

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 	2  Heritage Day No Recreation Today	3 9:30 Simply Stretch	4 9:30 Let's Make Music 1:30 Courtyard Stroll	5 Scenic Bus Drive 10:00-11:30 2:00-3:30 (Cl.Minda)	6 9:30 Armchair Travel - Hawaii 1:30 Watermelon Social -Courts Courtyard	7 
8 	9 9:30 Chair Exercise 1:30 Obie Interactive Games	10 9:30 Ladder Ball -Vista Courtyard 1:30 Expressive Art	11 9:30 Balloon Volleyball 1:30 Bingo 10:00-3:00 KFC Picnic In The Park Outing (Nelia, Vikki) 	12 9:30 Music & Movement 12:30-5:30 Kona Ice Drink Truck 	13 Recreation Team Meeting 9:00am - Noon 1:30 Tropical Ice Cream Day 	14 
15 	16 9:30 Obie Interactive Games 1:30 Garden Nurturing	17 9:30 Simply Stretch 2:00pm Birthday Celebration w/Luke Dauphinais -Vista Main Floor	18 9:30 Let's Make Music 1:30 A Fishy Riddle Jumble 9:15am-3:30pm Handi Boat Outing Ghost Lake (Vikki, Kerri, Tammy) 2:30-3:30 Resident & Family Council Meeting Vista Main Floor	19 9:30 Music & Movement 10:30 C4 1:30 Walden Plaza - Shoppers Drug Mart Outing	20 9:30 Spiritual Hour-Bible Reflections 1:30 C4	21 
22 	23 9:30 Chair Exercise 9:30 Drumming Fitness -Advanced Invite Only 1:30 Obie Interactive Games	24 9:30 Simply Stretch 1:30 August Easy Does It Trivia & Mocktails	25 9:30 Balloon Volleyball 9:15am-3:30pm Handi Boat Outing Ghost Lake (Tori, Clarence, Cheryllyn, Sandi) 1:30 Bingo	26 9:30 Music & Movement 10:30 C4 1:30-3:30 Summer Games -Vista Courtyard	27 9:30 Reminiscing w/Songs Inspired By The Sea 1:30 Garden Nurturing	28 
29 	30 9:30 Chair Exercise 9:30 Drumming Fitness -Advanced Invite Only 10:30 Tic Tac Toe w/KIDSU -Vista Main Window 1:30 Giant Scrabble -Vista Main Floor	31 9:30 Simply Stretch 1:30 Calendar Distribution	 August 2021 SYLVAN V2			