

Program and Activity Sign Up Sheet



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	2	3	4 10:00 Strathmore Station Lunch Outing \$15.00 to \$20.00 3:00 Expressive Art \$5.00	5	6	7
8	9	10 1:30 Coffee at Tim Horton's \$5.00 to \$8.00	11 9:30 Banff & Lunch Community Outing \$25.00 to \$35.00	12 3:00 Expressive Art \$5.00	13	14
15	16 2:00 Men's Fellowship Group Activity Area	17 Fionn MacCool's Irish Pub Lunch Outing @ Cross Iron Mills \$15.00 to \$20.00	18 1:30 Coffee at Tim Horton's \$5.00 to \$8.00	19	20 3:00 Expressive Art \$5.00	21
22	23 10:00 Checkers Tournament Activity Zone 2:00 Golden Dames Women's Group Family Dining Room	24 11:30 KFC In House Lunch \$10.00	25	26	27	28
29 3:00 Expressive Art \$5.00	30	31				

*Residents must meet community outing policy requirements to actively participate in outing.

At Cost Programs (\$) require residents to have a trust account to participate. Cash will not be accepted. Prices are an estimate. Programs that require residents to sign up will be **BOLDED** on their neighbourhood program calendars.

March

2020

Sign Up Program Details

Resident Name: _____ Room Number: _____

Program Name: _____

Date of Program: _____

Guest Accompanying During Program: _____

Resident Name: _____ Room Number: _____

Program Name: _____

Date of Program: _____

Guest Accompanying During Program: _____

In House Meal Program Requirements and Restrictions

- Residents with a modified texture diet will need to be approved by registered dietitian and/or nurse on duty before attending program.
- Residents with any allergies associated with food being prepared or ordered in, will not attend in house meal.

Resident Trust Account Set Up

- Residents and/or family members can set up a trust account at reception.
- Trust account set up will put everyone's mind at ease; residents do not need to worry about carrying money with them to and from programs and all money is appropriately tracked and accounted for by recreation and administration staff.
- Residents are only charged for programs that are above and beyond general recreation services at SkyPointe.

Residents are encouraged to sign up for programs as soon as they are interested.

Residents are guaranteed at least **ONE** sign up program/month.

With a large community, the recreation team wants to ensure every resident is able to enjoy the recreation and leisure services offered at SkyPointe.

If you have any questions, concerns or comments, please stop by the recreation office or contact your recreation therapy manager, Marlee Dukart: p: 587-619-6317 e: mdukart@agecare.ca