










June

2015

Estate

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1 10:00 What's up in Recreation – Coffee Club 1:15 – 4:00 Deerfoot Inn Casino & Mackenzie Towne Shops 1:30 "New" Bridge Club 7:00 Cribbage	2 10:00 Brain Games 2:00 Bingo 6:30 Creative Knitting and Chat	3 10:00 Shawnessy Shops 10:00 Exercise 3:00 Dwayne Fettig-entertains - Atrium	4 11:00 Motion Specialties Seniors BBQ outing 1:00 Nurse's Clinic 2:00 – 3:00 Corner Store – Atrium	5 9:30 South Centre Mall 10:00 Tai Chi Exercise 1:15 Cribbage Tournament – Lounge	6 1:30 Horse Races in the Lounge 6:30 Shuffle Board in the Lounge
7 	8 10:00 Exercise 1:15 – 4:00 Nanton Ice cream & Candy store 1:30 "New" Bridge Club 7:00 Cribbage <i>Happy Birthday! Lillian R.</i>	Celebrate Seniors Week June 1 st – 7 th			12 9:30 South Centre Mall 10:00 Tai Chi Exercise 1:30 Personal Touch Fashions - Atrium 2:00 	13 1:30 Horse Races in the Lounge 6:30 Euchre in the Lounge
14 	15 9:30 Yoga for Seniors 1:15 – 4:00 Fish Creek Park – Annie's Bakery 1:30 "New" Bridge Club 7:00 Cribbage	16 9:30 – 2:30 BV Free Foot Clinic Classroom 10:15 Catholic Mass 2:00 Bingo 3:00 NUTMAN 6:30 Creative Knitting and Chat	17 10:00 Shawnessy Shops 2:00 Walker Clinic – Lounge - Natalie 3:00 Charlie D entertains - Atrium	18 10:45 Canada Day Bus Arrives 1:00 Nurse's Clinic 2:00 – 3:00 Corner Store – Atrium 7 – 9 pm Pub Night <i>Happy Birthday! Albert J.</i>	19 10:00 – 3:00 pm Aspen Crossing Father's Day Lunch outing	20 1:30 Horse Races in the Lounge 6:30 Euchre in the Lounge

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
<p>21</p>  <p>2:30 Peace Lutheran Church Service – Bridlewood Retreat</p> 	<p>22</p> <p>9:30 Yoga for Seniors</p> <p>1:15 – 4:00 Ralph Klein Park</p> <p>1:30 “New” Bridge Club</p> <p>7:00 Cribbage</p>	<p>23</p> <p>10:00 Food Services Meeting – Lounge</p> <p>10:30 Bible Study – Bridlewood Retreat</p> <p>2:00 Bingo</p> <p>6:30 Creative Knitting and Chat</p>	<p>24</p> <p>10:00 Shawnessy Shops</p> <p>12:00 Welcome Lunch</p> <p>2:00 Birthday Social – Lounge</p> <p>2:00 Memory Lane Fashions - Atrium</p>	<p>25</p> <p>10:00 Let’s Line Dance</p> <p>1:00 Nurse’s Clinic</p> <p>2:00 Towne Hall Meeting – Lounge</p> <p>2:30 – 3:30 Corner Store – Atrium</p>	<p>26</p> <p>8:00 Podiatrist – Lounge bring AHC & \$10</p> <p>9:30 South Centre Mall</p> <p>10:00 Tai Chi Exercise</p> <p>2:00</p> 	<p>27</p> <p>1:30 Horse Races in the Lounge</p> <p>6:30 Shuffle Board in the Lounge</p> <p><i>Happy Birthday!</i> <i>Gerald D</i> <i>John G.</i></p>	
<p>28</p>  <p>2:30 Peace Lutheran Church Service – Bridlewood Retreat</p>	<p>29</p> <p>10:00 Exercise</p> <p>1:15 – 4:00 Grey Eagle Casino</p> <p>1:30 “New” Bridge Club</p> <p>7:00 Cribbage</p>	<p>30</p> <p>10:00 Brain Games</p> <p>2:00 Bingo</p> <p>4:00 Wine & Dine</p> <p>6:30 Creative Knitting and Chat</p>					
	<p><i>All outings and programs are subject to change and will be posted on the Activity Board the morning of. Please make sure to check for the most up to date information of the day!</i></p> <p><i>Thank you ☺</i></p>		<p><u>Important Numbers</u></p> <p>Maintenance Requests – 873-2600</p> <p>Kitchen Services - 873-2609</p> <p>Beauty Salon (Eva) 873-2616</p> <p>Housekeeping 873-2609</p> <p>Estate Coordinator (Drene) 873-2842</p> <p>Recreation (Sandi) 873-2636</p>			<p><i>June</i></p> <p><i>2015</i></p>	