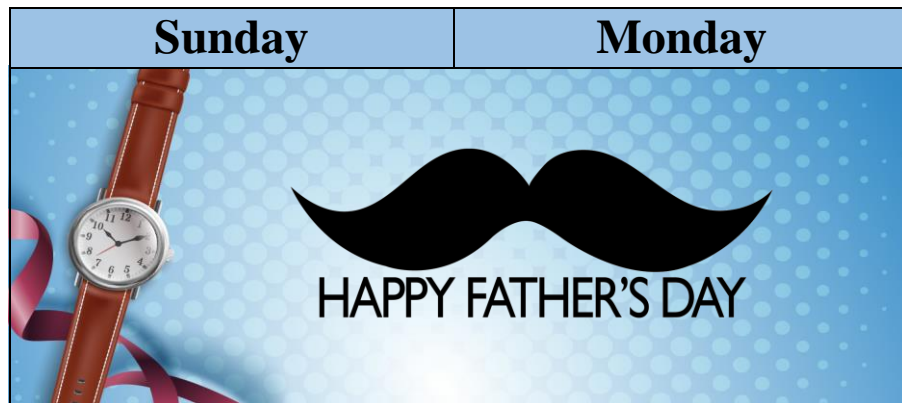













Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
 <p><b>HAPPY FATHER'S DAY</b></p>		<p>1</p> <p>9:30 Fitness 'n' Fun (MD) 10:00 BINGO (MD) 11:15 One-to-One Visits</p> <p>2:00 Men's Group (MD) 4:15 Rolls &amp; Strolls (CY)</p>	<p>2</p> <p>9:30 Fitness 'n' Fun (MD) 10:00 Singing &amp; Music (MD) 10:30 Rolls &amp; Strolls (CY) 11:15 One-to-One Visits</p> <p><b>2:00 Group Music Therapy With Jo Anne (FL)</b> <b>3 - 5 One-to-One Music Therapy</b> </p>	<p>3</p> <p>9:30 Fitness 'n' Fun (MD) 10:00 Trivia &amp; News (MD) 10:30 Rolls &amp; Strolls (CY) 11:15 One-to-One Visits</p> <p><b>2:00 Outdoor Concert with John P. (CY)</b> </p> <p>4:15 One-to-One Visits</p>	<p>4</p> <p>9:30 Fitness 'n' Fun (MD) 10:00 Singing &amp; Guitar (MD) 10:30 Rolls &amp; Strolls (CY) 11:00 One-to-One Visits</p> <p><b>2:30 Inspirational Service Chaplain Dan (CY)</b> </p>	<p>5</p> <p>9:30 Fitness 'n' Fun (MD) 10:00 Crossword Puzzle 11:00 Rolls &amp; Strolls (CY)</p> <p>2:30 BINGO (MD)</p>
<p>6</p> <p>9:30 Fitness 'n' Fun (MD) 10:00 Catholic Mass (MD) 10:30 Spiritual Wellness Service (MD) 11:00 Rolls &amp; Strolls (CY)</p> <p>2:15 One-to-One Visit</p>	<p>7</p> <p>9:30 Fitness 'n' Fun (MD) 10:00 Singing &amp; Guitar (MD) 10:30 Rolls &amp; Strolls (CY) 11:15 One-to-One Visits</p> <p>2:30 Cards &amp; Colouring (MD)</p>	<p>8</p> <p>9:30 Fitness 'n' Fun (MD) 10:00 BINGO (MD) 11:15 One-to-One Visits</p> <p>2:00 Men's Group (MD) 4:15 Rolls &amp; Strolls (CY)</p>	<p>9</p> <p>9:30 Fitness 'n' Fun (MD) 10:00 Singing &amp; Music (MD) 10:30 Rolls &amp; Strolls (CY) 11:15 One-to-One Visits</p> <p>2:00 Cribbage Club (MD) 4:15 Rolls &amp; Strolls (CY)</p>	<p>10</p> <p>9:30 Fitness 'n' Fun (MD) 10:00 Trivia &amp; News (MD) 10:30 Rolls &amp; Strolls (CY) 11:15 One-to-One Visits</p> <p><b>2:00 Outdoor Concert with Colleen (CY)</b> </p> <p>4:15 One-to-One Visits</p>	<p>11</p> <p>9:30 Fitness 'n' Fun (MD) 10:00 Singing &amp; Guitar (MD) 10:30 Rolls &amp; Strolls (CY) 11:00 One-to-One Visits</p> <p>2:30 BINGO</p>	<p>12</p> <p>9:30 Fitness 'n' Fun (MD) 10:00 Crossword Puzzle 11:00 Rolls &amp; Strolls (CY)</p> <p>2:30 Sensory Stimulation Wellness Spa</p>
<p>13</p> <p>9:30 Fitness 'n' Fun (MD) 10:00 Catholic Mass (MD) 10:30 Spiritual Wellness Service (MD) 11:00 Rolls &amp; Strolls (CY)</p> <p>2:15 One-to-One Visit</p>	<p>14</p> <p>9:30 Fitness 'n' Fun (MD) 10:00 Singing &amp; Guitar (MD) 10:30 Rolls &amp; Strolls (CY) 11:15 One-to-One Visits</p> <p>2:30 Cards &amp; Colouring (MD)</p>	<p>15</p> <p>9:30 Fitness 'n' Fun (MD) 10:00 BINGO (MD) 11:15 One-to-One Visits</p> <p>2:00 Men's Group (MD) 4:15 Rolls &amp; Strolls (CY)</p>	<p>16</p> <p>9:30 Fitness 'n' Fun (MD) 10:00 Singing &amp; Music (MD) 10:30 Rolls &amp; Strolls (CY) 11:15 One-to-One Visits</p> <p><b>2:00 Group Music Therapy With Jo Anne (FL)</b> <b>3 - 5 One-to-One Music Therapy</b> </p>	<p>17</p> <p>9:30 Fitness 'n' Fun (MD) 10:00 Trivia &amp; News (MD) 10:30 Rolls &amp; Strolls (CY) 11:15 One-to-One Visits</p> <p><b>2:00 Outdoor Concert with Ryan L. (CY)</b> </p> <p>4:15 One-to-One Visits</p>	<p>18</p> <p>9:30 Fitness 'n' Fun (MD) 10:00 Singing &amp; Guitar (MD) 10:30 Rolls &amp; Strolls (CY) 11:00 One-to-One Visits</p> <p><b>2:30 Inspirational Service Chaplain Dan (CY)</b> </p>	<p>19</p> <p>9:30 Fitness 'n' Fun (MD) 10:00 Crossword Puzzle 11:00 Rolls &amp; Strolls (CY)</p> <p>2:30 BINGO (MD)</p>
<p><b>1<sup>st</sup> Day of Summer</b> 20</p> <p>9:30 Fitness 'n' Fun (MD) 10:00 Catholic Mass (MD) 10:30 Spiritual Wellness Service (MD) 11:00 Rolls &amp; Strolls (CY)</p> <p><b>2:30 Celebrating Fathers with Gifts and Music Happy Father's Day</b> </p>	<p>21</p> <p>9:30 Fitness 'n' Fun (MD) 10:00 Singing &amp; Guitar (MD) 10:30 Rolls &amp; Strolls (CY) 11:15 One-to-One Visits</p> <p>2:30 Cards &amp; Colouring (MD)</p>	<p>22</p> <p>9:30 Fitness 'n' Fun (MD) 10:00 BINGO (MD) 11:15 One-to-One Visits</p> <p>2:00 Men's Group (MD) 4:15 Rolls &amp; Strolls (CY)</p>	<p>23</p> <p>9:30 Fitness 'n' Fun (MD) 10:00 Singing &amp; Music (MD) 10:30 Rolls &amp; Strolls (CY) 11:15 One-to-One Visits</p> <p>2:00 Cribbage Club (MD) 4:15 Rolls &amp; Strolls (CY)</p>	<p>24</p> <p>9:30 Fitness 'n' Fun (MD) 10:00 Trivia &amp; News (MD) 10:30 Rolls &amp; Strolls (CY) 11:15 One-to-One Visits</p> <p><b>2:00 Outdoor Concert with Cheek to Cheek (CY)</b> </p> <p>4:15 One-to-One Visits</p>	<p>25</p> <p>9:30 Fitness 'n' Fun (MD) 10:00 Singing &amp; Guitar (MD) 10:30 Rolls &amp; Strolls (CY) 11:00 One-to-One Visits</p> <p>2:30 BINGO</p>	<p>26</p> <p>9:30 Fitness 'n' Fun (MD) 10:00 Crossword Puzzle 11:00 Rolls &amp; Strolls (CY)</p> <p>2:30 Sensory Stimulation Wellness Spa</p>
<p>27</p> <p>9:30 Fitness 'n' Fun (MD) 10:00 Catholic Mass (MD) 10:30 Spiritual Wellness Service (MD) 11:00 Rolls &amp; Strolls (CY)</p> <p>2:15 One-to-One Visit</p>	<p>28</p> <p>9:30 Fitness 'n' Fun (MD) 10:00 Singing &amp; Guitar (MD) 10:30 Rolls &amp; Strolls (CY) 11:15 One-to-One Visits</p> <p>2:30 Cards &amp; Colouring (MD)</p>	<p>29</p> <p>9:30 Fitness 'n' Fun (MD) 10:00 BINGO (MD) 11:15 One-to-One Visits</p> <p>2:00 Men's Group (MD) 4:15 Rolls &amp; Strolls (CY)</p>	<p>30</p> <p>9:30 Fitness 'n' Fun (MD) 10:00 Singing &amp; Music (MD) 10:30 Rolls &amp; Strolls (CY) 11:15 One-to-One Visits</p> <p><b>2:30 Celebrating Canada Outdoor Concert with Ryan L. (CY)</b> </p>	 <p><b>June 2021</b> <b>2<sup>nd</sup> Floor ~ Wedgewood</b></p>		

**AgeCare Harmony Court Care Centre**

7195 Canada Way Burnaby, BC  
2<sup>nd</sup> Floor Nurse Station (604) 527-3302  
Recreation: (604) 527-3328



**LEGEND:** MD= Main Dining Room  
SD = Small Dining Room  
HL = Hearthstone Lounge (C1)  
CY = Magnolia Courtyard (Weather Permitting)  
FG = Friendship Garden (Weather Permitting)

C1= 1<sup>st</sup> floor Rosewood  
**Bold** = Specialty Programs  
Underlined = Volunteers  
*Italics* = Themed Programs