

RECREATION THERAPY CALENDAR – JANUARY 2018

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
1 	2 10:30 Fitness/Trivia WB 2:30 Crafts 2:30 Creative Pastime WB 4:00-5:00 Eden before Dinner Drinks FL 6:30 Armchair Travel CH	3 9:30-11:45 Music Therapy (Invite Only) 10:00 Therapeutic Fitness ER 10:30 Fitness for All ER 2:00 1:1 Visits WL 2:30 Story Hour WB 2:30 Men's Floor Hockey A 6:30 Fun-n-Games CH	4 10:00 Story Hour WL 10:30 5 Card Bingo WB 11:00 Keyboards with Stan CH 2:30 Maureene Byrne Ent Song & Stories A 6:30 Bingo CH	5 10:30 Shabbat A 10:30 Karaoke WB 1:20 Movie CH 2:30 Creative Pastimes WB 6:30 Trivia FL	6 2:00 Fun & Games CH	7 NO PROGRAMS
8 10:30 Sing A Long A 1:30 Fitness CH 2:00 1:1 Visit WL 2:00 Wood Decorating A 3:00 Linkages (Invite Only) 6:30 Name 5 Game FL	9 10:30 Fitness/Trivia WB 10:30 Mass CH 11:00 Veterans Legion Outing (Invite only) 2:00 Beauty Hour WB 2:30 Bingo CH 2:30 Sprout 'n' Grow A 3:00 The Nut Man 6:30 Armchair Travel CH	10 9:30-11:45 Music Therapy (Invite Only) 10:00 Therapeutic Fitness ER 10:30 Bridge A 10:30 Fitness for All ER 2:00 Heritage Tea ER 2:00 Creative Pastimes WL 2:00 Chess with Albert ER 2:30 Men's Group Occupations 6:30 Fun-n-Games CH	11 10:00 Story Hour WL 10:30 5 Card Bingo WB 10:30 Current Events CH 11:00 Keyboards with Stan CH 2:30 Boyd Nicols Ent A 6:30 Bingo CH	12 10:30 Shabbat A 10:30 Karaoke WB 10:30 Beauty Hour 2:30 Horse Racing w/ Bills A 6:30 Trivia FL	13 10:30 Natures Mysteries CH	14 10:30 Classical Piano with Erna A
15 10:30 Sing A Long A 10:30 5 Card Bingo WB 1:30 Fitness CH 2:00 1:1 Visit WL 2:00 Wood Decorating A 2:30 Social Club 3:00 Linkages (Invite Only) 6:30 PALS A	16 10:30 Fitness/Trivia WB 10:30 Mass CH 2:00 Sprout 'n' Grow A 2:30 Creative Pastime WB 2:30 Current Events (400) ER 4:00-5:00 Eden before Dinner Drinks FL 6:30 Armchair Travel CH	17 9:30-11:45 Music Therapy (Invite Only) 10:00 Therapeutic Fitness ER 10:30 Fitness for All ER 10:30 Bridge A 1:30 Bowling A 2:00 1:1 Visits WL 2:30 Story Hour WB 6:30 Fun-n-Games CH	18 10:00 Story Hour WL 10:30 5 Card Bingo WB 10:30 United Church Service CH 11:00 Keyboards with Stan CH 1:30 Dollar Store Outing (Invite Only) 2:30 1:1 Visits 6:30 Happy Hour CH	19 10:30 Shabbat A 10:30 Karaoke WB 1:20 Movie CH 2:30 Creative Pastimes WB 6:30 Trivia FL	20 10:30 Word Search CH	21 NO PROGRAMS
22 10:30 Sing A Long A 1:30 Fitness CH 2:00 1:1 Visit WL 2:00 Wood Decorating A 2:30 Social Club 3:00 Linkages (Invite Only) 6:30 Word Scramble FL	23 10:30 Fitness/Trivia WB 10:30 Mass CH 2:30 Beauty Hour 1:1 WB 2:30 Bingo CH 3:00 The Nutman 6:30 Armchair Travel CH	24 9:30-11:45 Music Therapy (Invite Only) 10:00 Therapeutic Fitness ER 10:30 Fitness for All ER 10:30 Anglican Church Service CH 10:30 Bridge A 2:00 Memorial Service FL 6:30 Fun-n-Games CH	25 10:00 Story Hour WL 10:30 5 Card Bingo WB 10:30 Current Events CH 11:00 Keyboards with Stan CH 2:30 The Good Timers A 6:30 Bingo CH	26 10:30 Chess with Albert 10:30 Shabbat A 10:30 Piano with Celia WB 10:30 Beauty Hour 10:30 Knitting Club 1:30 Palliser Tea CH 2:30 Creative Pastimes WB 6:30 Trivia FL	27 10:30 Crossword Puzzles CH 1:30 Music Appreciation CH	28 10:30 Guggenheim Game CH
29 10:30 Sing A Long 10:30 5 Card Bingo 1:30 Fitness 2:00 1:1 Visit WL 2:30 Social Club 2:30 Creative Pastimes WL 3:00 Linkages (Invite Only) 6:30 Name 5 Game	30 10:30 Fitness/Trivia 10:30 Mass 10:30 Story Hour 2:00 Sprout 'n' Grow 2:30 Creative Pastimes 2:30 Bingo 2:30 Name That Tune (400) 6:30 Armchair Travel	31 9:30-11:45 Music Therapy (Invite Only) 10:00 Therapeutic Fitness 10:30 Fitness for All 10:30 Bridge 1:30 Bowling 2:00 1:1 Visit WL 2:30 Story Hour 2:30 Men's Group Social Club 6:30 Fun-n-Games				

LEGEND

** See Daily White Board **WB** Woodbine **PH** Pumphill Alcove **WL** Woodlands **E** Eagleridge **CH** Chinook Hall **A** Atrium **FL** Fireplace Lounge **FR** Family Room

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RECREATION THERAPY SPECIAL ACTIVITIES FOR THE MONTH OF JANUARY

Jan 2	Eden before Dinner Drinks	Jan 15	Eden before Dinner Drinks
Jan 4	Keyboard with Stan	Jan 18	Keyboard with Stan
Jan 4	Maureene Byrne Ent Song & Stories	Jan 18	Dollar Store Outing (Invite Only)
Jan 9	Veterans Legion Outing (Invite Only)	Jan 18	Happy Hour
Jan 10	Heritage Tea	Jan 24	Memorial Service
Jan 11	Keyboards with Stan	Jan 25	Keyboards with Stan
Jan 11	Boyd Nicols Ent	Jan 25	The Good Timers
Jan 12	Horse Racing with Bills	Jan 26	Piano with Celia
Jan 14	Classical Piano with Erna		

Happy New Year and Welcome to 2018!

Come Join Us & Make a Difference

As January is the month when people make New Year's Resolutions, why not make it your Resolution to participate in something new in your Leisure life. How about volunteering at our Centre this year? If you have never done that before and want to make a difference in our resident's lives, we would love to have you here. We want our Residents to feel at home in their new community and you can help us do that. If you are interested in Volunteering, please contact the Volunteer Coordinator, Laura, at (403) 640-8742. We always need extra people for outings and in house programs or just to go around visiting and reminiscing with our amazing Residents.

Thank you!

Thank you to all the volunteers and families who came to help and enjoy the Christmas and Holiday season! It was a great success because of your participation! We would like to give a special Thank you to the Santa Secret Service and the Magic of Christmas organizations for their amazing generosity to our Residents. Thank you to the organizations who shared their music and other talents for the holiday season. Thank you to our staff in so many ways: Maintenance for the great tree, the kitchen staff for the Christmas food and caterings and everyone who helped deck the halls.

For our Senior's we will encourage them to try something new with us as we talk about New Year's Resolutions and Reminisce about the past!

If you have new clothing from Christmas, make sure everything gets labeled.

Have a wonderful new year and let's work together to make it great!

Keep washing those hands and stay home if you are sick. Let's try to keep any more outbreaks away.

If you have any program ideas for us or comments and concerns, please contact Chris in Recreation at cbannatyne@agecare.ca or call at (403) 640.8741.

If you would like to support the Beverly Auxiliary and/or the Friendship Garden Fund, you can make a donation by contacting Reception at (403) 253-8806

For your convenience, our activity calendars and newsletters are now available online at www.agecare.ca.