



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
 <p>1</p>	<p>2</p> <p>10:30 Chair Exercise</p> <p>1:30 National Geographic: Sea Side Creatures</p>	<p>3</p> <p>10:30 The Lucy Show</p> <p>1:30 Friendship Visits</p>	<p>4</p> <p>10:30 Parachute Game</p> <p>1:30 Music Appreciation</p>	<p>5</p> <p>10:30 Simply Stretch</p> <p>1:30 Expressive Art</p>	<p>6</p> <p>10:30 Music & Movement</p> <p>1:30 Documentary: Modern Military</p>	<p>7</p>
<p>8</p> <p>10:30 Simply Stretch</p> <p>1:30 Remembrance Day Trivia</p>	<p>9</p> <p>10:30 Simply Stretch</p> <p>1:30 Remembrance Day Trivia</p>	<p>10</p> <p>Remembrance Day Reading - Breakfast</p> <p>1:30 Let's Play Music</p>	<p>11</p> <p>No Recreation Programs</p> 	<p>12</p> <p>10:30 Chair Exercise</p> <p>1:00 – 4:00 Recreation Team Meeting</p>	<p>13</p> <p>10:30 Spiritual Hour</p> <p>1:30 Movie: Bad Moms</p>	<p>14</p>
<p>15</p> <p>10:30 Music & Movement</p> <p>1:30 Armchair Travel: Amsterdam</p>	<p>16</p> <p>10:30 Music & Movement</p> <p>1:30 Armchair Travel: Amsterdam</p>	<p>17</p> <p>10:30 Arts & Culture – Virtual</p> <p>1:30 Chair Exercise</p>	<p>18</p> <p>10:30 Basketball Shoot Out</p> <p>1:30 Resident & Family Council Meeting – Education Room</p> <p>1:30 Music Appreciation</p>	<p>19</p> <p>Clarence off</p> <p>10:45 Chair Exercise Nelia</p> <p>1:30 Bingo Nelia</p>	<p>20</p> <p>Clarence off</p> <p>10:45 Simply Stretch Nelia</p> <p>1:30 Brain Games Nelia</p>	<p>21</p>
<p>22</p> <p>10:30 Chair Exercise</p> <p>1:30 Word Nuts</p>	<p>23</p> <p>10:30 Chair Exercise</p> <p>1:30 Word Nuts</p>	<p>24</p> <p>10:30 Where in the World</p> <p>1:30 Let's Play Music</p>	<p>25</p> <p>10:30 Target Golf</p> <p>1:30 Expressive Art</p>	<p>26</p> <p>10:30 Simply Stretch</p> <p>1:30 Sweet Potatoes Social</p> <p><small>Thanksgiving Day (US)</small></p>	<p>27</p> <p>10:30 Spiritual Hour</p> <p>1:30 Friendship Visits</p>	<p>28</p>
<p>29</p> <p>10:30 Simply Stretch</p> <p>1:30 Calendar Distribution</p>	<p>30</p> <p>10:30 Simply Stretch</p> <p>1:30 Calendar Distribution</p>	