

July 2021

SUNDAY

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY

GDR- Gem Dining Room Located on the 2nd Floor
 DDR- Duchess Dining Room located on the 1st Floor
 FDR – Fair view Dining Room Located on the 2nd Floor
 PPL- Park Place Lounge located on the 1st floor
 TPL – Tilley Brook Lounge Located on the 2nd floor

REC- Recreation Room
 IPL- Ingram Park Lounge 2nd floor
 HAL- Fairview Sitting area by the elevator



Canada Day!
No Recreation

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Recreation Training Day.
No Recreation Activities

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Things are scheduled to change without notice please watch white board.

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10:00-Armchair Travel: Canada: Documentary (REC)
 11:30-1:1 Visit
 1:30- Armchair Travel; Canada: Trivia (REC)
 2:30-Arm Chair Travel: Canada: Canadian Foods

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10:00-Book Club (TPL)
 11:00-Sit N' Stretch (TPL)
 11:30- 1:1 Exercise
 2:00- Fresh Bread Social (DDR)
 3:00-Happy Hydration (PPL)
 4:00-Sit N' Stretch (PPL)

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Chocolate Day
 10:00-Church Service (PPL/TPL)
 11:00-1:1 Visits
 1:00- Noodle Ball (PPL)
 1:00-Indoor Plant Care
 2:00- Scrap Booking Club (REC)

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10:00-Trivia (REC)
 11:00- Keep Fit/News and views (REC)
 1:00- Keep Fit/News and views (PPL)
 2:30-BINGO (DDR)
 2:30-Happy Hydration (PPL)
 5:30-Short Stories (PPL)
 6:30- BINGO (GDR)

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10:00- Java Music Club (REC)
 11:00- Pampering Hands
 1:30- Watermelon Social

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Stampede Week

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10:00- Gardening
 11:00- Arm Chair Yoga (REC)
 11:30- 1:1 Visit
 1:30- Animal Herding (PPL)
 2:00- Happy Hydration
 2:30- Animal Herding (REC)

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10:00- Horse Shoes (TPL)
 11:00-Sit N' Stretch (TPL)
 11:30-1:1 Exercise
 2:00- Fresh Bread Social (DDR)
 3:00- Horse Shoes (PPL)

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10:00-Church Service (PPL/TPL)
 11:00-1:1 Visits
 1:00- Noodle Ball (PPL)
 1:30-Indoor Plant Care
 2:00- Craft

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Cow Appreciation Day
 10:00- Book Club (REC)
 11:00- Keep Fit/News and views (REC)
 1:00-Keep Fit/News and views (PPL)
 2:30- BINGO (DDR)
 2:30- Happy Hydration
 5:30- Short Stories (PPL)
 6:30- BINGO (GDR)

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Western Day! Wear your best western outfit.
 10:00- Horse Races (REC)
 11:00-Pampering Hands
 1:30-Afternoon With OBIE
 2:00- Happy Hydration
 2:30- Afternoon with OBIE

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10:00- Gardening
 11:00- Arm Chair Yoga (REC)
 11:30- 1:1 Visit
 1:30-1:1 Visit
 2:00- Happy Hydration
 2:30- Fresh Bread Social (GDR)

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Lollipop Day
 10:00- Book Club (TPL)
 11:00--Sit N' Stretch (TPL)
 11:30-1:1 Exercise
 2:00- Fresh Bread Social (DDR)
 3:00- Sit N' Stretch (PPL)

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10:00-Church Service (PPL/TPL)
 11:00:1:1 Visits
 1:00-Noodle Ball (PPL)
 1:00- Indoor Plant Care
 2:00- Scrap Booking Club (REC)

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Refreshment Day
 10:00-The Price is Right (REC)
 11:00- Keep Fit/News and views (REC)
 1:00- Keep Fit/News and views (PPL)
 2:30-BINGO (DDR)
 2:30-Happy Hydration (PPL)
 5:30-Short Stories (PPL)
 6:00- Movie Night (REC)

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10:00- Bowling (REC)
 11:00-Pampering Hands (HAL)
 2:30-Birthday Social (GDR/DDR)

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10:00- Gardening
 11:00- Arm Chair Yoga (REC)
 11:30-1:1 Visit
 1:30-1:1 Visit
 2:00- Happy Hydration
 2:30- Drumming Circle

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10:00- Book Club (TPL)
 11:00-Sit N' Stretch (TPL)
 11:30- 1:1 Exercise
 2:30-Fresh Bread Social (DDR)
 3:00-Happy Hydration (PPL)
 4:00- Sit N' Stretch (PPL)

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10:00-Church Service (PPL/TPL)
 11:00-1:1 Visits
 1:00-Noodle Ball (PPL)
 1:00- Indoor Plant Care
 2:00- Craft:

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10:00-Wheel of Fortune (REC)
 11:00- Keep Fit/News and views (REC)
 1:00-- Keep Fit/News and views (PPL)
 2:30-BINGO (DDR)
 2:30-Happy Hydration (PPL)
 5:30- Short Stories (PPL)
 6:30- BINGO (GDR)

30

10:00-- Java Music Club (REC)
 11:00-Pampering Hands (HAL)
 1:30-Afternoon With OBIE
 2:00- Happy Hydration
 2:30- Afternoon with OBIE

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