

| Sunday  | Monday   | Tuesday   | Wednesday   | Thursday  | Friday   | Saturday  |
|---|--|---|---|---|--|---|
|    |  | <b>1</b><br>9:30 Chair Exercise<br>10:45 Winter Word Games<br>1:30 Bingo<br>2:45 Calendar Review  | <b>2</b><br><br><b>NO PROGRAMS</b> | <b>3</b><br><br><b>NO PROGRAMS</b>   | <b>4</b><br>9:30 Chair Exercise<br>10:45 Humor Me<br>1:30 Spiritual Time<br>2:45 Name That Christmas Tune                      | <b>5</b>  |
| <b>6</b><br><br>9:30 Chair Exercise<br>10:45 Friendly Visits<br>1:30 Giant Scrabble<br>2:45 Music Appreciation: Country Christmas Songs   | <b>7</b><br>9:30 Chair Exercise<br>10:45 Friendly Visits<br>1:30 Giant Scrabble<br>2:45 Music Appreciation: Country Christmas Songs  | <b>8</b><br>9:30 Sit & Stretch<br>10:45 Arm Chair Travel: Christmas Around The World<br>1:30 Expressive Arts<br>2:45 Brain Teasers                          | <b>9</b><br>9:30 Music & Movement<br><b>10:45 C3</b><br>1:30 Color Me Healthy<br><b>2:45 C3</b>                       | <b>10</b><br>9:30 Sit & Stretch<br>10:45 Hanukkah: True Or False<br><b>1:00 – 4:00 Recreation Team Meeting</b><br><small>Hanukkah Begins</small>                      | <b>11</b><br>9:30 Chair Exercise<br>10:45 Festival Of Lights Word Game<br>1:30 Spiritual Time<br>2:45 Sip & Chat w/Apple Cider | <b>12</b><br>  |
| <b>13</b><br><br>9:30 Chair Exercise<br>10:45 Christmas Jeopardy!<br>1:30 'Snow' Bowling<br>2:45 Hooks & Needles  | <b>14</b><br>9:30 Chair Exercise<br>10:45 Christmas Jeopardy!<br>1:30 'Snow' Bowling<br>2:45 Hooks & Needles   | <b>15</b><br>9:30 Sit & Stretch<br>10:45 Word Games<br><b>12:00-1:00 Swiss Chalet Lunch Club (Sign Up)</b><br>1:30 Nutcracker Bingo<br>2:45 Friendly Visits | <b>16</b><br>9:30 Music & Movement<br><b>10:45 C3</b><br>1:30 Tree Jeopardy<br>2:45 Name That Christmas Tune          | <b>17</b><br>9:30 Sit & Stretch<br>10:45 Holidays Around The World<br>1:30 Expressive Arts: Snowman<br>2:45 Shut The Box  | <b>18</b><br>9:30 Chair Exercise<br>10:45 Christmas Games<br>1:30 Spiritual Time<br>2:45 Fruit Cake & Fun Facts                | <b>19</b>   |
| <b>20</b><br><br>9:30 Chair Exercise<br>10:45 Let's Stroll<br>1:30 Christmas Game: Blindfold Drawing<br>2:45 Hot Chocolate & Christmas Reminisce<br><small>Winter Begins</small> | <b>21</b><br>9:30 Chair Exercise<br>10:45 Let's Stroll<br>1:30 Christmas Game: Blindfold Drawing<br>2:45 Hot Chocolate & Christmas Reminisce<br><small>Winter Begins</small> | <b>22</b><br>9:30 Sit & Stretch<br>10:45 Christmas Symbols<br>2:15 Christmas Movie  | <b>23</b><br>9:30 Music & Movement<br><b>10:45 C3</b><br>1:30 Christmas Songs On Vinyl<br><b>2:45 C3</b>              | <b>24</b><br>  | <b>25</b><br><br><small>Christmas</small> | <b>26</b><br><br><small>Boxing Day (Canada)<br/>Kwanzaa Begins</small> |
| <b>27</b><br><br>9:30 Chair Exercise<br>10:45 Giant Scrabble<br>1:30 Who Am I?<br>2:45 Music Appreciation  | <b>28</b><br>9:30 Chair Exercise<br>10:45 Giant Scrabble<br>1:30 Who Am I?<br>2:45 Music Appreciation  | <b>29</b><br>9:30 Sit & Stretch<br>10:45 Friendly Visits<br>1:30 Junk Drawer Detective<br>2:45 Pictionary   | <b>30</b><br>9:30 Music & Movement<br><b>10:45 C3</b><br>1:30 Stories For The Soul<br>2:45 Shut The Box               | <b>31</b><br>9:30 Sit & Stretch<br>10:45 Calendar Distribution<br>1:30 Mind Teasers<br>2:45 Sip & Chat w/Bubbly New Year's Reminisce<br><small>New Year's Eve</small> |   |   |