

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday



APRIL 2016

2nd Floor Wedgewood



1
10:00 Community News (MDR)
10:30 Fitness 'n' Fun (MDR)
11:00 Sing-A-Long (MDR)
2:00 Java Music Club (AR)
4:00 Rolls & Strolls (CY)

2
10:00 Town Hall News (MDR)
10:30 Ladder Ball (MDR)
3:30 Rolls & Strolls (CY)

3
10:00 Fitness 'n' Fun (MDR)
10:45 Spirit & Soul (MDR)
11:30 Personal Visits
2:30 Evangelical Church Service (MDR)
3:30 Walking Program

4
10:00 Balloon Volley (MDR)
10:45 Wellness Spa (MDR)
2:00 Travelling Tuck Shop
2:30 Tea Social & Trivia (MDR)
4:00 Rolls & Strolls (CY)

5
10:00 Fitness 'n' Fun (MDR)
10:30 Catholic Communion
10:45 Sing-A-Long (MDR)
12:00 ladies' Brunch (C1)
2:00 Java Music Club (AR)
3:30 Walking Program

6
10:00 Personal Visits
11:00 Lunch Outing:
My Greek Taverna
2:30 Active Games (MDR)
4:00 Personal Visits

7
10:00 Fitness 'n' Fun (MDR)
10:45 Walking Program
2:00 Mike's Critters (MDR)
4:00 Rec. Office Time
7:00 Short Stories (MDR)

8
10:00 Community News (MDR)
10:30 Fitness 'n' Fun (MDR)
11:00 Crosswords (MDR)
2:00 BINGO (MDR)
4:00 Rolls & Strolls (CY)

9
10-4 Sensory Stimulation (C1)
10:00 Town Hall News (MDR)
10:30 Bowling (MDR)
2:00 Tea Social & Reminiscing (MDR)
4:00 Personal Visits

10
10:00 Fitness 'n' Fun (MDR)
11:30 Personal Visits
2:00 Music with Douglas (MDR)
3:30 Walking Program

11
9:00 Casino Royal Decorating
10:00 Fitness 'n' Fun (MDR)
10:45 Coffee Corner (HL)
2:00 Travelling Tuck Shop
2:00 Crafts with Cards (AR) (MDR)
4:00 Rolls & Strolls (CY)

12
10:00 Fitness 'n' Fun (MDR)
10:30 Catholic Communion
10:45 Fun Facts (MDR)
2:00 Music with Hans (MDR)
3:30 Walking Program
7:00 **Casino BINGO** (MDR)

13
10:00 Fitness 'n' Fun (MDR)
10:45 **Casino Trivia** (MDR)
2:00 Wellness Spa (AR)
4:00 Personal Visits
7:00 Inspirational Service with Chaplain Dan (MDR)

14
10:00 Fitness 'n' Fun (MDR)
10:45 Walking Program
2:00 Bus Outing:
Starlight Casino
3:45 Music Circle (MDR)
4:00 Rec. Office Time
7:00 Pub Night with Gordy Van (C1)

15
10:00 Community News (MDR)
10:30 Fitness 'n' Fun (MDR)
11:00 Sing-A-Long (MDR)
2:00 Lucky7 Card Game (MDR)
4:00 Rolls & Strolls (CY)

16
10:00 Town Hall News (MDR)
10:30 Ladder Ball (MDR)
2:30 Horse Racing Game (MDR)
4:00 Personal Visits

Theme Week: Casino Royal



17
10:00 Fitness 'n' Fun (MDR)
10:45 Spirit & Soul (MDR)
11:30 Personal Visits
2:00 Tea Social & Trivia (MDR)
3:30 Walking Program

18
10:00 Balloon Volley (MDR)
10:45 Wellness Spa (MDR)
2:00 Travelling Tuck Shop
2:00 Music with Nancy (MDR)
4:00 Rolls & Strolls (CY)

19
10:00 Fitness 'n' Fun (MDR)
10:45 Sing-A-Long (MDR)
12:00 Men's Brunch (C1)
2:00 Java Music Club (AR)
2:15 Catholic Mass (C1)
3:30 Walking Program

20
10:00 Bus Outing: Scenic Drive
2:00 Birthday Party with Pancho & Sal (MDR)
4:00 Personal Visits

21
10:00 Fitness 'n' Fun (MDR)
10:45 Walking Program
3:30 Volunteer Appreciation Social (MDR)
3:45 Music Circle
7:00 Short Stories (MDR)

22
10:00 Community News (MDR)
10:30 Fitness 'n' Fun (MDR)
11:00 Crosswords (MDR)
2:00 BINGO (MDR)
4:00 Rolls & Strolls (CY)

23
10-4 Sensory Stimulation (C1)
10:00 Town Hall News (MDR)
10:30 Bowling (MDR)
2:00 Tea Social & Reminiscing (MDR)
4:00 Personal Visits



EARTH DAY

24
10:00 Fitness 'n' Fun (MDR)
10:45 Easter Trivia & Fun Facts (MDR)
11:30 Personal Visits
2:00 Music with Douglas (MDR)
3:30 Walking Program

25
10:00 Fitness 'n' Fun (MDR)
10:45 Coffee Corner (HL)
2:00 Travelling Tuck Shop
2:30 Arts & Crafts (MDR)
4:00 Rolls & Strolls (CY)

26
10:00 Fitness 'n' Fun (MDR)
10:30 Catholic Communion
10:45 Fun Facts (MDR)
2:00 Music with Hans (MDR)
3:30 Walking Program
7:00 BINGO (MDR)

27
10:00 Bus Outing: Scenic Drive
2:00 Wellness Spa (AR)
4:00 Personal Visits
7:00 Inspirational Service with Chaplain Dan (MDR)

28
10:00 Fitness 'n' Fun (MDR)
10:45 Walking Program
1:15 Pet Visits with Niko
2:30 Baking Treats (AR)
3:45 Music Circle (MDR)
7:00 Pub Night with Mike Kinal (MDR)

29
10:00 Community News (MDR)
10:30 Fitness 'n' Fun (MDR)
11:00 Sing-A-Long (MDR)
2:00 Java Music Club (AR)
4:00 Rolls & Strolls (CY)

30
10:00 Town Hall News (MDR)
10:30 Ladder Ball (MDR)
3:30 Rolls & Strolls (CY)

AgeCare Harmony Court Care Centre
7195 Canada Way Burnaby, BC
Reception: (604) 527-3300
Recreation: (604) 527-3328



LEGEND: MDR= Main Dining Room
AR= Activity Room (C2)
HL= Hearthstone Lounge (C1)
CY= Courtyard (Weather Permitting)

C1= Care 1st Floor
C2= Care 2nd Floor

Bold: Specialty Programs
Underlined: Volunteers
Italics: Theme Program