



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p><b>1</b></p> <p>10:00 Fitness 'n' Fun (MDR) 10:45 Rolls &amp; Strolls (CY) 11:30 Personal Visits <b>2:30 Evangelical Church Service</b> (MDR) 3:30 Walking Program</p>	<p><b>2</b></p> <p>10:00 Fitness 'n' Fun (MDR) 10:45 Coffee Corner (HL) 2:00 Travelling Tuck Shop 2:30 Arts &amp; Crafts (MDR) 4:00 Rolls &amp; Strolls (CY)</p>	<p><b>3</b></p> <p>10:00 Fitness 'n' Fun (MDR) 10:30 <u>Catholic Communion</u> 10:45 Puzzle Time (MDR) <b>2:30 Confederation Singers</b> (C2) 4:00 Walking Program</p>	<p><b>4</b></p> <p><b>9:30am -12:30pm Gardening in the Courtyard</b></p> <p>2:00 Wellness Spa (MDR) 4:00 Personal Visits</p> 	<p><b>5</b></p> <p>10:00 Fitness 'n' Fun (MDR) 10:45 Walking Program <b>2:00 Bus Outing: Scenic Drive</b> 4:00 Rec. Office Time 7:00 Short Stories (MDR)</p>	<p><b>6</b></p> <p>10:00 Community News (MDR) 10:30 Fitness 'n' Fun (MDR) 11:00 Sing-A-Long (MDR) 2:00 BINGO (AR) 4:00 Rolls &amp; Strolls (CY)</p>	<p><b>7</b></p> <p><b>10-4 Sensory Stimulation</b> (C1) 10:00 Town Hall News (MDR) 10:30 Bowling (MDR) 2:00 Tea Social &amp; Reminiscing (MDR) 4:00 Personal Visits</p>
<p><b>8</b></p> <p>10:00 Fitness 'n' Fun (MDR) 10:45 Spirit &amp; Soul (MDR) 11:15 Helping Hands (MDR) <i>12:00 Mother's Day Brunch</i> <b>2:00 Music with Douglas</b> (MDR) 3:30 Walking Program</p> <p><b>HAPPY MOTHER'S DAY</b></p>	<p><b>9</b></p> <p>10:00 Fitness 'n' Fun (MDR) 10:45 Sing-A-Long (MDR) 2:00 Travelling Tuck Shop 2:30 Arts &amp; Crafts (MDR) 4:00 Rolls &amp; Strolls (CY)</p>	<p><b>10</b></p> <p>10:00 Fitness 'n' Fun (MDR) 10:30 <u>Catholic Communion</u> 10:45 Fun Facts (MDR) <b>2:30 Mother's Day High Tea with Sheryl Greenfield</b> (C2) 4:00 Walking Program 7:00 BINGO (MDR)</p> 	<p><b>11</b></p> <p>10:00 Personal Visits <b>11:00 Lunch Outing: Taqueria Mexican</b> 2:00 Wellness Spa (C2) 4:00 Nails &amp; Polish (FL) <b>7:00 Inspirational Service with Chaplain Dan</b> (MDR)</p>	<p><b>12</b></p> <p>10:00 Fitness 'n' Fun (MDR) 10:45 Walking Program 2:00 Baking Treats (AR) <b>3:45 Music Circle</b> (MDR) 4:00 Rec. Office Time <b>7:00 Pub Night with Brian Zalo</b> (C1)</p>	<p><b>13</b></p> <p>10:00 Community News (MDR) 10:30 Fitness 'n' Fun (MDR) 11:00 Crosswords (MDR) 2:00 Java Music Club (MDR) 4:00 Rolls &amp; Strolls (CY)</p>	<p><b>14</b></p> <p>10:00 <i>Mexican Decorating</i> 10:30 Ladder Ball (MDR) 3:30 Rolls &amp; Strolls (CY)</p>
<p><b>15</b></p> <p>10:00 Fitness 'n' Fun (MDR) 10:45 Rolls &amp; Strolls (CY) 11:30 Personal Visits 2:00 Tea Social &amp; Trivia (MDR) 3:30 Walking Program</p> <p><i>Theme Week: Mexican Fiesta</i></p>	<p><b>16</b></p> <p>10:00 Balloon Volley (MDR) 10:45 Wellness Spa (MDR) 2:00 Travelling Tuck Shop <b>2:00 Music with Nancy</b> (MDR) 4:00 Rolls &amp; Strolls (CY)</p>	<p><b>17</b></p> <p>10:00 Fitness 'n' Fun (MDR) 10:45 <i>Mexico Fun Facts</i> (MDR) <b>12:00 ladies' Brunch</b> (C1) 2:00 Java Music Club (AR) <b>2:15 Catholic Mass</b> (C1) 3:30 Walking Program <b>Family Council Meeting 7:15pm</b></p>	<p><b>18</b></p> <p><b>10:00 Bus Outing: Scenic Drive</b> <b>2:00 Birthday Party with Steve Warner</b> (MDR) 4:00 Personal Visits</p>	<p><b>19</b></p> <p>10:00 Fitness 'n' Fun (MDR) 10:45 Walking Program 2:00 <i>Baking Chiros</i> (AR) <b>3:45 Music Circle</b> 4:00 Rec. Office Time 7:00 Short Stories (MDR)</p>	<p><b>20</b></p> <p>10:00 Community News (MDR) 10:30 Fitness 'n' Fun (MDR) 11:00 Sing-A-Long (MDR) <i>12:00 Victoria Day BBQ Lunch</i> <b>2:00 Mexican BINGO</b> (MDR) 4:00 Rolls &amp; Strolls (CY)</p>	<p><b>21</b></p> <p>10:00 Town Hall News (MDR) 10:30 Bowling (MDR) 2:00 Ice Cream Social (MDR) 4:00 Personal Visits</p>
<p><b>22</b></p> <p>10:00 Fitness 'n' Fun (MDR) 10:45 Spirit &amp; Soul (MDR) 11:15 Helping Hands (MDR) <b>2:00 Music with Douglas</b> (MDR) 3:30 Walking Program</p>	<p><b>23</b></p> <p>10:00 Balloon Volley (MDR) 10:45 Coffee Corner (HL) 2:00 Travelling Tuck Shop 2:30 Arts &amp; Crafts (MDR) 4:00 Rolls &amp; Strolls (CY)</p>	<p><b>24</b></p> <p><b>PAJAMA DAY</b></p> <p>10:00 Fitness 'n' Fun (MDR) 10:30 <u>Catholic Communion</u> 10:45 Puzzle Time (MDR) <i>12:00 Special Waffle Lunch</i> <b>2:00 Music with Hans</b> (MDR) 3:30 Walking Program 7:00 BINGO (MDR)</p> 	<p><b>25</b></p> <p><b>10:00 Bus Outing: Scenic Drive</b> <b>2:00 Special Birthday Party for Shirley Haigh</b> (MDR) 4:00 Nails &amp; Polish <b>7:00 Inspirational Service with Chaplain Dan</b> (MDR)</p>	<p><b>26</b></p> <p>10:00 Fitness 'n' Fun (MDR) 10:45 Walking Program 2:00 Baking Treats (AR) <b>3:45 Music Circle</b> <b>7:00 Pub Night with Neil Harnett</b> (MDR)</p>	<p><b>27</b></p> <p>10:00 Community News (MDR) 10:30 Fitness 'n' Fun (MDR) 11:00 Crosswords (MDR) 2:00 Java Music Club (MDR) 4:00 Rolls &amp; Strolls (CY)</p>	<p><b>28</b></p> <p><b>10-4 Sensory Stimulation</b> (C1) 10:00 Town Hall News (MDR) 10:30 Ladder Ball (MDR) 3:30 Rolls &amp; Strolls (CY)</p>
<p><b>29</b></p> <p>10:00 Fitness 'n' Fun (MDR) 10:45 Rolls &amp; Strolls (CY) 11:30 Personal Visits 2:00 Tea Social &amp; Trivia (MDR) 3:30 Walking Program</p>	<p><b>30</b></p> <p>10:00 Balloon Volley (MDR) 10:45 Wellness Spa (MDR) 2:00 Travelling Tuck Shop 2:30 Arts &amp; Crafts (MDR) 4:00 Rolls &amp; Strolls (CY)</p>	<p><b>31</b></p> <p>10:00 Fitness 'n' Fun (MDR) 10:30 <u>Catholic Communion</u> 10:45 Helping Hands (MDR) <b>12:00 Men's Brunch</b> (C1) 2:00 Java Music Club (AR) 3:30 Walking Program</p>	 <p><b>May 2016</b> <i>2nd Floor Wedgewood</i></p>			

**AgeCare Harmony Court Care Centre**  
7195 Canada Way Burnaby, BC  
Reception: (604) 527-3300  
Recreation: (604) 527-3328



**Weekly Pet Visits with Smokey**

**LEGEND:** MDR= Main Dining Room  
AR= Activity Room (C2)  
HL= Hearthstone Lounge (C1)  
CY= Courtyard (Weather Permitting)

C1= Rosewood  
1<sup>st</sup> floor

**Bold:** Specialty Programs  
Underlined: Volunteers  
*Italics:* Theme Program