

**LEGEND** FL = Fireside Lounge 1<sup>st</sup> Floor GR = Garden Room 1<sup>st</sup> Floor GRC = Garden Room Courtyard  
 4<sup>th</sup> FL- DR = 4<sup>th</sup> Floor Dining Room G = Games Room 3<sup>rd</sup> Floor CY = Centre Court Yard  
 CC1 = Care Centre 1<sup>st</sup> Floor L = Library on 2<sup>nd</sup> Floor AR = Activity Room (3<sup>rd</sup> Floor)  
 FC = Fitness Centre 3<sup>rd</sup> Floor Red = Volunteer Run Programs SU = Sign Up



Harmony Court Estate ~ 7197 Canada Way ~ Burnaby, BC V5E 4A6  
 Reception: (604) 527-3300 ~ Recreation: (604) 528-8584

**Personal Fitness: 8:00 am -11:00am Tuesday, Thursday Saturday (FC)**

SUN	MON	TUE	WED	THU	FRI	SAT																								
<h1>SEPTEMBER 2016</h1>																														
1	2	3	4	5	6	7																								
8	9	10	11	12	13	14																								
15	16	17	18	19	20	21																								
22	23	24	25	26	27	28																								
29	30	31																												
9:30 Ladies Breakfast (4 <sup>th</sup> FL-DR) (SU) 12:30 Tuck Shop (FL) 2:00 Crib Club (FL)  2:30 Bus Outing: New Westminster Farmers Market at Tipperary Park (SU)	10:30 Fitness 'n' Fun (AR)  2:30 Game Day: Crazy Eights (FL)	2:30 Expressive Art Program (AR)  7:30 Movie Night: A Beautiful Mind (AR)		<b>LABOUR DAY!</b>  	12:30 Tuck Shop (FL) 2:30 Education Seminar: Flu Season (AR) 4:00 Crosswords (FL) 7:30 Pub Night and 50/50 Draw with Poncho and Sal (GR)	9:30 News & Views (FL) 10:30 St. Albans Daycare Intergenerational Visit (AR)  2:30 Resident Update and Voting for Resident Council (AR) 4:00 Crosswords (FL)	10:30 Bus Outing: Shopping and lunch outing to Royal City Mall (SU)  12:30 Tuck Shop (FL) 2:00 Crib Club (FL) 2:30 NO Music Circle 4:00 Philosopher's Café: What if You could turn back time? (AR)	10:30 Fitness 'n' Fun (AR)  2:30 New Resident Tea with Gail Penny (GR)  7:30 Movie Night: Gran Torino (AR)	2:30 Private Function (GR)	10-3 Donna's Crafts and Bake Sale (FL)	10:00 Bus Outing: Lunch Outing to Tim Hortons (\$10) and a Visit to Westminster Abbey Mission (SU)	9:30 News & Views (FL) 12:30 Tuck Shop (FL)  2:30 Fancy Farewell Tea Party for Paula with Music by Peter the Sax Man (GR)  7:30 Movie Night: The BBC The Story of Wales PT 3 (AR)	9:30 News & Views (FL) 10-3 Euro Design (FL) 10:30 Fitness 'n' Fun (AR) 2:30 Bingo (AR) 3:30 Wii Bowling (AR) 4:00 Crosswords (FL) 7:30 Chaplain Dan (AR)	10:30 St. Albans Anglican Church Service (AR) 11:30 Men's Lunch Club (4 <sup>th</sup> FL-DR) (SU) 12:30 Tuck Shop (FL) 2:00 Crib Club (FL) 2:30 Music Circle with Birgit (AR) 5:00 Bus Outing: Bard on the Beach: The Merry wives of Windsor	<b>TERRY FOX FUNDRAISER</b> 11:30 to 1:30- BBQ Chili Dog or Cheeseburger with Root beer Float (\$5 donation) 1:30 to 2:30- live music, games, and hair dyed or shaved 2:30 to 3:30 - Management having heads shaved or dyed and 50/50 draw	2:30 Expressive Art Program (AR)  7:30 Movie Night: Harry Brown (AR)	2:30 Hymn Singing (GR)  	10:30 Bus Outing: Picnic Lunch to Stanley Park (SU)  2:30 Wii Bowling (AR)  3:30 Open Readings or Poetry (L)	10:30 Simple Hearing Solutions (4 <sup>th</sup> FL-DR) 12:30 Tuck Shop (FL) 2:15 Catholic Mass (CC1) 2:30 Armchair Travel: Planet Earth Ice Worlds (AR) 4:00 Crosswords (FL) 7:30 Pub Night and 50/50 Draw with Ron Ulrich (GR)	9:30 News & Views (FL) 10:30 Fitness 'n' Fun (AR) 2:30 Bingo (AR) 3:30 Wii Bowling (AR) 4:00 Crosswords (FL)	9:30 News & Views (FL) 10:45 Bus Outing: Shadbolt Center Buffett Lunch with Classical Guitar Music (\$12) (SU) 12:30 Tuck Shop (FL) 1-3 Brite Smile Dentures (FL) 2:30 Music Circle with Birgit (AR) 4:00 Philosopher's Café: What if you were lost on a deserted island? (AR)	10:30 Fitness 'n' Fun (AR)  1:30 Burnaby Library (FL) 2:30 Book Club Review (AR) 3:30 Cocktail Hour (FL)  7:30 Movie Night: The Pursuit of Happiness (AR)			11:30 Bus Outing: Lunch Outing to the Old Spaghetti Factory New West (SU)(\$15)  2:30 Everyone is invited to a Farewell Ice Cream Social for Roxanne and Greg, hosted by their family (GR)	9:30 News & Views (FL) 11-3 Carda Creations (FL) 12:30 Tuck Shop (FL) 2:00 Residential Council Meeting (4 <sup>th</sup> FL DR) 3:30 Recreation Forum (AR)	9:30 News & Views (FL) 10:30 Fitness 'n' Fun (AR) 2:30 Bingo (AR) 3:30 Wii Bowling (AR) 4:00 Crosswords (FL) 7:30 Chaplain Dan (AR)	9:30 News & Views (FL) 12:30 Tuck Shop (FL)  2:30 Octoberfest Celebration with Slava (GR)  2:30 Music Circle with Birgit (AR)	10:30 Yoga with Beatte' (AR)  2:30 Birthday Party Social with Leo Ojuara GR	
SIGN UP SHEETS GO OUT																														