

| Sunday  | Monday   | Tuesday  | Wednesday  | Thursday  | Friday   | Saturday  |
|---|--|--|--|---|--|---|
| 1<br>    | 2<br><br><b>Happy Heritage Day</b><br><b>No Recreation Programs</b> | 3<br>10:45 Chair Exercise<br>2:45 Calendar Review  | 4<br>10:45 Balloon Volleyball<br>2:45 Courtyard Stroll – I Spy   | 5<br><b>10:00 – 11:30 Scenic Drive – Bus Outing - Clarence/Minda</b><br><b>2:00 - 3:30 Scenic Drive – Bus Outing - Clarence/Minda</b>   | 6<br>10:45 Armchair Travel – Hawaii & Mocktails<br>2:45 Garden Nurturing/ Watermelon Social on the Patio   | 7<br>    |
| 8<br>    | 9<br>10:45 Chair Exercise<br>2:45 <b>Obie Games</b>  | 10<br>10:45 Simply Stretch<br>2:45 Finish the Saying   | 11<br><b>10:00 – 3:00 KFC Picnic in the Park - Vikki &amp; Nelia</b><br>10:45 Morning Courtyard Stroll/Garden Nurturing<br>2:45 Chocolate Tasting 101  | 12<br>10:45 Music & Movement<br><b>12:30 – 5:30 Hawaiian Day – Dress Hawaiian, Kona Ice Drink Truck</b><br><br> | 13<br><b>9 – 12 Recreation Team Meeting – Classroom</b><br><b>1:30 Tropical Ice Cream Day - Vista</b><br> | 14<br>   |
| 15<br>  | 16<br>10:45 Simply Stretch<br>2:45 Garden Nurturing  | 17<br>10:45 Music & Movement<br><b>2:00 Birthday Celebration entertainment with Luke Dauphinais V1</b> | 18<br><b>9:15 – 3:30 Handi-Boat Outing – Ghost lake Kerri/Vikki/Tori/Tammy</b><br>10:45 Sandpaper Painting<br><b>2:30 – 3:30 Resident &amp; Family Council Meeting V1</b><br>2:45 Stroll in the Park | 19<br>10:45 Obie Games - Nelia<br><b>2:45 Shoppers Drug Mart – Community Outing</b>   | 20<br>10:45 Balloon Tennis<br>   | 21<br>  |
| 22<br> | 23<br>9:30 Drumming Fitness – <b>Advanced Invite Only – V1</b><br>10:45 Chair Exercise<br>2:45 <b>Obie Games</b>                                     | 24<br>10:45 Simply Stretch<br>2:45 August Easy Does It Trivia  | 25<br><b>9:15- 3:30 Handi-Boat Outing – Ghost Lake Clarence/Sandi/Cheryl-lyn/Tori</b><br>                       | 26<br>10:45 Music & Movement - Nelia<br><b>1:30 – 3:30 Summer Games Vista Courtyard</b>   | 27<br>10:45 Spiritual Hour – Bible Reflections<br>2:45 Reminiscing with songs inspired by the Sea  | 28<br> |
| 29<br> | 30<br>9:30 Drumming Fitness – <b>Advanced Invite Only – V1</b><br>10:30 Tic-Tac-Toe <b>KidsU – V1</b><br>2:45 Giant Scrabble – V1                    | 31<br>10:45 Chair Exercise<br>2:45 Calendar Distribution   |   |   |  |   |