


Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 November Birthdays: 6 – Rae F 9 – Amber K 11 – Jo J 19 – Gloria C 22 – Michael F	2 10:30 Word Puzzles 2:00 Indoor facility tour	3 9:15 Exercise (W 7 up) 10:30 Games (W 6 up) 2:00 Tuck Shop	4 9:15 Exercise (W 7 up) 10:30 Women’s Group (W 6 up) 2:15 Bingo (W Dining)	5 9:15 Exercise (W 7 up) 10:30 Men’s Group (W 6 up) 2:00 Tuck Shop	6 9:15 Exercise (W 7 up) 10:30 Nail Care (W 5 up) 2:00 Traveling Cart	7
8	9 10:30 Games (W 6 up) 2:00 Craft (W 6 up)	10 9:15 Exercise (W 7 up) Women’s Group (W 6 up) 2:00 Tuck Shop	11 Remembrance Day No Recreation 	12 9:15 Exercise (W 7 up) 10:30 Men’s Group (W 6 up) 2:00 Tuck Shop	13 9:15 Exercise (W 7 up) 10:30 Nail Care (W 5 up) 2:15 Bingo (W Dining)	14
15	16 10:30 Games (W 6 up) 2:00 Indoor walks	17 9:15 Exercise (W 7 up) 10:30 Imagination Vacation (W 6 up) 2:00 Tuck Shop	18 9:15 Exercise (W 7 up) 10:30 Women’s Group (W 6 up) 2:15 Bingo (W Dining)	19 9:15 Exercise (W 7 up) 10:30 Men’s Group (W 6 up) 2:00 Tuck Shop	20 9:15 Exercise (W 7 up) 10:30 Nail Care (W 5 up) 2:00 Traveling Cart	21
22	23 10:30 Games (W 6 up) 2:00 Movie (W 7 up)	24 9:15 Exercise (W 7 up) 10:30 Craft (W 6 up) 2:00 Tuck Shop	25 9:15 Exercise (W 7 up) 10:30 Women’s Group (W 6 up) 2:15 Traveling Cart	26 9:15 Exercise (W 7 up) 10:30 Men’s Group (W 6 up) 2:00 Tuck Shop	27 9:15 Exercise (W 7 up) 10:30 Nail Care (W 5 up) 2:15 Bingo (W Dining)	28
29	30 10:30 Games (W 6 up) 2:00 Indoor walks	<h1>November 2020</h1> <p>Calendar is subject to change Tuck Shop hours are 2:00 – 3:00 p.m., Tuesday & Thursday</p>				