

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

October 2020 Taradale East

1 1:30 Short Stories & Discussion (S)

2 10:00 Full Body Exercise *Atrium* (G)
10:45 Crossword Puzzles (A)
3:00 Balloon Badminton (A, R)
Sukkot Begins

3 2:30 Taradale Baking Club *Family Dining Room* (MA, MI) *Maximum of 6 residents*



4 10:45 Yahtzee! (A)
1:30 Short Stories & Discussion (A)

5 **10:00 Rolling Tuck Shop (S)**
3:00 Request Hour (A, R)

6 10:00 Full Body Exercise *Atrium* (G)
3:00 SkyPointe Bowling League *Taradale East VS. West* (R, S, MI)

7 **11:30 In-House Lunch: Kentucky Fried Chicken (\$)** *Atrium*
12 resident maximum. Sign up with recreation
2:30 Concert Series: Elton John *Atrium* (ME, MS)

8 **Red Day!**
Wear red to support the Alzheimer's 1 km Walk
10:00 IG Wealth Walk for a Cause! Management Alzheimer Walk & Run *Atrium*

9 3:00 Word Games: Hangman (MA)
Simchat Torah Begins

10

11 **Did You Know?**
Thanksgiving is a statutory holiday in Canada, except in PEI, Newfoundland and Labrador, New Brunswick and Nova Scotia.

12 **Happy Thanksgiving!**

There will be no recreation programs today
Columbus Day (US)
Thanksgiving Day (Canada)

13 **10:00 Rolling Tuck Shop (AP)**
2:00 Rick Kelly Outdoor Music Entertainment *Sunroom Dress Warm*
4:00 News & Views (A)

14 10:00 Move & Groove *Atrium* (ME)
10:45 Paper Airplane Flying (A)

15 1:30 Short Stories & Discussion (S)

16 10:00 Full Body Exercise *Atrium* (G)
10:45 Color n' Chill (A)
3:00 Music From The Movies (MS)

17 10:00 National Geographic Docuseries *Everglades Atrium* (S, MI)

18 **October Trivia Answers**
1. Nile
2. Post Script
3. India
4. Tin Man
5. Jack-o-Lantern
How did you do?

19 2:00 Taradale Movie Matinee: *Casper* (S, R, MI)

20 **10:00 Rolling Tuck Shop (AP)**
3:00 Decorating (R, A)

21 10:00 Full Body Exercise *Atrium* (G)
10:45 Giant Connect 4! (A)

22 9:45 You Be the Judge (A)
2:30 Concert Series: Grand Ole Opry *Atrium* (ME, AR)
3:00 Halloween Craft (R, A)

23 10:00 Move & Groove *Atrium* (ME)
10:45 Chicken Soup For the Soul (AR)

24 **Did You Know?**
Trick-or-treating has existed since medieval times. It was known as "guising" in Scotland and Ireland. Young people dressed up in costumes and asked for food or money in exchange for songs, poems, or other "tricks."

25 10:00 Taradale Sunday Coffee Social (S, A)


26 1:30 Spooky Stories (A)
3:00 Halloween Trivia & Facts (MS)

27 9:45 Bored Games (S)
2:30 Rolling Tuck Shop (R)
3:00 Hymn Sing (A)

28 10:00 Move & Groove *Atrium* (ME)

29 1:30 Short Stories & Discussion (S)
2:30 Atrium Movie Feature: Hocus Pocus
3:00 Pumpkin Party! (R, A)

30 **Costume Day**
Wear a Halloween Costume
9:45 Monster Bingo (A)
10:00 Full Body Exercise *Atrium* (G)
3:00 Reverse Trick or Treating & Monster Mash Parade

31 **Happy Halloween!**
2:00 Atrium Movie Feature: Hotel Transylvania (MA, A)

Halloween