

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

# May 2021

To book a Courtyard Visit or Virtual Call for Mother's Day on May 9<sup>th</sup> please email [whvirtualcalls@agecare.ca](mailto:whvirtualcalls@agecare.ca)

May Day

 <p><b>2</b></p>	<p><b>3</b></p> <p>1:30 Sit &amp; Stretch</p> <p>2:45 Bingo</p>	<p><b>4</b></p> <p>9:30 Music &amp; Movement - Kodi</p> <p>10:45 Friendship Visits - Kodi</p>	<p><b>5</b></p> <p>1:30 – 3:30 Cinco de Mayo – Mariachi Margarita Cart</p>  <p>Cinco de Mayo</p>	<p><b>6</b></p> <p>9:30 Chair Exercise</p> <p>10:45 National Geographic – Experience the Underworld</p>	<p><b>7</b></p> <p>1:30 - 3:30 Friday Fun Ice Cream Cart - Courts</p> 	<p><b>8</b></p> 
 <p><b>9</b></p> <p>Mother's Day</p>	<p><b>10</b></p> <p>12:00 LUNCHTIME MELODIES</p> <p>1:30 Sit &amp; Stretch</p> <p>2:45 Sharing Family Albums/Memories</p>	<p><b>11</b></p> <p>9:30 Music &amp; Movement</p> <p>10:45 Pairing-up</p>	<p><b>12</b></p> <p>1:30 Group Meditation – Vista</p> <p>2 – 2:30 Neighbourhood Resident Council Table Talk Priddis Dining Room- Sandi</p> <p>2:45 Group Meditation - Courts</p>	<p><b>13</b></p> <p>9:30 Chair Exercise</p> <p>10:45 Armchair Travel – Germany's Frankfurt &amp; Numberg</p>	<p><b>14</b></p> <p>1:30 Sit &amp; Stretch</p> <p>2:45 Garden Club</p>	<p><b>15</b></p>  <p>Armed Forces Day</p>
 <p><b>16</b></p> <p>Shavuot Begins</p>	<p><b>17</b></p> <p>1:30 Sit &amp; Stretch</p> <p>2:45 Ice Tea &amp; Patio Time</p>	<p><b>18</b></p> <p>9:30 Music &amp; Movement</p> <p>10:45 Things That Go Together - Quiz</p>	<p><b>19</b></p> <p>1:30 Group Meditation - Vista</p> <p>2:45 Group Meditation - Courts</p>	<p><b>20</b></p> <p>9:30 Chair Exercise</p> <p>10:45 Jeopardy</p>	<p><b>21</b></p> <p>9:00 – 12:00 Recreation Team Meeting - Classroom</p> <p>1:30 Friday Movie Matinee</p>	<p><b>22</b></p> 
 <p><b>23</b></p>	 <p><b>24</b></p> <p><b>No Recreation Programs</b></p> <p>Victoria Day (Canada)</p>	<p><b>25</b></p> <p>9:30 Music &amp; Movement</p> <p>10:45 "Never Have I Ever" - Game</p>	<p><b>26</b></p> <p>1:30 Group Meditation - Vista</p> <p>2:45 Group Meditation - Courts</p>	<p><b>27</b></p> <p>9:30 Chair Exercise</p> <p>10:45 Story Telling</p>	<p><b>28</b></p> <p>12:00 LUNCHTIME MELODIES</p> <p>1:30 Courtyard Stroll</p> <p>2:45 Garden Club</p>	<p><b>29</b></p> 
 <p><b>30</b></p>	<p><b>31</b></p> <p>1:30 Calendar Distribution</p> <p>2:45 Humour Hour</p> <p>Memorial Day</p>	 <p><b>PRIDDIS C2</b></p>				