

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
 <h1 style="font-size: 48px; color: #800000;">July 2021</h1> <h2 style="font-size: 36px; color: #000080;">2nd Floor ~ Wedgewood</h2> 				CANADA DAY 1 9:30 Fitness 'n' Fun (MD) 10:00 Trivia & News (MD) 10:00 Courtyard Lounging 11:15 One-to-One Visits 2:00 Cribbage Club (MD) 3:30 One-to-One Visits  Happy Birthday Betty	2 9:30 Fitness 'n' Fun (MD) 10:00 Singing & Guitar (MD) 10:30 Rolls & Strolls (CY) 11:00 One-to-One Visits 11:30 <u>Library Drop Off</u> 2:30 Inspirational Service Chaplain Dan (CY)  Happy Birthday Shirley	3 10:30 Fitness 'n' Fun (MD) 11:00 Trivia & News (MD) 11:30 One to One Visits 2:00 BINGO (MD) 3:30 Small Group Program  Happy Birthday Shirley
4 9:30 Fitness 'n' Fun (MD) 10:00 Catholic Mass (MD) 10:30 Spiritual Wellness Service (MD) 11:00 Rolls & Strolls (CY) 2:00 Polish & Nails 3:30 One-to-One Visits	5 9:30 Fitness 'n' Fun (MD) 10:00 Singing & Guitar (MD) 10:30 Rolls & Strolls (CY) 11:15 One-to-One Visits 2:00 Cards & Colouring (MD)	6 9:30 Fitness 'n' Fun (MD) 10:00 BINGO (MD) 10:00 Courtyard Lounging 11:15 One-to-One Visits 1:30 Mobile Tuck Shop 2:00 Men's Group (MD) 3:30 Rolls & Strolls (CY)	7 9:30 Fitness 'n' Fun (MD) 10:00 Singing & Music (MD) 10:00 Rolls & Strolls (CY) 11:15 One-to-One Visits 2:00 Creative Corner (MD) 2:00 Cribbage Club (MD) 3:30 Courtyard Lounging	8 9:30 Fitness 'n' Fun (MD) 10:00 Trivia & News (MD) 11:15 One-to-One Visits 10:00 Courtyard Lounging 2:00 Outdoor Concert with John Parson (CY) 4:15 One-to-One Visits	9 9:30 Fitness 'n' Fun (MD) 10:00 Singing & Guitar (MD) 10:30 Rolls & Strolls (CY) 11:00 One-to-One Visits 2:00 BINGO 3:30 Courtyard Lounging	10 9:30 Fitness 'n' Fun (MD) 10:00 Crossword Puzzle 11:00 Rolls & Strolls (CY) 2:30 Sensory Stimulation Wellness Spa
11 9:30 Fitness 'n' Fun (MD) 10:00 Catholic Mass (MD) 10:30 Spiritual Wellness Service (MD) 11:00 Rolls & Strolls (CY) 2:00 Polish & Nails  3:30 One-to-One Visits Happy Birthday Shasultan	12 9:30 Fitness 'n' Fun (MD) 10:00 Singing & Guitar (MD) 10:30 Rolls & Strolls (CY) 11:15 One-to-One Visits 2:00 Cards & Colouring (MD)	13 9:30 Fitness 'n' Fun (MD) 10:00 BINGO (MD) 10:00 Courtyard Lounging 11:15 One-to-One Visits 2:00 Ice Cream Cart 3:30 Mobile Tuck Shop 3:30 Rolls & Strolls (CY)	14 9:30 Fitness 'n' Fun (MD) 10:00 Singing & Music (MD) 10:00 Rolls & Strolls (CY) 11:15 One-to-One Visits 2:00 Group Music Therapy With Jo Anne (MD) 3:00 1:1 Music Therapy 3:30 Courtyard Lounging	15 9:30 Fitness 'n' Fun (MD) 10:00 Trivia & News (MD) 10:00 Courtyard Lounging 11:15 One-to-One Visits 2:00 Outdoor Concert with Ryan Langevin (CY) 4:15 One-to-One Visits	16 9:30 Fitness 'n' Fun (MD) 10:00 Singing & Guitar (MD) 10:30 Rolls & Strolls (CY) 11:00 One-to-One Visits 2:30 Inspirational Service Chaplain Dan (CY)	17 10:30 Fitness 'n' Fun (MD) 11:00 Trivia & News (MD) 11:30 One to One Visits 2:30 BINGO (MD) 3:30 Small Group Program
18 9:30 Fitness 'n' Fun (MD) 10:00 Catholic Mass (MD) 10:30 Spiritual Wellness Service (MD) 11:00 Rolls & Strolls (CY) 2:00 Polish & Nails  3:30 One-to-One Visits Happy Birthday Blaine	19 9:30 Fitness 'n' Fun (MD) 10:00 Singing & Guitar (MD) 10:30 Rolls & Strolls (CY) 11:15 One-to-One Visits 2:00 Cards & Colouring (MD)	20 9:30 Fitness 'n' Fun (MD) 10:00 BINGO (MD) 10:00 Courtyard Lounging 11:15 One-to-One Visits 1:30 Mobile Tuck Shop 2:00 Men's Group (MD) 3:30 Rolls & Strolls (CY)	21 9:30 Fitness 'n' Fun (MD) 10:00 Singing & Music (MD) 10:00 Rolls & Strolls (CY) 11:15 One-to-One Visits 2:00 Creative Corner 2:00 Cribbage Club (MD) 3:30 Courtyard Lounging	22 9:30 Fitness 'n' Fun (MD) 10:00 Trivia & News (MD) 10:00 Courtyard Lounging 11:15 One-to-One Visits 2:00 Outdoor Concert with Cheek to Cheek (CY) 4:15 One-to-One Visits  Happy Birthday Greg	23 9:30 Fitness 'n' Fun (MD) 10:00 Singing & Guitar (MD) 10:30 Rolls & Strolls (CY) 11:00 One-to-One Visits 2:00 BINGO 3:30 Courtyard Lounging  Happy Birthday Diane	24 10:30 Fitness 'n' Fun (MD) 11:00 Trivia & News (MD) 11:30 One to One Visits 2:30 Sensory Stimulation Wellness Spa
25 9:30 Fitness 'n' Fun (MD) 10:00 Catholic Mass (MD) 10:30 Spiritual Wellness Service (MD) 11:00 Rolls & Strolls (CY) 2:00 Polish & Nails 3:30 One-to-One Visits	26 9:30 Fitness 'n' Fun (MD) 10:00 Singing & Guitar (MD) 10:30 Rolls & Strolls (CY) 11:15 One-to-One Visits 2:00 Cards & Colouring (MD)  Happy Birthday Roy	27 9:30 Fitness 'n' Fun (MD) 10:00 BINGO (MD) 10:00 Courtyard Lounging 11:15 One-to-One Visits 2:00 Ice Cream Cart 3:30 Mobile Tuck Shop 3:30 Rolls & Strolls (CY)	28  Happy Birthday Susan 9:30 Fitness 'n' Fun (MD) 10:00 Singing & Music (MD) 10:00 Rolls & Strolls (CY) 11:15 One-to-One Visits 2:00 Group Music Therapy With Jo Anne (MD) 3:00 1:1 Music Therapy 3:30 Courtyard Lounging	29 9:30 Fitness 'n' Fun (MD) 10:00 Trivia & News (MD) 10:00 Courtyard Lounging 11:15 One-to-One Visits 2:00 Outdoor Concert with Elvis: Eli Williams (CY) 4:15 One-to-One Visits	30 9:30 Fitness 'n' Fun (MD) 10:00 Singing & Guitar (MD) 10:30 Rolls & Strolls (CY) 11:00 One-to-One Visits 11:30 <u>Library Drop Off</u> 2:30 BINGO 3:30 Courtyard Lounging	31 10:30 Fitness 'n' Fun (MD) 11:00 Trivia & News (MD) 11:30 One to One Visits 2:30 Sensory Stimulation Wellness Spa

AgeCare Harmony Court Care Centre
 7195 Canada Way Burnaby, BC
 2nd Floor Nurse Station (604) 527-3302
 Recreation: (604) 527-3328



HAPPY CANADA DAY

LEGEND: MD= Main Dining Room
 SD = Small Dining Room
 HL = Hearthstone Lounge (C1)
 CY = Magnolia Courtyard (Weather Permitting)
 FG = Friendship Garden (Weather Permitting)

C1= 1st floor Rosewood
Bold = Specialty Programs
Underlined = Volunteers
Italics = Themed Programs