













August

Estate

2015

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						1 1:30 Horse Races in the Lounge 6:30 Sequence in the Lounge
2  2:30 Peace Lutheran Church Service – Bridlewood Retreat	3 NO BUS TODAY! Heritage Day Stat Holiday! 1:30 “New” Bridge Club 7:00 Cribbage	4 2:00 Bingo 2:00 Nut Man! (Atrium) 6:30 Creative Knitting and Chat	5 NO BUS TODAY! 10:00 Wilf & Loretta’s Walking Club 3:00 - Dwayne Fettig in the Atrium	6 1:00 Nurse’s Clinic 2:00 – 3:00 Corner Store – Atrium 2:00 Scrabble in the Lounge	7 NO BUS TODAY! 2:00 Phil & Ron’s 	8 1:30 Horse Races in the Lounge 6:30 Shuffle Board in the Lounge
9  2:30 Peace Lutheran Church Service – Bridlewood Retreat	10 10:00 Chair Yoga 1:15 – 4:00 Peter’s Drive In 1:30 “New” Bridge Club 7:00 Cribbage <i>Happy Birthday! Eileen C.</i>	11 10:30 Bible Study – Bridlewood Retreat 2:00 Bingo 6:30 Creative Knitting and Chat	12 10:00 Shawnessy Shops 10:00 Wilf & Loretta’s Walking Club 3:00 - William Bjorn in the Atrium	13 10:00 Brian Games 1:00 Nurse’s Clinic 2:00 – 3:00 Corner Store – Atrium 2:00 Ladder Ball - Outside	14 9:30 South Centre Mall 10:00 Tai Chi Exercise 1:15 Cribbage Tournament – Lounge	15 1:30 Horse Races in the Lounge 6:30 Sequence in the Lounge

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<p>16</p>  <p>2:30 Peace Lutheran Church Service – Bridlewood Retreat</p>	<p>17</p> <p>10:00 Exercise</p> <p>1:15 – 4:00 Saskatoon Farm</p> <p>1:30 “New” Bridge Club</p> <p>7:00 Cribbage</p>	<p>18</p> <p>10:15 Catholic Mass Bridlewood Retreat</p> <p>12:00 KFC Lunch – Courtyard</p> <p>2:00 Bingo 2:00 Nutman</p> <p>6:30 Creative Knitting and Chat</p>	<p>19</p> <p>10:00 Shawnessy Shops</p> <p>10:00 Wilf & Loretta’s Walking Club</p> <p>11:00-2:00 - 5th Avenue Jewelry (Atrium)</p> <p>2:00 Birthday Social – Lounge</p>	<p>20</p> <p>10:00 Word Games</p> <p>1:00 Nurse’s Clinic</p> <p>2:00 Corner Store – Atrium</p> <p>7 – 9 PM PUB NIGHT WITH ENTERTAINMENT</p>	<p>21</p> <p>8:00 Podiatrist – Lounge – AHC + \$10</p> <p>9:30 South Centre Mall</p> <p>10:00 Tai Chi Exercise</p> <p>2:00 Poetry Readings & Lemonade in the Lounge</p>	<p>22</p> <p>1:30 Horse Races in the Lounge</p> <p>6:30 Shuffle Board in the Lounge</p>
<p>23</p>  <p>2:30 Peace Lutheran Church Service – Bridlewood Retreat</p>	<p>24</p> <p>10:00 Chair Yoga</p> <p>1:15 – 4:00 Country Drive & Ice Cream</p> <p>1:30 “New” Bridge Club</p> <p>7:00 Cribbage</p>	<p>25</p> <p>10:30 Bible Study – Bridlewood Retreat</p> <p>2:00 Bingo</p> <p>6:30 Creative Knitting and Chat</p>	<p>26</p> <p>10:00 Shawnessy Shops</p> <p>10:00 Wilf & Loretta’s Walking Club</p> <p>12:00 Welcome Lunch</p> <p>2:00 Song - Along</p>	<p>27</p> <p>10:00 Brian Games</p> <p>1:00 Nurse’s Clinic</p> <p>2:00 Corner Store – Atrium</p> <p>2:00 Ladder Ball - Outside</p>	<p>28</p> <p>10:00 Tai Chi Exercise</p> <p>4:00 Wine & Dine</p>	<p>29</p> <p>1:30 Horse Races in the Lounge</p> <p>6:30 Sequence in the Lounge</p>
<p>30</p>  <p>2:30 Peace Lutheran Church Service – Bridlewood Retreat</p> <p><i>Happy Birthday! Alice H.</i></p>	<p>31</p> <p>10:00 Exercise</p> <p>GARAGE SALE 1:00-4:00 IN THE ATRIUM</p> <p>1:15 – 4:00 Calgary Cash Casino</p> <p>1:30 Bridge Club</p> <p>7:00 Cribbage</p> <p><i>Happy Birthday! Genny K.</i></p>	<p><i>All outings and programs are subject to change and will be posted on the Activity Board the morning of. Please make sure to check for the most up to date information of the day!</i></p> <p><i>Thank you ☺</i></p>		<p><u><i>Important Numbers</i></u></p> <p><i>Maintenance Requests – 873-2600</i></p> <p><i>Kitchen Services - 873-2609</i></p> <p><i>Beauty Salon (Eva) 873-2616</i></p> <p><i>Housekeeping (Dee) 873-2625</i></p> <p><i>Estate Coordinator (Drene) 873-2842</i></p> <p><i>Recreation (Sandi) 873-2636</i></p>		