

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

RETIREMENT LIVING & LONG TERM CARE AUGUST 2020



4
2:00 Bingo first & Second Floors
3:30 Virtual Visits/Phone Calls
4:00 Outdoor Time
6:30 Bingo LTC 2nd flr

5
10:30 Video 2nd flr

2:00 Bingo for Third & Fourth Floors

6
9:30 Morning Movement 4th flr
10:30 Nail Detail/Hand Massage LTC

1:30 Travelling Tuck Shop

7 9:30 Word Games theme Music 4th flr

2:00 Outdoor Music Wayne's Country Mix front parking lot & LTC windows
Please Physical Distance

3:00 Popcorn

8
9:30 Saturday Sittercise

10:30 Therapeutic Time LTC



10
9:30 Walking Program

10:30 Music Video 2nd flr

2:00 Bingo LTC 2nd flr

11
2:00 Bingo First & Second Floors
3:30 Virtual Visits/Phone Calls
4:00 Outdoor Time
6:30 Pool 3rd flr

12
9:30 Word Games

2:00 Bingo for Third & Fourth Floors

13 WEAR POLKA DOTS
9:30 Morning Exercises 4th flr
10:30 Garden Strolling

1:30 Travelling Tuck Shop

14 9:30 One To One Reading
1:30 Musical Ice Cream Ice Cream Cart
3:15 Virtual Visits/Phone Calls
3:15 Social Time LTC



16
Annette H- Aug 2
Melanie E- Aug 5
Don G- Aug 9

17
9:30 Walking Program

10:30 Wheelchair/Walker Decorating Rec Rm

2:00 Bingo LTC 2nd flr

18
2:00 Bingo First & Second Floors
3:30 Virtual Visits/Phone Calls
4:00 Outdoor Time
6:30 Cards/Card Bingo Rec Room

19
9:30 Word Games

2:00 Bingo for Third & Fourth Floors

20
9:30 Morning Work Out 4th flr
10:30 Nail Detail/Hand Massage LTC

1:30 Travelling Tuck Shop

21
9:30 News & Views Rec Rm
1:30 Musical Ice Cream Ice Cream Cart
3:15 Virtual Visits/Phone Calls
3:15 Social Time LTC

22
9:30 Saturday Sittercise

10:30 Therapeutic Time LTC

23
Catherine H- Aug 19
Josephine D- Aug 19
Ray T- Aug 30

24
9:30 Walking Program

10:30 Music Video 2nd flr

2:00 Bingo LTC 2nd flr

25
2:00 Bingo First & Second Floors
3:30 Virtual Visits/Phone Calls
4:00 Outdoor Time
6:30 Pool 3rd flr

26
9:30 Word Games Theme things that are white (toilet paper day) 4th flr

2:00 Bingo for Third & Fourth Floors 2nd flr

27 WEAR WHITE
9:30 Morning Fitness 4th flr
10:30 Garden Strolling

1:30 Travelling Tuck Shop/Birthday Grams

28
9:30 Summer Trivia Rec Rm
1:30 Musical Ice Cream Ice Cream Cart
3:15 Virtual Visits/Phone Calls
3:15 Social Time LTC



30
GOOD BYE August

31 9:30 Walking Program
10:30 Mobile Books Puzzles
2:00 Bingo LTC 2nd flr

THEME THURSDAYS: August 13th Polka Dot Day-wear polka dots this day
August 27th White Day- wear white this day