















Sunday **Monday** **Tuesday** **Wednesday** **Thursday** **Friday** **Saturday**

February 2020

1st Floor ~ Rosewood

<p style="text-align: center;">2</p> <p>10:00 Fitness 'n' Fun (MR) 10:45 Activities for the Soul (MR) 11:00 Walking Club 4:00 Sing Along with ElderSong (FL) 7:00 Nails & Polish (FL)</p> <p style="text-align: center;">GROUNDHOG DAY</p>	<p style="text-align: center;">3</p> <p>10:00 Word Games (MR) 10:30 Fitness 'n' Fun (MR) 11:00 Walking Club 1:30 Travelling Tuck Shop 2:00 Tea Social with Glenn Williams (MR) 4:00 Balloon Volley (FL)  7:00 Puzzles & Table Games (MR)</p>	<p style="text-align: center;">4</p> <p>10:00 Town Hall News (MR) 10:30 Fitness 'n' Fun (MR) 11:00 Walking Club 11:45 Ladies' Brunch (HL) 1:30 Music Therapy 2:30 Wellness Spa (HL)  4:00 Walking Club (CY) 7:00 BINGO</p>	<p style="text-align: center;">5</p> <p>10:00 Word Games (MR) 10:30 Fitness 'n' Fun (MR) 11:00 Bus Outing: Lunch at Chinese Restaurant 2:30 Crossword Puzzle (MR) 4:00 Active Game (FL) 7:00 Musical Film (FL)</p>	<p style="text-align: center;">6</p> <p>10:00 Town Hall News (MR) 10:30 Fitness 'n' Fun (MR) 11:00 Walking Club 2:00 Table Games (MD) 4:00 Nails & Polish (FL) 7:00 Walking Club</p>	<p style="text-align: center;">7</p> <p>10:00 Fun Facts & Trivia (MR) 10:30 Active Game (MR) 11:00 Walking Club 2:30 Library Visits 2:30 Java Music Club (HL) 4:00 Bowling (FL) 7:00 Movie Night & Popcorn (FL)</p>	<p style="text-align: center;">8</p> <p>10-4 Sensory Stimulation (HL)  10:00 Mental Aerobics (MR) 10:30 Fitness 'n' Fun (MR) 11:00 Walking Club 4:00 Active Game (FL) 7:00 BINGO</p>
<p style="text-align: center;">9</p> <p>10:00 Fitness 'n' Fun (MR) 10:45 Activities for the Soul (MR) 11:00 Walking Club 4:00 Sing Along with ElderSong (FL) 7:00 Nails & Polish (FL)</p>	<p style="text-align: center;">10</p> <p>10:00 Word Games (MR) 10:30 Fitness 'n' Fun (MR) 11:00 Walking Club 1:30 Travelling Tuck Shop 2:00 Flower Arranging (MD) 4:00 Balloon Volley (FL) 7:00 Puzzles & Table Games (MR)</p>	<p style="text-align: center;">11</p> <p>10:00 Sing Along with Sera (MR) 10:30 Fitness 'n' Fun (MR) 11:00 Walking Club 1:30 Music Therapy 2:30 Wellness Spa (HL) 4:00 Walking Club (CY) 7:00 BINGO</p> <p style="text-align: center;"></p>	<p style="text-align: center;">12</p> <p>10:00 Bus Outing: Scenic Trip 10:15 Word Games (MR) 10:30 Fitness 'n' Fun (MR) 11:00 Walking Club  2:30 Valentine's Tea Social with Brian Gimbel (C2) 4:00 Active Game (FL) 6:30 Inspirational Service with Chaplain Dan (FL)  7:00 Documentary Film (FL)</p>	<p style="text-align: center;">13</p> <p>10:00 Town Hall News (FL) 10:30 Fitness 'n' Fun (FL) 11:00 Walking Club 2:00 Baking Treats (HL) 4:00 Nails & Polish (FL) 7:00 Pub Night with Mike Sanyshyn (MR) </p>	<p style="text-align: center;">14</p> <p>10:00 Fun Facts & Trivia (MR) 10:30 Active Game (MR) 11:00 Walking Club <i>2:00 Valentine's Sing Along</i> 4:00 Bowling (FL)  7:00 Movie Night & Popcorn (FL)</p> <p style="text-align: center;">HAPPY VALENTINE'S DAY</p>	<p style="text-align: center;">15</p> <p>10-4 Sensory Stimulation (HL)  10:00 Mental Aerobics (MR) 10:30 Fitness 'n' Fun (MR) 11:00 Walking Club 4:00 Active Game (FL) 7:00 BINGO</p>
<p style="text-align: center;">16</p> <p>10:00 Fitness 'n' Fun (MR) 10:45 Activities for the Soul (MR) 11:00 Walking Club 2:00 Expressive Art Therapy (HL)  4:00 Sing Along with ElderSong (FL) 7:00 Nails & Polish (FL)</p>	<p style="text-align: center;">17</p> <p>10:00 Sing Along with Sera 10:30 Fitness 'n' Fun (FL) 11:00 Walking Club 1:30 Travelling Tuck Shop 2:00 Creative Corner (HL) 4:00 Balloon Volley (FL) 7:00 Puzzles & Table Games (MR)</p> <p style="text-align: center;">FAMILY DAY</p>	<p style="text-align: center;">18</p> <p>10:00 Town Hall News (MR) 10:30 Fitness 'n' Fun (MR) 11:00 Walking Club  11:45 Men's Brunch (HL) 1:30 Music Therapy 2:15 Catholic Mass (MR) 2:30 Short Stories (HL)  4:00 Walking Club (CY) 7:00 BINGO</p>	<p style="text-align: center;">19</p> <p>10:00 Bus Outing: Scenic Trip 10:15 Word Games (MR) 10:30 Fitness 'n' Fun (MR)  11:00 Walking Club 2:15 Birthday Party with Brian Pickering (C2) 4:00 Active Game (FL) 7:00 Musical Film (FL)</p>	<p style="text-align: center;">20</p> <p>10:00 Town Hall News (MR) 10:30 Fitness 'n' Fun (MR) 11:00 Walking Club 2:00 Baking Treats (HL) 4:00 Nails & Polish (FL) 7:00 Walking Club</p>	<p style="text-align: center;">21</p> <p>10:00 Fun Facts & Trivia (MR) 10:30 Active Game (MR) 11:00 Walking Club 2:30 Java Music Club (HL) 4:00 Bowling (FL) 7:00 Movie Night & Popcorn (FL)</p>	<p style="text-align: center;">22</p> <p>10:00 Mental Aerobics (MR) 10:30 Fitness 'n' Fun (MR) 11:00 Walking Club 4:00 Active Game (FL) 7:00 BINGO</p>
<p style="text-align: center;">23</p> <p>10:00 Fitness 'n' Fun (MR) 10:45 Activities for the Soul (MR) 11:00 Walking Club 4:00 Sing Along with ElderSong (FL) 7:00 Nails & Polish (FL)</p>	<p style="text-align: center;">24</p> <p>10:00 Sing Along with Sera 10:30 Fitness 'n' Fun (MR) 11:00 Walking Club 1:30 Travelling Tuck Shop 2:00 Creative Corner (HL) 4:00 Balloon Volley (FL) 7:00 Puzzles & Table Games (MR)</p>	<p style="text-align: center;">25</p> <p>10:00 Town Hall News (MR) 10:30 Fitness 'n' Fun (MR) 11:00 Walking Club 1:30 Music Therapy 2:30 Wellness Spa (HL) 4:00 Walking Club (CY) 7:00 BINGO</p> <p style="text-align: center;"></p>	<p style="text-align: center;">26</p> <p>10:00 Bus Outing: Scenic Trip 10:15 Word Games (MR) 10:30 Fitness 'n' Fun (MR) 11:00 Walking Club 2:00 Crossword Puzzle (MR) 4:00 Active Game (FL) 6:30 Inspirational Service with Chaplain Dan (FL)  7:00 Musical Film (FL)</p>	<p style="text-align: center;">27</p> <p>10:00 Town Hall News (MR) 10:30 Fitness 'n' Fun (MR) 11:00 Walking Club  2:00 Expressive Art Therapy (HL) 4:00 Nails & Polish (FL) 7:00 Pub Night with Mike Kinal (C2) </p>	<p style="text-align: center;">28</p> <p>10:00 Fun Facts & Trivia (MR) 10:30 Active Game (MR) 11:00 Walking Club 2:00 Table Games (HL) 4:00 Bowling (FL) 7:00 Movie Night & Popcorn (FL)</p>	<p style="text-align: center;">29</p> <p>10:00 Mental Aerobics (MR) 10:30 Fitness 'n' Fun (MR) 11:00 Walking Club 4:00 Active Game (FL) 7:00 BINGO</p>

AgeCare Harmony Court Care Centre
7195 Canada Way Burnaby, BC
1st Floor Nurse Station: (604) 527-3320
Recreation: (604) 527-3328

**Valentine's Tea Social
With Brian Gimbel
Wednesday, February 12th at 2:30**

LEGEND: MR= Magnolia Dining Room
HL= Hearthstone Lounge
FL= Fireside Lounge
CY= Magnolia Courtyard (Weather Permitting)
FG = Friendship Garden (Weather Permitting)

C2 = 2nd floor Wedgewood
Bold = Specialty Programs
Underlined = Volunteers
Italics: Themed Programs

LEAP YEAR
February 29th