



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
 <p>1</p>	<p>2</p> <p>10:30 Simply Stretch</p> <p>1:30 Sandwich Day Trivia</p> <p><b>Sandwich Day</b></p>	<p>3</p> <p>10:30 Music Therapy</p> <p>1:30 Friendship Visits</p>	<p>4</p> <p>10:30 Music &amp; Movement</p> <p>1:30 Expressive Art: Remembrance Day Part 1</p>	<p>5</p> <p>10:30 Cribbage</p> <p>1:30 Horticulture</p>	<p>6</p> <p>10:30 Spiritual Time</p> <p>1:30 Arm Chair Travel: New York, New York</p>	<p>7</p> <p>10:45 Physical Games</p> <p>1:30 Let's Stroll</p>
<p>8</p> <p>10:30 Simply Stretch</p> <p>1:30 Brian Games</p>	<p>9</p> <p><b>Remembrance Day Readings -Breakfast</b></p> <p>10:30 Music Therapy</p> <p>1:30 Expressive Art: Remembrance Day Part 2</p>	<p>10</p> <p>No Recreation Programs</p> 	<p>11</p> <p>10:30 Friendship Visits</p> <p><b>1:00 – 4:00 Recreation Team Meeting</b></p>	<p>12</p> <p>10:30 Spiritual Time</p> <p>1:30 Coffee &amp; Be Kind Chat</p> <p><b>World Kindness Day</b></p>	<p>13</p>	<p>14</p>
<p>15</p> <p>10:30 Simply Stretch</p> <p>1:30 Word Games</p>	<p>16</p> <p>10:30 Music Therapy</p> <p>1:30 Friendship Visits</p>	<p>17</p> <p>10:30 Music &amp; Movement</p> <p>1:30 Popular sayings &amp; their meanings</p> <p><b>1:30 Resident &amp; Family Council Meeting In Education Room</b></p>	<p>18</p> <p>10:30 Cribbage</p> <p>1:30 Great Manhood Quotes: Coffee &amp; Chat</p> <p><b>International Men's Day</b></p>	<p>19</p> <p>10:30 Spiritual Time</p> <p>1:30 TV &amp; Movie Quiz</p> <p><b>World TV Day</b></p>	<p>20</p> <p>10:45 Physical Games</p> <p>1:30 Let's Stroll</p>	<p>21</p>
<p>22</p> <p>10:30 Simply Stretch</p> <p>1:30 Brain Games</p>	<p>23</p> <p>10:30 Music Therapy</p> <p>1:30 Friendship Visits</p>	<p>24</p> <p>10:30 Music &amp; Movement</p> <p>1:30 Suddenly Senior Hike</p>	<p>25</p> <p>10:30 Friendship Visits</p> <p>1:30 Horticulture</p> <p><small>Thanksgiving Day (US)</small></p>	<p>26</p> <p>10:30 Spiritual Time</p> <p>1:30 Ice Cream Social</p>	<p>27</p>	<p>28</p>
<p>29</p> <p>10:30 Simply Stretch</p> <p>1:30 Calendar Distribution</p>	<p>30</p>	