

Sunday

Monday

Tuesday

















Wednesday

Thursday

Friday

Saturday

October 2021

					<p>10:45 Sit & Stretch - T 1</p> <p>11:00 Southview Alliance Church Service V1</p> <p>2:45 Calendar Review & Coffee</p>	<p>10:45 Music & Movement 2</p> <p>2:45 Obie Interactive Games</p>
	<p>3 10:30 Strength Exercises</p> <p>4 </p>	<p>5 9:30 – 11:00 Java Mentorship Training – Rec Team</p> <p>2:45 Seasonal Craft</p>	<p>6 1:30 – 4:30 pm Municipal Election Advanced Polling Vista Main Floor</p> <p></p>	<p>7 9:30 Chair Yoga – V1</p> <p></p>	<p>8 10:45 Bowling</p> <p>2:45 Bingo</p>	<p>9 10:45 Music & Movement</p> <p>2:45 Obie Interactive Games</p>
<p>10 Thankful Grateful & Blessed</p>	<p>11 No Recreation Programs</p> <p>11 Happy Thanksgiving Day</p> <p></p>	<p>12 9:30 Drumming Fitness V1</p> <p>2:00 Oktoberfest Party with Dwayne Fettig V1</p> <p></p>	<p>13 Neighbourhood Annual Flu Shot Clinic Today</p>	<p>14 10:00 Televised Catholic Mass – V1</p> <p>2:45 Rummikub</p>	<p>15 10:45 Sit & Stretch</p> <p>11:00 Christian Mission Fellowship Service V1</p> <p>1:00 – 4:00 Recreation Team Meeting Classroom</p>	<p>16 10:45 Music & Movement</p> <p>2:45 Obie Interactive Games</p>
	<p>17 Municipal Election Day</p> <p>10:45 Strength Exercises</p> <p>2:45 Giant Stacking Tower Game</p>	<p>18 10:45 Deep Breathing Meditation</p> <p>19 2:00 Birthday/Welcome Celebration with Walkin' on Sunshine V1</p>	<p>20 2:30 – 3:30 Resident & Family Council Meeting – V1</p>	<p>21 9:30 Chair Yoga – V1</p> <p>1:30 – 3:30 Scenic Drive – Bus Outing C2/C4</p> <p></p>	<p>22 10:45 Sit & Stretch</p> <p>2:00 – 3:30 Pumpkin Pie Wagon Courts Residents</p> <p></p>	<p>23 10:45 Music & Movement</p> <p>2:45 Obie Interactive Games</p>
	<p>24 9:30 Drumming Fitness V1</p> <p>10:45 Strength Exercises</p> <p>Afternoon Halloween Decorating</p>	<p>25 10:45 Deep Breathing Meditation</p> <p>26 11:00 Lutheran Church Service V1</p> <p>2:45 Pumpkin Decorating/Carving</p>	<p>27 </p>	<p>28 10:45 Chair Exercise - N</p> <p>2:45 Rummikub</p>	<p>29 10:45 Sit & Stretch</p> <p>2:00 Halloween Party</p> <p></p>	<p>30 10:45 Spooky Movie</p> <p>2:45 Calendar Distribution</p>
<p>31 </p> <p>Halloween</p>	<p>PRIDDIS - C2</p> <p></p>					