

Sunday

Monday

Tuesday








Wednesday

Thursday

Friday

Saturday

RETIREMENT LIVING SEPTEMBER 2018

							1 9:30 Morning Movement 3 rd fl 10:30 Inspirational Reading, Reminiscing, Discussion about Grandparents Rec Room
2  September 20 th 10:00 -1130 AM- in Rec Room- donations will be accepted	3 <i>Happy Labor Day Weekend</i>	4 10:00 Painting Rec Room 2:00 Baking Rec Room 6:30 Music by Just for Fun Band 2 nd fl	5 9:30 Stay-Fit 3 rd fl 10:30 Let's Play Jeopardy Rec Room 3 rd fl 2:00 2 nd fl 	6 9:30 Knit & Knatter Group-Library 10:30 Drum Circle 2 nd fl 2:00 Table Games & Coffee Rec Room	7 9:30 Chair Fitness 3 rd fl 10:30 Word Games Rec Room 2:00 Ice Cream Social with Russell Shearer Band 2 nd fl	8 9:30 Move It 3 rd fl 10:30 Creating Collages Rec Room	
9  HAPPY GRANDPARENTS DAY!	10 10:15 Bobby Dazzlers 2 nd fl 1:00-3:00 Excursion to Wal-Mart with Valleyview vehicles-sign-up sheets will be posted-the first 7 people to sign up will have a reserved seat.	11 10:00 Church Service 3 rd fl 2:00 Baking Rec Room 6:30 Music by Melody & Song Band 2 nd fl	12 2:00 2 nd fl 	13 9:30 Knit & Knatter-Group-Library 10:00 R.C.Mass 3 rd fl 2:00 Tea/Coffee Time Rec Room/patio	14 9:30 AM Fitness 3 rd fl 10:30 Word Games Rec Room 2:00 September Birthday Party with Kountry Friends Band 2 nd fl	15 9:30 Morning Workout 3 rd fl 10:30 Finding Solutions Group-You Be the Judge/Dear Abby/Do You Believe/20 Questions/True & False/ Trivia Rec Room	
16  HAPPY BIRTHDAY everyone born in the month SEPTEMBER	17 10:15 Parachute Games 2 nd fl 2:00 Card Bingo Rec Room	18 10:00 Bible Study 3 rd fl 2:00 Baking Rec Room 6:30 Music by Family Circle Band 2 nd fl	19 9:30 Chair-Fit 3 rd fl 10:30 Retirement Living Resident Council Meeting 3 rd fl 2:00 2 nd fl 	20 Wear Purple today in honor of Alzheimer's disease 9:30 Knit & Knatter Group-Library 10:00-11:30 <u>Alzheimer's Coffee Break & Knit & Knatter Resident handiwork SALE squares, coffee, information sharing. Donations accepted-.Rec Room</u>	21 9:30 Morning Fitness 3 rd fl 10:30 Word Games Rec Room 2:00 Ice Cream Social with music by Silver Sage Band 2 nd fl	22 9:30 Move & Groove 3 rd fl 10:30 Painting Rec Room	
23 Lois C.-Sept 18 Alice K.-Sept 26	24 11:30-1:30 Excursion to the Legion for Lunch with the bus-sign-up sheets will be posted	25 10:00 Reminiscent Group Rec Room 2:00 Baking Rec Room 6:30 Music by Phil 2 nd fl	26 10:30 <u>Chef Demo-</u> Theme Birthday Parties Rec Room 2:00 2 nd fl 	27 9:30 Knit & Knatter Group-Library 10:00 R.C.Mass 3 rd fl 2:00 Cards & Coffee Rec Room	28 9:30 Physical Fitness 3 rd fl 10:30 Word Games Rec Room 2:00 Ice Cream Social with music by We Three Band	29 9:30 Morning Exercises 3 rd fl 10:30 News & Views/ Current Events/ Coffee Talk/ Rec Room 30 Volunteers Please sign-in at Reception Desk	