

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

October 2020

Whitehorn East

October Trivia Answers 1 Nile 2 Post Script 3 India 4 Tin Man 5 Jack-o-Lantern
How did you do?

				<p>9:45 What's Up In Recreation? Calendar & Newsletter Review (MO) 1</p> <p>10:45 Art Journal (MO, AR)</p> <p>1:30 Top of the Afternoon Group <i>Flex Room</i></p> <p>3:00 Atrium Games (AR, MO, M)</p> <p>3:00 Throwback Thursday (MS)</p>	<p>10:00 Rolling Tuck Shop (MO) 2</p> <p>10:45 Peanuts Comics (MS)</p> <p>1:30 Bible Study <i>Flex Room</i> (MS)</p> <p>2:00 Circuit Exercise <i>Fitness Studio</i> (M)</p> <p>3:00 Spelling Bee (MO, AP)</p> <p>6:30 Paint Nite! (M, AP) <small>Sukkot Begins</small></p>	<p>9:45 October Trivia (AR) 3</p> <p>1:30 Skip Bo (AP)</p> <p>3:00 HOOTS Bingo (AP, AR)</p>
<p>4</p> <p>10:00 Coffee Club (AR, AP)</p> <p>1:30 Apples to Apples (AP, AR)</p> <p>3:00 Chicken Soup For the Soul (AR)</p>	<p>5</p> <p>9:45 Jeopardy! (MO)</p> <p>10:45 Collaging (MO)</p> <p>2:00 Stronger Than Yesterday Exercise Group <i>Fitness Studio</i> (MD)</p> <p>3:30 Shootin' Hoops (MS)</p>	<p>6</p> <p>9:45 Cool Coloring (MO)</p> <p>10:00 Move and Groove <i>Fitness Studio</i> (MS)</p> <p>10:45 Card Bingo (AR)</p> <p>1:30 Top of the Afternoon Group <i>Flex Room</i></p> <p>3:00 Balloon Animals (M, MS)</p> <p>6:30 Life's Blessings (M)</p>	<p>7</p> <p>10:45 Connect 4! (MS)</p> <p>2:15 Whitehorn Movie Club <i>Pegasus Theater</i> (MS, AP, M)</p> <p>6:30 Movie Club Review (AP, M)</p>	<p>8</p> <p>9:45 Art Journal (MO)</p> <p>1:30 Top of the Afternoon Group <i>Flex Room</i></p> <p>3:00 Crossword Puzzles (M)</p> <p>6:30 Meditation & Thai Chi (M, AR)</p>	<p>9</p> <p>Red Day! <i>Wear red to support the Alzheimer's 1 km Walk</i></p> <p>10:00 Rolling Tuck Shop (MO)</p> <p>1:30 Bible Study <i>Flex Room</i> (MS)</p> <p>2:00 IG Wealth Management Alzheimer Walk & Run <i>Atrium</i></p> <p>6:30 Trivia Night (AP)</p>	<p>10</p> <p>9:45 Thanksgiving Taboo Game (MO, AR)</p> <p>10:45 Saturday Stretch <i>Fitness Studio</i> (MO, AR)</p> <p>1:30 Snakes & Ladders (AR)</p> <p>3:00 Remembering Thanksgiving (M) <small>Simchat Torah Begins</small></p>
<p>11</p> <p>10:00 Coffee Club & Gratitude Leaves (M, AR, MO)</p> <p>1:30 Turkey Hands (MO)</p> <p>3:00 Ice Cream SUNDAYs! (AR, MO)</p>	<p>12</p> <p>Happy Thanksgiving</p>  <p>There will be no recreation programs today <small>Columbus Day (US) Thanksgiving Day (Canada)</small></p>	<p>13</p> <p>10:00 Tai Chi <i>Fitness Studio</i> (MS)</p> <p>10:45 Who Am I? (AR)</p> <p>1:30 Top of the Afternoon Group <i>Flex Room</i></p> <p>2:00 Rick Kelly Outdoor Music Entertainment <i>Sunroom Dress Warm</i></p> <p>3:30 Lefters vs. Righters (MS, AR)</p>	<p>14</p> <p>10:45 Categories (MS)</p> <p>3:00 Functional Art (M)</p> <p>6:30 Dominos (AP)</p>	<p>15</p> <p>9:45 Pumpkin Painting (MO, AR)</p> <p>10:45 Art Journal (MO)</p> <p>1:30 Top of the Afternoon Group <i>Flex Room</i></p> <p>3:00 Throwback Thursday (MO)</p>	<p>16</p> <p>9:45 Ring Toss (AR)</p> <p>10:00 Rolling Tuck Shop (MO)</p> <p>10:45 Riddle Me This (MS)</p> <p>1:30 Bible Study <i>Flex Room</i> (MS)</p> <p>2:00 Circuit Exercise <i>Fitness Studio</i> (M)</p> <p>3:00 Halloween Costume Making (MO, AR)</p>	<p>17</p> <p>9:45 Saturday Morning Cartoons <i>Pegasus Theatre</i> (M, AR, MS)</p> <p>1:30 Blokus (AR)</p> <p>3:00 A-MAZE-ing (MS)</p>
<p>18</p> <p>10:00 Coffee Club (MS, M)</p> <p>2:00 Whitehorn Movie Matinee: <i>Jaws</i> (M, MS, MI)</p>	<p>19</p> <p>9:45 Name That Rock Tune (MS)</p> <p>10:45 SLAM Poetry (MS)</p> <p>2:00 Stronger Than Yesterday Exercise Group <i>Fitness Studio</i> (MD)</p> <p>2:30 Baking! <i>Family Dining Room</i> (AP, MO)</p>	<p>20</p> <p>9:45 Sit n' Knit (MO)</p> <p>10:00 Move and Groove <i>Fitness Studio</i> (MS)</p> <p>1:30 Top of the Afternoon Group <i>Flex Room</i></p> <p>3:00 Ladderball (M, AP)</p> <p>6:30 Life's Blessings (M, AR)</p>	<p>21</p> <p>6:30 Meditation & Mindfulness (M)</p>	<p>22</p> <p>9:45 Rebus Puzzles (MO)</p> <p>10:45 Art Journal (MO)</p> <p>1:30 Top of the Afternoon Group <i>Flex Room</i></p> <p>3:00 Ping Pong (MS)</p> <p>6:30 Scary Stories (AR)</p>	<p>23</p> <p>9:45 Boo-tiful Door Décor (AR)</p> <p>10:00 Rolling Tuck Shop (MO)</p> <p>10:45 Music From The Movies (MS)</p> <p>1:30 Bible Study <i>Flex Room</i> (MS)</p> <p>2:00 Circuit Exercise <i>Fitness Studio</i> (M)</p> <p>3:00 Crossword Puzzles (AP)</p> <p>6:30 CrAZY 8's (M)</p>	<p>24</p> <p>9:45 Saturday Morning Cartoons <i>Pegasus Theatre</i> (MO, MS)</p> <p>10:45 Saturday Stretch <i>Fitness Studio</i> (AP, AR)</p> <p>1:30 Guess Who (AR)</p> <p>2:00 S'Mores (AP, MO, MS)</p>
<p>25</p> <p>10:00 Coffee Club (MO, AP, AR)</p> <p>1:30 Horror History (AP)</p> <p>3:00 Halloween Coloring (AP)</p>	<p>26</p> <p>9:45 Pickle n' Penguin (MS)</p> <p>10:45 Magic for Beginners (MS)</p> <p>2:00 Stronger Than Yesterday Exercise Group <i>Fitness Studio</i> (MD)</p> <p>3:00 Slime Making (M, AP)</p> <p>6:30 Card Bingo (M)</p>	<p>27</p> <p>10:00 Tai Chi <i>Fitness Studio</i> (MS)</p> <p>1:30 Top of the Afternoon Group <i>Flex Room</i></p> <p>3:00 Monster Bingo (MO, AP, AR)</p> <p>6:30 Life's Blessings (M, AR)</p>	<p>28</p> <p>10:00 Functional Art: Mending with Monique (MO)</p> <p>3:00 Chair Hockey <i>Atrium</i> (MS, M)</p> <p>6:30 Meditation & Thai Chi (M)</p>	<p>29</p> <p>9:45 BOO! Double O (MO)</p> <p>10:45 Art Journal (MO)</p> <p>1:30 Top of the Afternoon Group <i>Flex Room</i></p> <p>2:00 Halloween Party! (M, MO, MS, AR)</p> <p>6:30 Haunted Calgary: Creeping it Real (AR)</p>	<p>30</p> <p>Costume Day <i>Wear a Halloween Costume</i></p> <p>10:00 Rolling Tuck Shop (MO)</p> <p>10:45 Haunted Calgary: Creeping it Real (MS)</p> <p>2:30 Reverse Trick-or-Treating and the Monster Mash Parade</p> <p>6:30 Haunted Hangman (M)</p>	<p>31</p> <p>Happy Halloween!</p> <p>9:45 Saturday Morning Cartoons <i>Pegasus Theatre</i> (AP, AR)</p> <p>1:30 Scrabble (AP)</p> <p><small>Halloween</small></p>