

# February 2021

## WEEK 4 ~ WEDGEWOOD ~ 2ND FLOOR

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	<u>9:30</u> Fitness 'n' Fun	<u>9:30</u> Fitness 'n' Fun	<u>9:30</u> Fitness 'n' Fun	<u>9:30</u> Fitness 'n' Fun	<u>9:30</u> Fitness 'n' Fun	<u>9:30</u> Fitness 'n' Fun
<u>10:00</u> Spiritual Wellness Group	<u>10:00</u> Singing & Guitar	<u>10:00</u> Trivia & News	<u>10:00</u> Trivia & News	<u>10:00</u> Sing Along	<u>10:00</u> Singing & Guitar	<u>10:00</u> Singing & Guitar
<u>11:00</u> Rolls & Strolls	<u>10:30</u> Rolls & Strolls	<u>10:30</u> Rolls & Strolls	<u>10:30</u> Rolls & Strolls	<u>10:30</u> Rolls & Strolls	<u>10:30</u> Rolls & Strolls	<u>10:30</u> Rolls & Strolls
<u>2:15</u> One-to-One Visits	<u>11:00</u> One-to- One Visits	<u>11:00</u> One-to- One Visits	<u>11:00</u> One-to- One Visits	<u>11:00</u> One-to- One Visits	<u>11:00</u> One-to- One Visits	<u>11:00</u> One-to- One Visits
	<u>2:30</u> Fitness 'n' Fun	<u>2:00</u> Fitness 'n' Fun	<u>2:00</u> Fitness 'n' Fun	<u>2:00</u> BINGO	<u>2:30</u> Fitness 'n' Fun	<u>2:30 to 3:30</u> One-to-One Sensory Stimulation
	<u>3:00</u> Singing & Guitar	<u>2:30</u> Sing Along	<u>2:00</u> Music Therapy	<u>2:30 to 3:30</u> One-to-One Visits	<u>3:00</u> Singing & Guitar	
		<u>2:30 to 3:30</u> One-to-One Visits	<u>2:30</u> Crossword Puzzle			

- Virtual music therapy every Wednesday
- A group is being gathered once a week to hold a religious service
- Sensory stimulation now being run once a week individually in resident's rooms
- Residents have been divided up into groups of four to reduce possible spread.
- These groups rotate every day to allow for equal opportunity
- Virtual Visits continue throughout the week
- Weekly schedule will be adjusted as allowed on weekly basis