

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
<p>HELLO!</p> <p>SEPTEMBER</p>	<p>Please note=Recreation will be accessing the 3<sup>rd</sup> floor instead of the 4<sup>th</sup> floor, for some programs</p>	<p><b>1</b> <u>RANDOM ACTS OF KINDNESS DAY</u></p> <p>2:00 Music with Carrie 2<sup>nd</sup> flr 3:45 Nail Detail &amp; Hand Massage LTC 6:30 Creative Evenings Rec Rm</p>	<p><b>2</b></p> <p>9:30 Wednesday Work Out 3<sup>rd</sup> flr 10:30 Retirement Living Resident Council Meeting 4<sup>th</sup> flr 2:00 2<sup>nd</sup> flr <b>BINGO!</b></p>	<p><b>3</b></p> <p>9:30 One to One Time LTC 10:30 Long Term Care Resident Council Meeting Rec Rm 2:00 Travelling Tuck Shop</p>	<p><b>4</b></p> <p>9:30 Friday Fitness 3<sup>rd</sup> flr 10:30 Word Games/Trivia-theme BACK TO SCHOOL 3<sup>rd</sup> flr 2:00 Outdoor Music with Fun Time Band front parking lot 3:00 Fresh Popcorn</p>	<p><b>5</b></p> <p>9:30 Saturday Sittercise 3<sup>rd</sup> flr 10:30 Bell Ringing Rec Rm</p>	
<p><b>6</b></p> 	<p><b>7</b></p> 	<p><b>8</b></p> <p>2:00 2<sup>nd</sup> flr <b>BINGO!</b> 3:45 Music with Carrie 6:30 Creative Evenings Rec Rm</p>	<p><b>9</b></p> <p>9:30 Wednesday Work Out 3<sup>rd</sup> flr 10:30 Word Games/Trivia-theme GRANDPARENTS 3<sup>rd</sup> flr 2:00 2<sup>nd</sup> flr <b>BINGO!</b></p>	<p><b>10</b></p> <p>9:30 Library Books/Puzzles/Newspaper/Letters 10:30 Card Bingo Rec Rm 2:00 Travelling Tuck Shop</p>	<p><b>11</b></p> <p>9:30 Friday Fitness 3<sup>rd</sup> flr 10:30 Wheelchair Walker Decorating Rec Rm 2:00 Musical Ice Cream Cart 3:15 Therapeutic Time LTC</p>	<p><b>12</b></p> 	
<p><b>13</b></p> 	<p><b>14</b></p> <p>9:30 Walking Program 10:30 Garden Walks LTC 11:00 Virtual Visits/Phone Calls 2:00 2<sup>nd</sup> flr <b>BINGO!</b></p>	<p><b>15</b></p> <p>2:00 Music with Carrie 2<sup>nd</sup> flr 3:45 Nail Detail &amp; Hand Massage LTC 6:30 Creative Evenings Rec Rm</p>	<p><b>16</b></p> <p>9:30 Wednesday Work Out 3<sup>rd</sup> flr 10:30 Word Games/Trivia-theme Grandparents 3<sup>rd</sup> flr 2:00 2<sup>nd</sup> flr <b>BINGO!</b></p>	<p><b>17</b></p> <p>9:30 One to One Time LTC 10:30 Balloon Ball/Kickball/Noodle Ball/Parachute Games 2:00 Travelling Tuck Shop &amp; Birthday Grams</p>	<p><b>18</b></p> <p>9:30 Friday Fitness 3<sup>rd</sup> flr 10:30 Animal Bingo Rec Rm 2:00 Musical Ice Cream Cart</p>	<p><b>19</b></p> <p>Sept 3 Barbara. B. Sept 18 Lois. C. Sept 18 Greg. S. Sept 26 Alice. K. Sept 26 Allan. K.</p>	
<p><b>20</b></p> 	<p><b>21</b> <u>WEAR BLUE-Alzheimer's Coffee Break/ Awareness Day</u></p> <p>9:30 Walking Program 10:30 Coffee Talk Alzheimer's Awareness Topic/Facts/Discussion 2:00 2<sup>nd</sup> flr <b>BINGO!</b> 3:15 Garden Walks LTC</p>	<p><b>22</b> <u>First Day of Autumn WEAR FALL COLORS</u></p> <p>10:00 Morning News /Current Events/Dear Abby/Storytelling/Letters 11:15 Task Time 2:00 Let's Play Jeopardy 3:45 Task Time LTC 6:30 Pool 3<sup>rd</sup> flr</p>	<p><b>23</b></p> <p>9:30 Wednesday Work Out 3<sup>rd</sup> flr 10:30 Word Games/Trivia-theme Autumn 3<sup>rd</sup> flr 2:00 2<sup>nd</sup> flr <b>BINGO!</b></p>	<p><b>24</b></p> <p>9:30 Library Books/Puzzles/Newspaper/Letters 10:30 Reminiscent Group Rec Rm 1:30 Food Council Meeting 4<sup>th</sup> flr 2:00 Travelling Tuck Shop</p>	<p><b>25</b></p> <p>9:30 Friday Fitness 3<sup>rd</sup> flr 10:30 Social Time Rec Rm LTC 2:00 Musical Ice Cream Cart 3:15 Therapeutic Time LTC</p>	<p><b>26</b></p> <p>9:30 Saturday Sittercise 3<sup>rd</sup> flr 10:30 Color Bingo Rec Rm</p>	
<p><b>27</b></p> 	<p><b>28</b></p> <p>9:30 Walking Program 10:30 Garden Walks LTC 11:00 Virtual Visits/Phone Calls 2:00 2<sup>nd</sup> flr <b>BINGO!</b></p>	<p><b>29</b></p> <p>2:00 Music with Carrie 2<sup>nd</sup> flr 3:45 Nail Detail &amp; Hand Massage LTC 6:30 Creative Evenings Rec Rm</p>	<p><b>30</b></p> <p>9:30 Wednesday Work-Out 3<sup>rd</sup> flr 10:30 Word Games/Trivia-theme BLUE 3<sup>rd</sup> flr 2:00 2<sup>nd</sup> flr <b>BINGO!</b></p>	<p><b>RETIREMENT LIVING &amp; LONG TERM CARE</b></p> <p><b>SEPTEMBER 2020</b></p>			