Fitness 'n' Fun (MDR) 2:00 Popcorn & A Movie (FL) 2:30 Wellness Spa (HL) 4:00 Nails and Polish (FL) 6:30 Inspirational Service Chaplain Dan</p>	<p>14</p> <p>10:00 Mental Aerobics 10:30 Fitness 'n' Fun (MDR) 11:00 Pet Visits with Niko 1:30 Intergenerational Visits 3:30 Personal Visits 4:00 Sing-A-Long (FL) 7:00 Pub Night with Steve Hillis (CC1)</p>	<p>15</p> <p>10:00 Mental Aerobics 10:30 Active Games (MDR) 11:00 Fitness 'n' Fun (MDR) 3:00 Tea Social & Reminiscing (MDR) 4:00 Beach Ball Soccer (MDR) 6:00 Gospel Network TV (FL) 6:30 Nails & Polish (FL)</p>	<p>16</p> <p>10:00 Mental Aerobics (MDR) 10:30 Fitness 'n' Fun (MDR) 1:30 Music Circle (MDR) 4:00 Bowling (MDR) 6:30 Movie Night (FL)</p>
<p>17</p> <p>10:00 Mental Aerobics (MDR) 10:45 Activities for the Soul (MDR) 2:00 Music with Douglas (CC2) 4:00 Nails & Polish (FL) 7:00 Reminiscing (HL)</p>	<p>18</p> <p>Victoria Day Statutory Holiday 10:00 Town Hall News (MDR) 10:30 Mental Aerobics (MDR) 4:00 Walking Club (CY) 7:00 Personal Visits</p>	<p>19</p> <p>10:00 Mental Aerobics 10:15 Helping Hands 10:30 Fitness 'n' Fun (MDR) 12:00 Men's Brunch Club(HL) 2:15 Catholic Mass (CC1) 2:30 Burnaby Pacemakers Choir Performs (CC2) 4:00 Bean Bag Throw (FL) 7:00 Bingo (MDR)</p>	<p>20</p> <p>10:00 Bus Outing: Scenic Drive 10:15 Mental Aerobics (MDR) 10:30 Fitness 'n' Fun (MDR) 2:00 Birthday Party with Peter Montgomery(CC2) 4:00 Nails and Polish (FL) 6:30 Short Stories (MDR)</p>	<p>21</p> <p>10:00 Mental Aerobics (MDR) 10:30 Fitness 'n' Fun (MDR) 11:00 Pet Visits with Niko 1:30 Intergenerational Visits 3:30 Personal Visits 4:00 Sing-A-Long (FL) 7:00 Bingo (MDR)</p>	<p>22</p> <p>9:30 Decorate for Mexican Fiesta Theme Week 10:30 Active Games (MDR) 11:00 Fitness 'n' Fun (MDR) 2:00 Homemade Treats & Baking (HL) 4:00 Horseshoes (MDR) 6:00 Gospel Network TV (FL) 7:00 Bingo (MDR)</p>	<p>23</p> <p>10:00 Mental Aerobics (MDR) 10:30 Fitness 'n' Fun (MDR) 1:30 Music Circle (MDR) 4:00 Bowling (MDR) 6:30 Movie Night (FL)</p>
<p>24</p> <p>10-4 Sensory Stimulation(HL) 10:00 Mental Aerobics (MDR) 10:45 Activities for the Soul (MDR) 4:00 Nails & Polish (FL) 7:00 Reminiscing (HL) Theme Week: Mexico</p>	<p>25</p> <p>10:00 Town Hall News (MDR) 10:30 Mexican Quiz (MDR) 11:00 Fitness 'n' Fun (MDR) 2:00 Travelling Tuck Shop 2:30 Java Music Club (HL) 4:00 Walking Club (CY) 7:00 Board Games (MDR)</p>	<p>26</p> <p>10:00 Mental Aerobics (MDR) 10:30 Fitness 'n' Fun (MDR) 10:30 Catholic Communion 2:30 Stories, Poetry Writing & Reminiscing (FL) 4:00 Helping Hands 7:00 Mexico Bingo (MDR)</p>	<p>27</p> <p>10:15 Mental Aerobics(MDR) 10:30 Fitness 'n' Fun (MDR) 11:00 Picnic Lunch Outing to Barnet Marine Park 2:00 Baking Mexican Churros (HL) 4:00 Nails and Polish (FL) 6:30 Inspirational Service Chaplain Dan</p>	<p>28</p> <p>10:00 Mental Aerobics(MDR) 10:30 Fitness 'n' Fun (MDR) 11:00 Pet Visits with Niko 12:00 Mexican Lunch 1:30 Intergenerational Visits 3:00 Craft Corner: Making Mexican Shakers 7:00 Pub Night with Gord Kearney (CC2)</p>	<p>29</p> <p>10:00 Mental Aerobics(MDR) 10:30 Active Games (MDR) 11:00 Fitness 'n' Fun (MDR) 1:30 Movie: Travel Through Mexico 2:00 Horse Races (MDR) 4:00 Beach Ball Soccer (MDR) 7:00 Friday Night Tea & Cookies (MDR)</p>	<p>30</p> <p>10:00 Mental Aerobics (MDR) 10:30 Fitness 'n' Fun (MDR) 1:30 Music Circle (MDR) 4:00 Bowling (MDR) 6:30 Movie Night (FL)</p>
<p>10:00 Mental Aerobics 10:45 Activities for the Soul 4:00 Nails & Polish (FL) 7:00 Reminiscing (HL)</p>	<p style="text-align: center;">Harmony Court Care Centre Reception: (604) 527-3300 Recreation: (604) 527-3328 7195 Canada Way Burnaby, BC Green: Volunteers Red: Specialty Programs Blue: Recreation Programs Black: Leisure Programs</p>					
<p>LEGEND: MDR=Main Dining Room FL= Fireside Lounge (Communication Station) CC1= Care Floor 1 CC2= Care Floor 2 CY= Courtyard FG= Friendship Garden HL=Hearthstone Lounge (Down the Hallway)</p> <p>EVERY MONDAY 9AM -5PM GLORY'S HAIR SALON OPEN (basement)</p>						

