

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday




# October 2021

Calendar is subject to Change


1	9:15 Exercise (W Dining) NOTE CHANGE 10:30 Nail Care  2:00 Lola's 100 <sup>th</sup>
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3	9:15 Exercise (W 7 up) Gardening 2:00 Fall Decorating	4	9:15 Exercise (W 7 up) 10:30 Learn Origami (C Dining) 2:00 Tom Price (C Dining)	5	9:15 Exercise (W 7 up) 10:00 Meet & Greet new Administrator (C Dining) 2:00 Women's Group (W 6 up)	6	9:15 Exercise (W 7 up) 10:30 Men's Group (W 6 up) 2:00 Coulee Players – comedy skits (C Dining)	7	9:15 Exercise (W 7 up)	8	9:15 Exercise (W 7 up) 10:30 Craft (W 6 up) 2:00 Bingo (W 7 up)	9	
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10	No Recreation  Thanksgiving (Canada)	11	9:15 Exercise (W 7 up) 1:30 OBIE 2:30 Java Music (W 6 up)	12	9:15 Exercise (W 7 up) 10:30 Catholic Mass (W Dining) 2:00 Women's Group (W 6 up)	13	9:15 Exercise (W 7 up) 10:30 Catholic Mass (W Dining) 2:00 Women's Group (W 6 up)	14	9:15 Exercise (W 7 up) 10-12 LC Massage Students (W 7 up) 2:00 Laurie Posterski (W Dining)	15	9:15 Exercise (W 7 up) 10:30 Men's Group (please note change) 2:00 Bingo (W 7 up)	16	
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17	9:15 Exercise (W 7 up) Gardening 2:00 Piano Music with Yvonne (W Dining)	18	9:15 Exercise (W 7 up) Belltone Hearing Clinic (W 6 up) See Rec for info or to sign up	19	9:15 Exercise (W 7 up) 10:30 Halloween Decorating 2:00 Women's Group (W 6 up)	20	9:15 Exercise (W 7 up) 10:30 Halloween Decorating 2:00 Women's Group (W 6 up)	21	9:15 Exercise (W 7 up) 10:30 Men's Group (W 6 up) 2:00 West Side outing – Please sign up	22	9:15 Exercise (W 7 up) 10:30 Nail Care 2:00 Bingo (W 7 up)	23	
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24	10:00 Catholic Church (W 7 up) 9:15 Exercise (W 7 up) 1:30 OBIE 2:30 Calendar Planning (6up)	25	9:15 Exercise (W 7 up) 2:00 Walmart Outing – Please sign up	26	9:15 Exercise (W 7 up) 2:00 Women's Group (W 6 up)	27	NO EXERCISE TODAY 2:00 Women's Group (W 6 up)	28	9:15 Exercise (W 7 up) 10:30 Men's Group (W 6 up) 2:00 Craft	29	9:15 Exercise (W 7 up) 10:30 Country Drive -Please sign up 2:00 Halloween Party (C Dining)	30	2:00 Music with Dale (C Dining) Dale will be bringing out his record player and sharing his love of country music.
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31	 Halloween	Tuck Shop Hours are Tuesday & Thursday from 2:00 – 3:00 p.m.  October Birthdays: 1 – Lola H. 5 – Ruthanne S. 25 – Mark F. 31 – Ruth R.										
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