

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
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October 2021

2nd Floor ~ Wedgewood

<p style="text-align: right; font-weight: bold;">3</p> <p>10:00 Fitness 'n' Fun (MD) 10:30 Catholic Mass (MD) 11:00 Spiritual Wellness Service (MD) 11:30 Rolls & Strolls 2:00 Creative Corner (MD) 2:00 Helping Hands (MD) 3:30 One-to-One Visits</p>	<p style="text-align: right; font-weight: bold;">4</p> <p>10:00 Fitness 'n' Fun (MD) 10:30 Singing & Guitar (MD) 11:00 Rolls & Strolls</p> <p style="text-align: right; font-weight: bold;">2:00</p> <p>Active Game (MD) 3:30 One-to-One Visits</p>	<p style="text-align: right; font-weight: bold;">5</p> <p>10:00 Fitness 'n' Fun (MD) 10:00 One-to-One Visits 10:30 BINGO (MD)</p> <p style="text-align: right; font-weight: bold;">1:30</p> <p>Mobile Tuck Shop </p> <p style="text-align: right; font-weight: bold;">2:30</p> <p>Social Hour with Lorrain on Piano (MD) 3:30 Rolls & Strolls (CY)</p> <p style="text-align: center;"> Happy Birthday Della</p>	<p style="text-align: right; font-weight: bold;">6</p> <p>10:00 Bus Outing: GV Zoo Tour & Picnic 10:15 BINGO (MD) 2:00 Music with Jo Anne (MD) 3:00 1:1 Music Therapy 3:00 Cribbage Club (MD) 2:00 Nails & Polish 3:30 Rolls & Strolls</p> <p style="text-align: center;"> Happy Birthday Jo Anne</p>	<p style="text-align: right; font-weight: bold;">7</p> <p>10:00 Fitness 'n' Fun (MD) 10:30 Trivia & News (MD) 11:00 Rolls & Strolls 11:15 One-to-One Visits 2:30 Oktoberfest with Glenn Williams (C2) 4:15 One-to-One Visits </p>	<p style="text-align: right; font-weight: bold;">8</p> <p>10:00 Fitness 'n' Fun (MD) 10:30 Singing & Guitar (MD) 11:00 Rolls & Strolls</p> <p style="text-align: right; font-weight: bold;">2:35</p> <p>Inspirational Service Chaplain Dan (CY) </p> <p>3:30 One-to-One Visits</p>	<p style="text-align: right; font-weight: bold;">9</p> <p>10:00 Fitness 'n' Fun (MD) 10:30 Trivia & News (MD) 11:00 Rolls & Strolls</p> <p style="text-align: right; font-weight: bold;">2:00</p> <p>BINGO (MD) 3:30 Small Group Program</p>
<p style="text-align: right; font-weight: bold;">10</p> <p>10:00 Fitness 'n' Fun (MD) 10:30 Catholic Mass (MD) 11:00 Spiritual Wellness Service (MD) 11:30 Rolls & Strolls 2:00 Creative Corner (MD) 2:00 Helping Hands (MD) 3:30 One-to-One Visits</p>	<p style="text-align: right; font-weight: bold;">11</p> <p>10:00 Fitness 'n' Fun (MD) <i>10:30 Thanksgiving Trivia</i> 11:00 Rolls & Strolls</p> <p style="text-align: right; font-weight: bold;">2:00</p> <p>Active Game (MD) 3:30 One-to-One Visits</p> <p style="text-align: center;">HAPPY THANKSGIVING </p>	<p style="text-align: right; font-weight: bold;">12</p> <p>10:00 Fitness 'n' Fun (MD) 10:00 One-to-One Visits 10:30 BINGO (MD)</p> <p style="text-align: right; font-weight: bold;">1:30</p> <p>Mobile Tuck Shop </p> <p style="text-align: right; font-weight: bold;">2:30</p> <p>Mobile Treat Cart: Apple Cider & Pumpkin Pie 3:30 Rolls & Strolls</p>	<p style="text-align: right; font-weight: bold;">13</p> <p>10:00 Scenic Bus Outing 10:00 Fitness 'n' Fun (MD) 10:30 Singing & Music (MD) 11:15 One-to-One Visits 2:00 Nails & Polish 2:00 Cribbage Club (MD) 3:30 Rolls & Strolls</p>	<p style="text-align: right; font-weight: bold;">14</p> <p>10:00 Fitness 'n' Fun (MD) 10:30 Trivia & News (MD) 11:00 Rolls & Strolls 11:15 One-to-One Visits 2:30 Concert with Harpist Michelle (MD) </p> <p>4:15 One-to-One Visits</p>	<p style="text-align: right; font-weight: bold;">15</p> <p>10:00 Fitness 'n' Fun (MD) 10:30 Singing & Guitar (MD) 11:00 Rolls & Strolls</p> <p style="text-align: right; font-weight: bold;">2:00</p> <p>BINGO 3:30 One-to-One Visits</p>	<p style="text-align: right; font-weight: bold;">16</p> <p>10:00 Fitness 'n' Fun (MD) 10:30 Trivia & News (MD) 11:00 One to One Visits</p> <p style="text-align: right; font-weight: bold;">2:30</p> <p>Sensory Stimulation Wellness Spa </p>
<p style="text-align: right; font-weight: bold;">17</p> <p>10:00 Fitness 'n' Fun (MD) 10:30 Catholic Mass (MD) 11:00 Spiritual Wellness Service (MD) 11:30 Rolls & Strolls 2:00 Creative Corner (MD) 2:00 Helping Hands (MD) 3:30 One-to-One Visits</p>	<p style="text-align: right; font-weight: bold;">18</p> <p>10:00 Fitness 'n' Fun (MD) 10:30 Singing & Guitar (MD) 11:00 Rolls & Strolls</p> <p style="text-align: right; font-weight: bold;">2:00</p> <p>Active Game (MD) 3:30 One-to-One Visits</p>	<p style="text-align: right; font-weight: bold;">19</p> <p>9:30 Fitness 'n' Fun (MD) 10:00 BINGO (MD) 10:00 One-To-One Visits </p> <p style="text-align: right; font-weight: bold;">1:30</p> <p>Mobile Tuck Shop </p> <p style="text-align: right; font-weight: bold;">2:00</p> <p>Social Hour: Glenn on Accordion & Piano </p> <p>3:30 Rolls & Strolls</p>	<p style="text-align: right; font-weight: bold;">20</p> <p>10:00 Scenic Bus Outing 10:00 Fitness 'n' Fun (MD) 10:30 Singing & Music (MD) 11:00 Rolls & Strolls (CY) 11:15 One-to-One Visits 2:00 Music with Jo Anne (MD) </p> <p>3:00 1:1 Music Therapy 2:00 Nails & Polish 3:00 Cribbage Club (MD)</p>	<p style="text-align: right; font-weight: bold;">21</p> <p>10:00 Fitness 'n' Fun (MD) 10:30 Trivia & News (MD) 11:00 Rolls & Strolls 11:15 One-to-One Visits </p> <p style="text-align: right; font-weight: bold;">2:30</p> <p>Birthday Party with John Parsons (MD) 4:15 One-to-One Visits</p>	<p style="text-align: right; font-weight: bold;">22</p> <p>10:00 Fitness 'n' Fun (MD) 10:30 Singing & Guitar (MD) 11:00 Rolls & Strolls 11:30 <u>Library Drop Off</u> </p> <p style="text-align: right; font-weight: bold;">2:30</p> <p>Inspirational Service Chaplain Dan (CY) 3:30 One-to-One Visits</p>	<p style="text-align: right; font-weight: bold;">23</p> <p>10:00 Fitness 'n' Fun (MD) 10:30 Crossword Puzzle 11:00 Rolls & Strolls</p> <p style="text-align: right; font-weight: bold;">2:30</p> <p>BINGO (MD) 3:30 Small Group Program</p>
<p style="text-align: right; font-weight: bold;">24 / 31</p> <p>10:00 Fitness 'n' Fun (MD) 10:30 Catholic Mass (MD) 11:00 Spiritual Wellness Service (MD) 11:30 Rolls & Strolls 2:00 Creative Corner (MD) 2:00 Helping Hands (MD)</p> <p style="text-align: center; font-weight: bold; color: #f1c40f;">31st Happy Halloween</p>	<p style="text-align: right; font-weight: bold;">25</p> <p>10:00 Fitness 'n' Fun (MD) 10:30 Singing & Guitar (MD) 11:00 Rolls & Strolls</p> <p style="text-align: right; font-weight: bold;">2:00</p> <p>Active Game (MD) 3:30 One-to-One Visits</p>	<p style="text-align: right; font-weight: bold;">26</p> <p>10:00 Fitness 'n' Fun (MD) 10:00 One-to-One Visits 10:30 BINGO (MD)</p> <p style="text-align: right; font-weight: bold;">1:30</p> <p>Mobile Tuck Shop </p> <p style="text-align: right; font-weight: bold;">2:30</p> <p>Mobile Treat Cart: Hot Chocolate & Apple Pie 3:30 Rolls & Strolls</p>	<p style="text-align: right; font-weight: bold;">27</p> <p>10:00 Scenic Bus Outing 10:00 Fitness 'n' Fun (MD) 10:30 Singing & Music (MD) 11:15 One-to-One Visits 2:00 Nails & Polish 2:00 Cribbage Club (MD) 3:30 Rolls & Strolls</p> <p style="text-align: center;"></p>	<p style="text-align: right; font-weight: bold;">28</p> <p>10:00 Fitness 'n' Fun (MD) 10:30 Trivia & News (MD) 11:00 Rolls & Strolls 11:15 One-to-One Visits 2:30 Halloween Costume Party with Peter M. (MD) </p> <p>4:15 One-to-One Visits</p> <p style="text-align: center;"> Happy Birthday Milli & Lee Ann</p>	<p style="text-align: right; font-weight: bold;">29</p> <p>10:00 Fitness 'n' Fun (MD) 10:30 Singing & Guitar (MD) 11:00 Rolls & Strolls</p> <p style="text-align: right; font-weight: bold;">2:00</p> <p>BINGO 3:30 One-to-One Visits</p>	<p style="text-align: right; font-weight: bold;">30</p> <p>10:00 Fitness 'n' Fun (MD) 10:30 Trivia & News (MD) 11:00 One to One Visits</p> <p style="text-align: right; font-weight: bold;">2:30</p> <p>Sensory Stimulation Wellness Spa </p>

<p>AgeCare Harmony Court Care Centre 7195 Canada Way Burnaby, BC 2nd Floor Nurse Station (604) 527-3302 Recreation: (604) 527-3328</p>	<p style="font-size: 18px; font-weight: bold; color: #f1c40f;">HALLOWEEN COSTUME PARTY</p> <p style="font-weight: bold;">Performance with Peter Montgomery Thursday, October 28th on 2nd floor</p> <p style="color: #f1c40f; font-weight: bold;">Prizes for all that dress up for the day!</p>	<p>LEGEND: MD= Main Dining Room SD = Small Dining Room HL = Hearthstone Lounge (C1) CY = Magnolia Courtyard (Weather Permitting) FG = Friendship Garden (Weather Permitting)</p>		<p>C1= 1st floor Rosewood Bold = Specialty Programs <u>Underlined</u> = Volunteers <i>Italics</i> =Themed Programs *All programs subject to change*</p>
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