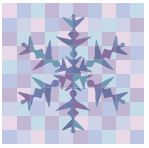




Duchess January 2016

GDR - Gem Dining Room—Room 309 (2nd floor)
REC - Recreation Room—Room 124 (1st floor)
IPL - Ingram Park Lounge—Room 409 (2nd floor)
DDR - Duchess Dining Room—Room 144 (1st floor)
HAL - Fairview Hall—by elevator (2nd floor)
TPL - Tillebrook Park Lounge—Room 338 (2nd floor)
PPL - Pleasant Park Lounge—Room 187 (1st floor)

| Sun | Mon | Tue | Wed | Thu | Fri | Sat |
|--|--|---|---|--|---|------------------------------------|
|  | Please note: All activities are subject to change. Please check calendars posted on white boards for changes. Thanks |  | Irene Anne John Don Marilynn | Gordon Joe June | 1  | 2 7:00 Snack N' Socialize |
| 3 3:00 Church Service: <u>GDR</u> | 4 10:00 Exercises <u>PPL</u> 10:30 Reminiscing <u>PPL</u> 2:30 New Year's Bingo <u>GDR</u> 7:00 Snacks <u>DDR</u> | 5 7:00 Snacks <u>DDR</u> | 6 10:00 Exercises <u>PPL</u> 10:30 Word Games <u>PPL</u> One to One visits 2:30 Crafts <u>DDR</u> 7:00 Snacks <u>DDR</u> | 7 2:30 Fun with Flowers <u>DDR</u> 6:45 New Year's Party with the Heggs Family <u>DDR</u> | 8 10:00 Exercises <u>PPL</u> 10:30 Word Games <u>PPL</u> Pet visit with Jingles 2:30 Movie and popcorn 7:00 Snacks <u>DDR</u> | 9 7:00 Snack N' Socialize |
| 10 3:00 Church Service: <u>GDR</u> Tilley Mennonite Church <u>DDR</u> | 11 10:15 Sing A Long <u>GDR</u> 6:30 Music entertainment with Chinook Winds <u>DDR</u> 7:00 Snacks <u>DDR</u> | 12 7:00 Snacks <u>DDR</u> | 13 1:30 One to One visits 2:30 Crafts <u>DDR</u> 600-700 Resident Council Meeting <u>ADSR</u> 7:00 Snacks <u>DDR</u> | 14 10:30 Crafting Buddies <u>DDR</u> 2:30 Tea Social with the United Church Ladies <u>GDR</u> | 15 10:00 Exercises <u>PPL</u> 10:30 Word Games <u>PPL</u> 2:30 Birthday Party <u>DDR</u> 7:00 Snacks <u>DDR</u> | 16 7:00 Snack N' Socialize |
| 17 3:00 Church Service: <u>GDR</u> | 18 10:00 Exercises <u>PPL</u> 10:30 Spelling Bee <u>PPL</u> 2:30 Pampering Hands 7:00 Snacks <u>DDR</u> Memory Support Group <u>REC</u> | 19 10:30 Reading Buddies <u>REC</u> 6:30 Music with Sally 7:00 Snacks <u>DDR</u> | 20 11:30 Lunch Club <u>ADSR</u> 7:00 Snacks <u>DDR</u> | 21 <i>Happiness is a Hug</i> Pet visit with Jingles 2:00 Book Club <u>PPL</u> 6:30 Music with Howard <u>DDR</u> 7:00 Snacks <u>DDR</u> | 22 10:00 Exercise <u>PPL</u> 10:30 Word Games <u>PPL</u> 2:30 Fun with Flowers Random trivia <u>DDR</u> 7:00 Snacks <u>DDR</u> | 23 7:00 Snack N' Socialize |
| 24 3:00 Church Service: <u>GDR</u> 31 3:00 Church <u>GDR</u> | 25 <i>Robbie Burns Day</i> 10:15 Sing A Long <u>GDR</u> 2:30 Fresh Bread <u>DDR</u> 5:00 ROBBIE BURNS THEME MEAL <u>DDR</u> 7:00 Snacks <u>DDR</u> | 26 7:00 Snacks <u>DDR</u> | 27 10:00 Exercises <u>PPL</u> 10:30 Word Find <u>PPL</u> Pet visit with Jingles 2:00 Book club <u>PPL</u> 6:30 Cash Bingo <u>GDR</u> | 28 10:15 Video Sing A Long And Reminiscing <u>PPL</u> 2:30 Fresh Bread <u>DDR</u> 2:30 Bingo <u>GDR</u> 7:00 Snacks <u>DDR</u> | 29 10:00 Exercises <u>PPL</u> 10:30 Word Games <u>PPL</u> 2:30 Fun with Flowers <u>DDR</u> 7:00 Snacks <u>DDR</u> | 30 7:00 Snacks N' Socialize |