

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

# November 2019

## 1st Floor ~ Rosewood



REMEMBRANCE DAY  
*Left We Forget*



<p>10:00 Fitness 'n' Fun (MR) 10:45 Activities for the Soul (MR) 11:00 Walking Club <b>2:00 Expressive Art Therapy (HL)</b> 4:00 Sing Along with ElderSong (FL) 7:00 Nails &amp; Polish (FL)</p> <p><b>Daylight Savings Time ends</b></p>	<p>10:00 Word Games (MR) 10:30 Fitness 'n' Fun (MR) 11:00 Walking Club 1:30 Travelling Tuck Shop 2:00 Creative Corner (HL) 4:00 Balloon Volley (FL) 7:00 BINGO (MR)</p>	<p>10:00 Town Hall News (MR) 10:30 Fitness 'n' Fun (MR) 11:00 Walking Club <b>1:30 1:1 Music Therapy</b> <b>2:00 Ukrainian Music &amp; Dance Performance (C2)</b> 4:00 Walking Club (CY) 7:00 Hot Cider Social (FL)</p>	<p><b>10:00 Bus Outing: Scenic Trip</b> 10:15 Word Games (MR) 10:30 Fitness 'n' Fun (MR) 11:00 Walking Club 2:00 Crossword Puzzle (MR) 4:00 Active Game (FL) 7:00 Documentary Film (FL)</p>	<p>10:00 Town Hall News (MR) 10:30 Fitness 'n' Fun (MR) 11:00 Walking Club 2:30 Baking Treats (HL) 4:00 Nails &amp; Polish (FL) 7:00 BINGO (MR)</p>	<p>10:00 Fun Facts &amp; Trivia (MR) 10:30 Active Game (MR) 11:00 Walking Club 3:00 Personal Visits 4:00 Bowling (FL) 7:00 Movie Night &amp; Popcorn (FL)</p>	<p><b>10-4 Sensory Stimulation (HL)</b> 10:00 Mental Aerobics (MR) 10:30 Fitness 'n' Fun (MR) 11:00 Walking Club 4:00 Active Game (FL) 7:00 Puzzles &amp; Table Games (MR)</p>
<p>10:00 Fitness 'n' Fun (MR) 10:45 Activities for the Soul (MR) 11:00 Walking Club 4:00 Sing Along with ElderSong (FL) 7:00 Nails &amp; Polish (FL)</p>	<p>10:00 Word Games (MR) <i>10:45 Remembrance Day Ceremony on TV</i> 1:30 Travelling Tuck Shop 2:00 Creative Corner (HL) 4:00 Balloon Volley (FL) 7:00 BINGO (MR)</p> <p><b>REMEMBRANCE DAY</b></p>	<p>10:00 Sing Along with Sera (MR) 10:30 Fitness 'n' Fun (MR) <b>11:45 Ladies' Lunch (HL)</b> <b>1:30 1:1 Music Therapy</b> 2:30 Wellness Spa (HL) 4:00 Walking Club (CY) <b>7:00 Pub Night with Brian Gimbel (MR)</b></p>	<p><b>10:00 Bus Outing: Charlie's Chocolate Factory</b> 10:15 Word Games (MR) 10:30 Fitness 'n' Fun (MR) 11:00 Walking Club 2:00 Crossword Puzzle (MR) 4:00 Active Game (FL) <b>6:30 Inspirational Service with Chaplain Dan (FL)</b></p>	<p>10:00 Town Hall News (FL) 10:30 Fitness 'n' Fun (FL) 11:00 Walking Club 2:30 Baking Treats (HL) 4:00 Nails &amp; Polish (FL) <b>7:00 Eva &amp; Lana's Student Piano Recital (MD)</b></p>	<p>10:00 Fun Facts &amp; Trivia (MR) 10:30 Active Game (MR) 11:00 Walking Club <b>2:00 Armchair Travel (MD)</b> 4:00 Bowling (FL) 7:00 Movie Night &amp; Popcorn (FL)</p>	<p><b>10-4 Sensory Stimulation (HL)</b> 10:00 Mental Aerobics (MR) 10:30 Fitness 'n' Fun (MR) 11:00 Walking Club 4:00 Active Game (FL) 7:00 Puzzles &amp; Table Games (MR)</p>
<p>10:00 Fitness 'n' Fun (MR) 10:45 Activities for the Soul (MR) 11:00 Walking Club <b>2:00 Expressive Art Therapy (HL)</b> 4:00 Sing Along with ElderSong (FL) 7:00 Nails &amp; Polish (FL)</p>	<p>10:00 Word Games (MR) 10:30 Fitness 'n' Fun (FL) 11:00 Walking Club 1:30 Travelling Tuck Shop <b>2:00 Tea Social with Glenn Williams (MR)</b> 4:00 Balloon Volley (FL) 7:00 BINGO (MR)</p>	<p>10:00 Town Hall News (MR) 10:30 Fitness 'n' Fun (MR) 11:00 Walking Club <b>1:30 1:1 Music Therapy</b> <b>2:15 Catholic Mass (MR)</b> 2:30 Short Stories (HL) 4:00 Walking Club (CY) 7:00 Hot Cocoa Social (FL)</p>	<p><b>10:00 Bus Outing: Scenic Trip</b> 10:15 Word Games (MR) 10:30 Fitness 'n' Fun (MR) 11:00 Walking Club <b>2:00 Birthday Party with Peter Montgomery (C2)</b> 4:00 Active Game (FL) 7:00 Documentary Film (FL)</p>	<p>10:00 Town Hall News (MR) 10:30 Fitness 'n' Fun (MR) 11:00 Walking Club <b>2:00 Christmas Decorating</b> 4:00 Nails &amp; Polish (FL) 7:00 BINGO (MR)</p>	<p>10:00 Fun Facts &amp; Trivia (MR) 10:30 Active Game (MR) 11:00 Walking Club 2:30 Java Music Club (HL) 4:00 Bowling (FL) 7:00 Movie Night &amp; Popcorn (FL)</p>	<p>10:00 Mental Aerobics (MR) 10:30 Fitness 'n' Fun (MR) 11:00 Walking Club 4:00 Active Game (FL) 7:00 Puzzles &amp; Table Games (MR)</p>
<p>10:00 Fitness 'n' Fun (MR) 10:45 Activities for the Soul (MR) 11:00 Walking Club 4:00 Sing Along with ElderSong (FL) 7:00 Nails &amp; Polish (FL)</p>	<p>10:00 Word Games (MR) 10:30 Fitness 'n' Fun (MR) 11:00 Walking Club 1:30 Travelling Tuck Shop <b>2:00 Christmas Flower Arranging (MR)</b> 4:00 Balloon Volley (FL) 7:00 BINGO (MR)</p>	<p>10:00 Town Hall News (MR) 10:30 Fitness 'n' Fun (MR) <b>11:45 Men's Lunch (HL)</b> <b>1:30 1:1 Music Therapy</b> <b>2:00 Christmas Decorating</b> 4:00 Walking Club (CY) <b>7:00 Pub Night with Mike Kinal (C2)</b></p>	<p>10:00 Word Games (MR) 10:30 Fitness 'n' Fun (MR) <b>11:00 Bus Outing: Lunch at Gillnetter Pub</b> 11:00 Walking Club 2:00 Crossword Puzzle (MR) 4:00 Active Game (FL) <b>6:30 Inspirational Service with Chaplain Dan (FL)</b></p>	<p>10:00 Town Hall News (MR) 10:30 Fitness 'n' Fun (MR) 2:30 Baking Treats (HL) 4:00 Nails &amp; Polish (FL) 7:00 BINGO (MR)</p>	<p>10:00 Fun Facts &amp; Trivia (MR) 10:30 Active Game (MR) 11:00 Walking Club 3:00 Personal Visits 4:00 Bowling (FL) 7:00 Movie Night &amp; Popcorn (FL)</p>	<p>10:00 Mental Aerobics (MR) 10:30 Fitness 'n' Fun (MR) 11:00 Walking Club 4:00 Active Game (FL) 7:00 Puzzles &amp; Table Games (MR)</p>

**AgeCare Harmony Court Care Centre**  
7195 Canada Way Burnaby, BC  
1st Floor Nurse Station: (604) 527-3320  
Recreation: (604) 527-3328

**Remembrance Ceremony**  
10:15 AM  
Friday, November 8th  
2nd fl. Main Dining Rm.

**LEGEND:** MR= Magnolia Dining Room  
HL= Hearthstone Lounge  
FL= Fireside Lounge  
CY= Magnolia Courtyard (Weather Permitting)  
FG = Friendship Garden (Weather Permitting)

C2 = 2<sup>nd</sup> floor Wedgewood  
**Bold** = Specialty Programs  
Underlined = Volunteers  
*Italics*: Themed Programs