

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
BIRTHDAYS Khurshid M. Sept. 1st Guiseppina G Sept. 12th Maybelle H. Sept. 20 th Connie D. Sept. 27th 	 PERFORMERS Colleen Durdon Cheek to Cheek Slava's Music and Dancing	1 9:00 Rolls & Strolls (CY) 10:00 Fitness 'n' Fun (MD) 10:30 Mental Aerobics (MD) 11:00 One to One Visits 2:30 Guitar & Singing (SD) 2:30 Creative Corner (MD) 7:30 Crossword Puzzle (MD)	2 9:00 Walking Program 10:00 Fitness 'n' Fun (MD) 10:00 One to One Visits 10:30 Trivia & News (MD) 11:00 Rolls & Strolls (CY) 2:30 Travelling Treat Cart	3 9:00 Rolls & Strolls (CY) 10:00 Fitness 'n' Fun (MD) 10:30 Mental Aerobics (MD) 11:00 One to One Visits 2:30 Outdoor Performance with Colleen Durdon (CY) 7:30 BINGO (MD)	4 9:00 Walking Program 10:00 Fitness 'n' Fun (MD) 10:30 Trivia & News (MD) 11:00 One to One Visits 2:30 Wellness Spa - Sensory Stimulation (SD)	5 10:00 Fitness 'n' Fun (MD) 10:30 Sing Along (MD) 11:00 One to One Visits 2:30 Java Music Club (SD)	
6 10:00 Fitness 'n' Fun (MD) 10:30 Spirit & Soul (MD) 11:00 One to One Visits 2:30 BINGO (SD)	7 9:00 Rolls & Strolls (CY) 10:00 Fitness 'n' Fun (MD) 10:30 Trivia & News (MD) 11:00 One to One Visits 3:00 Travelling Tuck Shop Labour Day	8 9:00 Rolls & Strolls (CY) 10:00 Fitness 'n' Fun (MD) 10:30 Mental Aerobics (MD) 11:00 One to One Visits 2:30 Guitar & Singing (SD) 2:30 Creative Corner (MD) 7:30 Crossword Puzzle (MD)	9 9:00 Walking Program 10:00 Fitness 'n' Fun (MD) 10:00 One to One Visits 10:30 Trivia & News (MD) 11:00 Rolls & Strolls (CY) 2:30 Travelling Treat Cart	10 9:00 Rolls & Strolls (CY) 10:00 Fitness 'n' Fun (MD) 10:30 Mental Aerobics (MD) 11:00 One to One Visits 2:30 Outdoor Performance with Cheek to Cheek (CY) 7:30 BINGO (MD)	11 9:00 Walking Program 10:00 Fitness 'n' Fun (MD) 10:30 Trivia & News (MD) 11:00 One to One Visits 2:30 Inspirational Service with Chaplain Dan	12 10:00 Fitness 'n' Fun (MD) 10:30 Sing Along (MD) 11:00 One to One Visits 2:30 Java Music Club (SD)	
13 10:00 Fitness 'n' Fun (MD) 10:30 Spirit & Soul (MD) 11:00 One to One Visits 2:30 BINGO (SD)	14 9:00 Rolls & Strolls (CY) 10:00 Fitness 'n' Fun (MD) 10:30 Trivia & News (MD) 11:00 One to One Visits 3:00 Travelling Tuck Shop	15 9:00 Rolls & Strolls (CY) 10:00 Fitness 'n' Fun (MD) 10:30 Mental Aerobics (MD) 11:00 One to One Visits 2:30 Guitar & Singing (SD) 2:30 Creative Corner (MD) 7:30 Crossword Puzzle (MD)	16 9:00 Walking Program 10:00 Fitness 'n' Fun (MD) 10:00 One to One Visits 10:30 Trivia & News (MD) 11:00 Rolls & Strolls (CY) 2:30 Travelling Treat Cart	17 9:00 Rolls & Strolls (CY) 10:00 Fitness 'n' Fun (MD) 10:30 Mental Aerobics (MD) 11:00 One to One Visits 2:30 Outdoor Performance with Slava's Ukrainian Music & Dancing (CY) 7:30 BINGO (MD)	18 9:00 Walking Program 10:00 Fitness 'n' Fun (MD) 10:30 Trivia & News (MD) 11:00 One to One Visits 2:30 Wellness Spa - Sensory Stimulation (SD) 2:30 Library Visits	19 10:00 Fitness 'n' Fun (MD) 10:30 Sing Along (MD) 11:00 One to One Visits 2:30 Java Music Club (SD)	
20 10:00 Fitness 'n' Fun (MD) 10:30 Spirit & Soul (MD) 11:00 One to One Visits 2:30 BINGO (SD)	21 9:00 Rolls & Strolls (CY) 10:00 Fitness 'n' Fun (MD) 10:30 Trivia & News (MD) 11:00 One to One Visits 3:00 Travelling Tuck Shop	22 9:00 Rolls & Strolls (CY) 10:00 Fitness 'n' Fun (MD) 10:30 Mental Aerobics (MD) 11:00 One to One Visits 2:30 Guitar & Singing (SD) 2:30 Creative Corner (MD) 7:30 Crossword Puzzle (MD) 1st Day of Autumn	23 9:00 Walking Program 10:00 Fitness 'n' Fun (MD) 10:00 One to One Visits 10:30 Trivia & News (MD) 11:00 Rolls & Strolls (CY) 2:30 Travelling Treat Cart	24 9:00 Rolls & Strolls (CY) 10:00 Fitness 'n' Fun (MD) 10:30 Mental Aerobics (MD) 11:00 One to One Visits 2:30 Outdoor Performance (CY) 7:30 BINGO (MD)	25 9:00 Walking Program 10:00 Fitness 'n' Fun (MD) 10:30 Trivia & News (MD) 11:00 One to One Visits 2:30 Inspirational Service with Chaplain Dan	26 10:00 Fitness 'n' Fun (MD) 10:30 Sing Along (MD) 11:00 One to One Visits 2:30 Java Music Club (SD)	
27 10:00 Fitness 'n' Fun (MD) 10:30 Spirit & Soul (MD) 11:00 One to One Visits 2:30 BINGO (SD)	28 9:00 Rolls & Strolls (CY) 10:00 Fitness 'n' Fun (MD) 10:30 Trivia & News (MD) 11:00 One to One Visits 3:00 Travelling Tuck Shop	29 9:00 Rolls & Strolls (CY) 10:00 Fitness 'n' Fun (MD) 10:30 Mental Aerobics (MD) 11:00 One to One Visits 2:30 Guitar & Singing (SD) 2:30 Creative Corner (MD) 7:30 Crossword Puzzle (MD)	30 9:00 Walking Program 10:00 Fitness 'n' Fun (MD) 10:00 One to One Visits 10:30 Trivia & News (MD) 11:00 Rolls & Strolls (CY) 2:30 Travelling Treat Cart	 September 2020 2nd Floor ~ Wedgewood			

AgeCare Harmony Court Care Centre
 7195 Canada Way Burnaby, BC
 2nd Floor Nurse Station (604) 527-3302
 Recreation: (604) 527-3328

Chaplain Dan's
Outdoor Inspirational Service
Sept. 11th & 25th at 2:30

LEGEND: MD= Main Dining Room
 SD = Small Dining Room
 HL = Hearthstone Lounge (C1)
 CY = Magnolia Courtyard (Weather Permitting)
 FG = Friendship Garden (Weather Permitting)

C1= 1st floor Rosewood
Bold = Specialty Programs
Underlined = Volunteers
Italics = Themed Programs

All programs are subject to change