

Sunday

Monday

Tuesday

Wednesday



Thursday

Friday

Saturday

# August 2020

## Rocky Mountain/ Emerald

							1	
2	 <p><b>HERITAGE DAY NO RECREATION TODAY</b></p>	3	4	5	6	7	8	
		9:30 Sit & Stretch 10:45 Let's Make Popsicles 1:30 Music Appreciation 2:45 Let's Stroll	9:30 Music & Movement 10:45 Friendship Visits 1:30 You Be the Judge 2:45 Popsicles in The Courtyard	9:30 Chair Exercise 10:45 Humor Me 1:30 Women's Club 2:45 Color w/Me	9:30 Physical Games 10:45 Word Games 1:30 Spiritual Time 2:45 I Love Lucy Show <b>Happy Birthday, Lucy – <a href="#">Lucille Ball</a></b> was born on this date in 1911			
9	<b>Elvis Week Begins</b> 9:30 Chair Exercise 10:45 Word Games 1:30 Scrabble 2:45 Ladder Ball -Courtyard	10	11	12	13	14	15	
		9:30 Sit & Stretch 10:45 Brain Teasers 1:30 Elvis Movie 2:45 Elvis Trivia	9:30 Music & Movement 10:45 Hooks N' Needles 1:30 Card Bingo 2:45 Watermelon Wednesday - Courtyard	9:30 Chair Exercise 10:45 Friendship Visits 1:30 Men's Club 2:45 Shut the Box	9:30 Simply Stretch 10:45 Pictionary 1:30 Spiritual Time 2:45 Stories for The Soul			
16	9:30 Chair Exercise 10:45 Who Am I? 1:30 Friendship Visits 2:45 Bean Bag Toss -Courtyard	17	18	19	20	21	22	
		9:30 Sit & Stretch 10:45 Word Games 1:30 Vinyl Record Time 2:45 Coffee & Chat	9:30 Music & Movement 10:45 Zoo View 1:30 Card Bingo 2:45 Let's Stroll	9:30 Chair Exercise 10:45 Rummikub 1:30 Expressive Art 2:45 Trivia & Lemonade <b>Lemonade's Birthday –</b> On this date in 1630, a variety of lemonade was invented in Paris, France.	9:30 Physical Games 10:45 Word Games 1:30 Spiritual Time 2:45 Music Appreciation			
23	9:30 Chair Exercise 10:45 Word Games 1:30 Arm Chair Travel 2:45 Ladder Ball -Courtyard	24	25	26	27	28	29	
		9:30 Sit & Stretch 10:45 Brain Teasers 1:30 Vacation Reminisce 2:45 Lemonade on The Patio	9:30 Music & Movement 10:45 Hooks N' Needles 1:30 Card Bingo 2:45 Watermelon Wednesday - Courtyard	9:30 Chair Exercise 10:45 Shut the Box 1:30 Expressive Art 2:45 Let's Stroll	9:30 Simply Stretch 10:45 Brain Games 1:30 Spiritual Time 2:45 Stories for The Soul			
30	9:30 Chair Exercise 10:45 What Am I? 1:30 Act of Kindness Day 2:45 Basketball -Courtyard	31	 <h1>C1/V1</h1>					