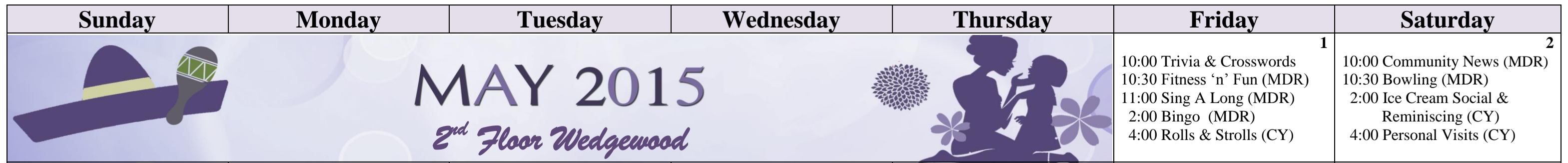

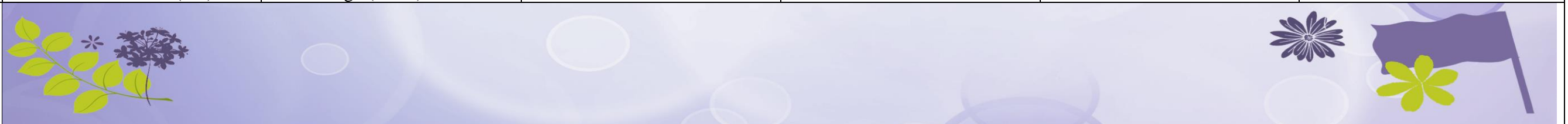


Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						
<p style="text-align: right;">3</p> <p>10-4 Sensory Stimulation(HL) 10:00 Fitness 'n' Fun (MDR) 10:45 Spirit & Soul (MDR) 11:30 Personal Visits 2:30 Evangelical Church Service (CC2) 3:30 Walking Program</p>	<p style="text-align: right;">4</p> <p>9-5 Hair Salon Open (B) 10:00 Fitness 'n' Fun (MDR) 10:45 Coffee Corner (HL) 1:30 Mobile Tuck Shop 2:30 Mystery Monday 4:00 Helping Hands</p>	<p style="text-align: right;">5</p> <p>10:00 Wellness Spa (MDR) 10:30 Catholic Communion 12:00 Mother's Day Ladies Lunch Club (HL) 2:00 Music with Marilyn (MDR) 3:30 Walking Program 6:00 Personal Visits 7:00 Family Council Meeting</p>	<p style="text-align: right;">6</p> <p>10:00 Bus Outing: Scenic Drive to Buntzen Lake 2:00 Happy Hour With Pete Mason (CC1) 4:00 Personal Visits</p>	<p style="text-align: right;">7</p> <p>10:00 Fitness 'n' Fun (MDR) 10:45 Walking Program 1:30 Intergenerational Visits 3:30 Pet Visits with Niko 4:00 Rec. Office Time 6:00 Personal Visits 7:00 Short Stories (AR)</p>	<p style="text-align: right;">8</p> <p>10:00 Community News (MDR) 10:30 Fitness 'n' Fun (MDR) 11:00 Crosswords (MDR) 2:00 Ice Cream Social & Reminiscing (CY) 4:00 Rolls & Strolls (CY)</p>	<p style="text-align: right;">9</p> <p>10:00 Community News & Trivia (MDR) 10:30 Balloon Volley (MDR) 2:00 Bingo (MDR) 3:45 Music Circle (MDR) 4:00 Personal Visits (CY)</p>
<p style="text-align: right;">10</p> <p>Mother's Day 10:00 Fitness 'n' Fun (MDR) 10:45 Spirit & Soul (MDR) 11:30 Personal Visits 2:00 Mother's Day Tea with Larry Harper (MDR) 3:30 Walking Program</p>	<p style="text-align: right;">11</p> <p>9-5 Hair Salon Open (B) 10:00 Active Games (MDR) 11:00 Wellness Spa (MDR) 1:30 Mobile Tuck Shop 2:30 Baking (AR) 4:00 Rolls & Strolls (CY)</p>	<p style="text-align: right;">12</p> <p>10:00 Fitness 'n' Fun (MDR) 10:30 Catholic Communion 10:45 Fun Facts (MDR) 2:00 Music with Hans(MDR) 3:30 Walking Program 6:00 Personal Visits 7:00 Bingo (MDR)</p>	<p style="text-align: right;">13</p> <p>10:00 Bus Outing: Scenic Drive to Queen Elizabeth Park 2:00 Wellness Spa (HL) 4:00 Personal Visits 7:00 Inspirational Service Chaplain Dan</p>	<p style="text-align: right;">14</p> <p>10:00 Bowling (MDR) 10:45 Walking Program 1:30 Intergenerational Visits & Music with Nancy 3:30 Pet Visits with Niko 7:00 Pub Night with Steve Hillis (CC1)</p>	<p style="text-align: right;">15</p> <p>Residents, Staff & (CY) Family Gardening Day</p> 	<p style="text-align: right;">16</p> <p>10:00 Community News (MDR) 10:30 Bowling (MDR) 2:00 Ice Cream Social & Reminiscing (CY) 3:45 Music Circle (MDR) 4:00 Personal Visits (CY)</p>
<p style="text-align: right;">17</p> <p>10:00 Fitness 'n' Fun (MDR) 10:45 Spirit & Soul (MDR) 11:30 Personal Visits 2:00 Music with Douglas (MDR) 3:30 Walking Program</p>	<p style="text-align: right;">18</p> <p style="text-align: center;">Victoria Day Statutory Holiday</p>	<p style="text-align: right;">19</p> <p>10:00 Fitness 'n' Fun (MDR) 10:45 Fun Facts (MDR) 12:00 Men's Brunch Club(HL) 2:15 Catholic Mass (CC1) 2:30 Burnaby Pacemakers Choir Performs (CC2) 4:00 Walking Program 6:00 Personal Visits 7:00 Bingo (MDR)</p>	<p style="text-align: right;">20</p> <p>10:00 Bus Outing: Scenic Drive to Deer Lake 2:00 Birthday Party with Peter Montgomery(CC2) 4:00 Personal Visits</p>	<p style="text-align: right;">21</p> <p>10:00 Bowling (MDR) 10:45 Walking Program 1:30 Intergenerational Visits 3:30 Pet Visits with Niko 4:00 Rec. Office Time 6:00 Personal Visits 7:00 Short Stories (AR)</p>	<p style="text-align: right;">22</p> <p>9:30 Decorate for Mexican Fiesta Theme Week 10:00 Crosswords (MDR) 10:30 Wellness Spa (Rm. 232) 2:00 Ice Cream Social & Reminiscing (CY) 4:00 Rolls & Strolls (CY)</p>	<p style="text-align: right;">23</p> <p>10:00 Community News & Trivia (MDR) 10:30 Balloon Volley (MDR) 2:00 Bingo (MDR) 3:45 Music Circle (MDR) 4:00 Personal Visits (CY)</p>
<p style="text-align: right;">24</p> <p>10-4 Sensory Stimulation(HL) 10:00 Fitness 'n' Fun (MDR) 10:45 Spirit & Soul (MDR) 11:30 Personal Visits 2:00 Creative Flow (MDR) 3:30 Walking Program Theme Week: Mexican Fiesta</p>	<p style="text-align: right;">25</p> <p>9-5 Hair Salon Open (B) 10:00 Active Games (MDR) 11:00 Wellness Spa (MDR) 12:00 Mexican Lunch 1:30 Movie: Travel Through Mexico (CC2) 1:30 Mobile Tuck Shop 2:30 Active Game (MDR) 4:00 Rolls & Strolls (CY)</p>	<p style="text-align: right;">26</p> <p>10:00 Fitness 'n' Fun (MDR) 10:30 Catholic Communion 10:45 Fun Mexican Facts (MDR) 2:00 Music with Hans(MDR) 3:30 Walking Program 6:00 Personal Visits 7:00 Bingo (MDR)</p>	<p style="text-align: right;">27</p> <p>10:00 Mexican Trivia (MDR) 11:00 Picnic Lunch Outing to Barnet Marine Park 2:00 Movie Afternoon (MDR) 4:00 Personal Visits 7:00 Inspirational Service Chaplain Dan</p>	<p style="text-align: right;">28</p> <p>10:00 Mexican Craft (MDR) 10:45 Walking Program 1:30 Intergenerational Visits 3:30 Pet Visits with Niko 4:00 Rec. Office Time 7:00 Pub Night with Gord Kearney (CC2)</p>	<p style="text-align: right;">29</p> <p>10:00 Trivia & Crosswords 10:30 Fitness 'n' Fun (MDR) 2:00 Baking Mexican Churros (HL) 2:00 Bingo (MDR) 4:00 Rolls & Strolls (CY)</p>	<p style="text-align: right;">30</p> <p>10:00 Mexican News (MDR) 10:30 Bowling (MDR) 2:00 Ice Cream Social & Reminiscing (CY) 3:45 Music Circle (MDR) 4:00 Personal Visits (CY)</p>
<p style="text-align: right;">31</p> <p>10:00 Fitness 'n' Fun (MDR) 10:45 Spirit & Soul (MDR) 11:30 Personal Visits 2:00 Creative Flow (MDR) 3:30 Walking Program</p>						

Harmony Court Care Centre Reception: (604) 527-3300 Recreation: (604) 527-3328 LEGEND: MDR=Main Dining Room CC1= Care Floor 1
 7195 Canada Way Burnaby, BC AR= Activity Room (Down the Hall) CC2= Care Floor 2
 Red: Specialty Programs Black: Recreation & Leisure Programs Green: Volunteers HL=Hearthstone Lounge (CC1) CY= Courtyard (Weather Permitting)