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 <h1 style="color: red;">February 2018</h1> <h2 style="color: red;">2nd Floor ~ Wedgewood</h2>				<p>1</p> <p>10:00 Fitness 'n' Fun (RC) 10:45 Walking Program 2:00 Wellness Spa (DW) 4:00 Music Circle (RC) 7:00 Pub Night with Brian Zalo (C1) </p>	<p>2</p> <p>10:00 News & Trivia (RC) 10:30 Fitness 'n' Fun (RC) 11:00 Helping Hands (RC) 2:00 Java Music Club (RC) 3:30 Rolls & Strolls</p> <p style="text-align: center;">GROUNDHOG DAY</p>	<p>3</p> <p>10-4 Sensory Stimulation (C1)</p> <p>10:00 Town Hall News (RC) 10:30 Bowling (RC) 4:00 Personal Visits</p>	<p>4</p> <p>10:00 Fitness 'n' Fun (RC) 10:45 Sunday News: Current Events (RC) 2:30 Evangelical Church Service (RC)  3:30 Super Bowl LII (RC) 3:30 Walking Program Super Bowl Sunday</p>	<p>5</p> <p>10:00 Fitness 'n' Fun (RC) 10:45 Rolls & Strolls 2:00 Travelling Tuck Shop 2:30 BINGO (DW) 4:00 Personal Visits</p>	<p>6</p> <p>10:00 Fitness 'n' Fun (RC) 10:45 Helping Hands (RC) 11:45 Ladies' Lunch (HL) 2:30 Flower Arranging (DW) 3:30 Walking Program</p>	<p>7</p> <p>10:00 Bus Outing: Scenic Trip 2:00 Birthday Party with Colleen Durdon (RC) 4:00 Personal Visits </p>	<p>8</p> <p>10:15 Wellness Spa (RC) 2:00 Creative Corner (DW) 4:00 Music Circle (RC) 7:00 BINGO (RC)</p>	<p>9</p> <p>10:00 Fitness 'n' Fun (RC) 10:30 Crosswords Puzzle (RC) 2:00 Active Game (RC) 3:30 Rolls & Strolls 5:00 Olympic Opening Ceremony Winter Olympics Feb 9th - 25th </p>	<p>10</p> <p>10:00 Town Hall News (RC) 10:30 Bowling (RC) 2:00 Cocktail Hour (RC) 4:00 Nails & Polish</p>	<p>11</p> <p>10:00 Fitness 'n' Fun (RC) 10:45 Valentine's Decorating 2:00 Music with Douglas (RC) 3:30 Walking Program </p>	<p>12</p> <p>10:00 Fitness 'n' Fun (RC) 10:45 Rolls & Strolls 2:30 Performance with Agnus Piano Studio Students (RC) 4:00 Travelling Tuck Shop</p> <p style="text-align: center;">BC FAMILY DAY</p>	<p>13</p> <p>10:00 Balloon Volley (RC) 10:45 Coffee Corner (RC) 2:00 Pancake Party (DW) 4:00 Walking Program 7:00 Short Stories</p> <p style="text-align: center;">PANCAKE TUESDAY</p>	<p>14</p> <p>10:15 Food for Thought: Sugar (RC) 2:00 Valentine's Tea with Martin Adcock (C2) 4:00 Personal Visits 7:00 Inspirational Service with Chaplain Dan (RC)</p> <p style="text-align: center;">VALENTINE'S DAY</p>	<p>15</p> <p>10:00 Fitness 'n' Fun (RC) 10:45 Walking Program 2:00 Wellness Spa (DW) 4:00 Music Circle (RC) 7:00 Valentine's BINGO (RC)</p>	<p>16</p> <p>10:00 News & Trivia (RC) 10:30 Fitness 'n' Fun (RC) 11:00 Sing-A-Long (RC) 2:00 Bowling (RC) 3:30 Rolls & Strolls</p> <p style="text-align: center;"> HAPPY CHINESE NEW YEAR</p>	<p>17</p> <p>10-4 Sensory Stimulation (C1)</p> <p>10:15 Music with Glenn Williams (RC) 4:00 Personal Visits </p>	<p>18</p> <p>10:00 Fitness 'n' Fun (RC) 10:45 Fun Facts & Trivia (RC) 2:00 Chinese Tea Social & Reminiscing (RC) 3:30 Walking Program</p>	<p>19</p> <p>10:30 Performance with The Chinese Evergreen Dancers (RC) 2:00 Travelling Tuck Shop 2:30 BINGO (DW) 4:00 Personal Visits</p>	<p>20</p> <p>10:00 Fitness 'n' Fun (RC) 10:45 Helping Hands (RC) 11:45 Men's Lunch (HL) 2:15 Catholic Mass (C1)  2:30 Active Game (RC) 3:30 Walking Program</p>	<p>21</p> <p>10:00 Sing Along (RC) 11:00 Bus Outing: Lunch at Burnaby Palace Chinese 4:00 Personal Visits</p>	<p>22</p> <p>10:00 Fitness 'n' Fun (RC) 10:45 Walking Program 2:00 Baking Treats (DW) 4:00 Music Circle (RC) 7:00 Pub Night with Clearly Classic (DW)</p>	<p>23</p> <p>10:00 Fitness 'n' Fun (RC) 10:30 Crosswords Puzzle (RC) 2:00 Java Music Club (RC) 3:30 Rolls & Strolls</p>	<p>24</p> <p>10:00 Town Hall News (RC) 10:30 Bowling (RC) 2:00 Tea Social & Reminiscing (RC) 4:00 Nails & Polish</p>	<p>25</p> <p>10:00 Fitness 'n' Fun (RC) 10:45 Spirit & Soul (RC) 2:00 Music with Douglas (RC) 3:30 Walking Program </p>	<p>26</p> <p>10:00 Fitness 'n' Fun (RC) 10:45 Rolls & Strolls 2:00 Travelling Tuck Shop 2:30 BINGO (DW) 4:00 Nails & Polish</p>	<p>27</p> <p>10:00 Balloon Volley (RC) 10:45 Coffee Corner (RC) 2:00 Music with Nancy (RC) 4:00 Walking Program 7:00 Short Stories</p>	<p>28</p> <p>10:00 Bus Outing: Scenic Trip 2:00 Performance with Melodares Choir (RC) 4:00 Personal Visits 7:00 Inspirational Service with Chaplain Dan (RC)</p>	<p style="text-align: center;"> PyeongChang 2018</p>	<p style="text-align: center;"> YEAR of the DOG</p>	<p style="text-align: center;"> <i>Happy Valentine's Day</i></p>
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AgeCare Harmony Court Care Centre
7195 Canada Way Burnaby, BC
Reception: (604) 527-3300
Recreation: (604) 527-3328



LEGEND: RC = Red Cedar Dining Room
DW = Dogwood Dining Room
HL = Hearthstone Lounge (C1)
CY = Magnolia Courtyard (Weather Permitting)
FG = Friendship Garden (Weather Permitting)

C1 = 1st floor Rosewood
Bold = Specialty Programs
Underlined = Volunteers
Italics = Themed Programs